

for our friend, earth

things to do everyday to take care of our planet...

+ add your own ways!

in the kitchen

- compost your compostables
- recycle cans, papers, boxes
- always use re-usable utensils
- cloth napkins
- don't leave the water running...
- grow your own vegetables and herbs
- _____
- _____
- _____

bedroom

- repair damaged clothing
- turn off the lights when not in the room!
- re-use or donate outgrown clothing
- un-plug electronics when finished
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outside + everywhere...

- spend time outside
- be kind to plants, animals and bugs
- pick up trash and recycling
- plant your very own foods and flowers
- walk, bike or bus instead of driving
- support local farms and shops
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