## Folded Star



6-1/2" square
sharon holland+ sew
FREE Pattern


Skill Level: Beginner

Size: 6-1/2" square
Maker: Sharon Holland

## NECESSITIES

- 1 fat quarter each: Teal print, gold print, large dot, green floral, and turquoise dot
- (1) 7" square each muslin for foundation
- (1) 8" square each: Coordinating print for backing Cotton batting
- Needle and coordinating thread
- Turning stick

Read through all instructions before beginning.

## PREP

Cut all strips from selvage to selvage.
Remove the selvages.
From the teal print:
Cut (4) 4" squares
From each of the gold print, large dot, and green floral:
Cut (8) 4" squares
From the turquoise dot:
Cut (4) $6-1 / 2 "$ squares. Cut (4) 4 " squares.

## Hot Pad

STEP 1 Fold the 7" muslin square in half twice to quarter. Press to crease. Open the square and then fold diagonally in half twice. Press to crease, then open flat.


STEP 2 Fold (1) 4" teal print square in half twice with wrong sides together. Press to crease. Open the second fold to form a rectangle. Turn the fold edge of one corner down toward the center crease, matching raw edges. Press in place. Repeat for the other side, creating a folded triangle. Make 4 folded teal print triangles.


STEP 3 Position the 4 folded teal print triangles fold side up on the center of the creased square with the points on center, using the horizontal and vertical crease lines to align the triangle center fold lines. Pin in place. Machine baste $1 / 4$ " around the outside edges of the folded triangles. Tack the triangle points in place by hand stitching.


STEP 4 Make 8 gold print folded triangles in the same manner as step 2. Position the horizontal and vertical triangles first, leaving $3 / 8$ " between the points of the first round of triangles and the points of the second round. Pin in place. Position the diagonal triangles in the same manner. Hint: Use the diagonal crease lines on the square to make sure the diagonal triangles are straight. Pin and machine baste around the outside edge of the second triangle round. Hand tack the points in place. Continue in the same manner to add a round of 8 large dot triangles and a round of 8 green floral triangles. For the fifth round of turquoise dot triangles, fold the remaining 4" squares and $6-1 / 2^{\prime \prime}$ squares into triangles. Pin the 4 small triangles on the horizontal and vertical lines of the square with all raw edges matching the foundation square, keeping $3 / 8$ " between points. Position the 4 large triangles on the diagonal corners, keeping $3 / 8$ " between points with the triangle fold centered on and covering the
foundation corner and pin. Machine baste. Trim the folded stars even with the muslin foundation.


STEP 5 Center and layer in this order: 8" batting square, 8" batting square, right side up, and hot pad, right side down. Pin the layers together. Shorten stitch length. Starting and stopping with a backstitch, sew around all sides with a $1 / 4$ " seam allowance, leaving a $3-1 / 2$ " opening for turning.

STEP 6 Clip corners and trim edges even with hot pad edges. Turn right side out through opening. Gently poke out the corners with turning stick. Press. Turn the opening under $1 / 4$ " to the wrong side, press, and slip stitch the opening closed. If necessary, remove any basting stitches that may be showing around the outside edges.


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