

FLOWERS	STATUS	HARVEST INSTRUCTIONS	TIPS & NOTES
Ammi	Ready to Harvest	cut medium to long stems of single blooms	long stem bouquets, short/table bouquets
Baby's Breath	Ready to Harvest	cut medium to long stems of multiple blooms	Long stem bouquets, short/table bouquets
Bachelors Button	Ready to Harvest	cut medium to long stems of single or multiple blooms	long stem bouquets, short/table bouquets (bachelor's button is edible, flower petals can be used to garnish salads/sautees/etc)
Celosia	Ready To Harvest	cut medium to long stems	3 varieties available! Kimono-pastels, Sunday-plume shape, Chief-scalloped shape. Long stem bouquets, short/table bouquets, dries ok but falls apart after some time
Coco Gold Marigold	Ready to Harvest	cut medium to long length stems of single blooms	long stem bouquets, short/table bouquets, pigmented well good for printing/dyeing (all marigolds are edible, flower petals can be used to garnish salads/sautees/etc, or made into tea)
Coreopsis	Ready To Harvest	cut short stems of single blooms	short/table bouquets, highly pigmented great for printing/dyeing
Cosmos, Orange	Ready To Harvest	cut medium to long length stems of single or multiple blooms	long stem bouquets, short/table bouquets, pigmented well good for printing/dyeing
Cosmos, Rose	Ready To Harvest	cut medium to long length stems of single or multiple blooms	long stem bouquets, short/table bouquets, pigmented well good for printing/dyeing
Eucalyptus	Coming Soon	cut medium to long stems	bouquet filler, very fragrant good for aromatherapy
Forget Me Not	Ready To Harvest	cut medium length stems of multiple blooms	long stem bouquets, short/table bouquets
Grandaisy	Ready To Harvest	cut medium to long stems of multiple blooms	long stem bouquets, short/table bouquets
Lisianthus	Ready To Harvest	cut medium to long length stems of single or multiple blooms	long stem bouquets, short/table bouquets

Mexican Sunflower	Coming Soon	cut medium to long stems of single blooms	long stem bouquets, short/table bouquets *First buds are appearing, ready next week!
Rudbekia	Ready To Harvest	cut medium to long stems of single blooms	long stem bouquets, short/table bouquets
Snapdragon	Ready To Harvest	cut medium to long length stems when blooms are 80-90% open	long stem bouquets, short/table bouquets
Strawflower	Ready To Harvest	cut medium length stems of multiple blooms	long stem bouquets, short/table bouquets, best drying flower in the garden will hold color indefinitely
Sunball	Ready To Harvest	cut medium to long stems near the base of the plant	long stem bouquets, short/table bouquets, dries great holds color for a long time
Sunflowers	Ready To Harvest	cut long stems just above new flower growth when blooms have fully opened	The original bed and both sunflower corners (North side of the garden towards Hudson) are open for picking
Sweet Annie	Ready To Harvest	cut medium to long stems	Not flowering yet, but smells great so can be harvested for aroma
Yarrow	Ready To Harvest - Limited	cut long stems of single or multiple blooms	long stem bouquets, short/table bouquets, dries ok (yarrow is edible and has medicinal uses, the flowers and greens can be used to make tea or incense)
Zinnias	Ready To Harvest	cut medium to long length stems just above new flower growth, For shorter Zinnias cut branched stems with multiple blooms low to the ground.	long stem bouquets, short/table bouquets
Coleus	Ready To Harvest - Limited	cut large outer leaves near the base of the plant	Short/table bouquets, greenery
Gerber Daisy	Ready To Harvest - Limited	Cut medium length stems towards the base of the plant	Long stem bouquets, short/table bouquets

CULINARY HERBS	STATUS	HARVEST INSTRUCTIONS	TIPS & NOTES
Basils	Ready To Harvest	pinch or cut single leaves or short sprigs above where new ones branch off	New plants are just ready! fresh or dried, garnish
Chervil	Coming Soon	pinch or cut sprigs from anywhere on the plant	fresh or dried, garnish
Chives	Ready To Harvest	cut greens 1-2 inches above the soil line	fresh or dried, garnish
Cilantro/Coriander Flower	Ready To Harvest	Cut or pinch sprigs and clusters of flowers from anywhere on the plant	New plants are just ready! fresh or dried, garnish; coriander (cilantro seed) will be available later in the season, cilantro flower has a more developed coriander taste
Curry Plant	Ready To Harvest	cut sprigs from anywhere on the plant	fresh or dried; the original curry seasoning before the blend of spices we use today took over
Dill	Ready To Harvest	cut or pinch sprigs from anywhere on the plant	New plants are just ready! fresh or dried, garnish
French Tarragon	Ready To Harvest	cut sprigs from anywhere on the plant	fresh or dried; sweet, hint of licorice
Lovage	Ready To Harvest	cut stems close to the base of the plant	fresh or dried, beverages; strong celery flavor
Nasturtium	Ready To Harvest - Limited	pinch flowers and leaves from anywhere on the plant	fresh, garnish; peppery and floral
Oregano	Ready To Harvest	cut sprigs from anywhere on the plant	fresh or dried, garnish
Papalo	Ready To Harvest	cut or pinch single leaves or short sprigs	fresh or dried, tastes like minty arugula
Parsley	Ready To Harvest	cut or pinch stems close to the base of the plant	fresh or dried, garnish
Rosemary	Ready To Harvest	cut sprigs from anywhere on the plant	fresh or dried, garnish
Sage	Ready To Harvest	pinch single leaves or cut short sprigs from anywhere on the plant	fresh or dried, garnish
Savory	Ready To Harvest	cut sprigs from anywhere on the plant	fresh or dried, garnish
Shiso	Ready To Harvest	pinch or cut single leaves or sprigs above where new ones branch off	fresh or dried, garnish; umami
Sorrel	Ready To Harvest	cut or pinch leaves of any size at the stem	fresh, beverages, ice cream; lemon/citrus
Sweet Marjoram	Ready To Harvest	cut sprigs from anywhere on the plant	fresh or dried; sweet, earthy, a little kick
Thyme	Ready To Harvest	cut sprigs from anywhere on the plant	fresh or dried, garnish

TEA HERBS / MEDICINALS	STATUS	HARVEST INSTRUCTIONS	TIPS & NOTES
Borage	Ready To Harvest	hold plant in place with one hand and pluck or pinch flowers off with the other	fresh, cold or hot tea infusions/beverages, baking/ice cream, tinctures, highly pigmented good for dyeing/printing. Medicinal effect: leaf is used for skin soothing (the flower just tastes good!)
Bronze Fennel	Ready To Harvest	cut sprigs from anywhere on the plant, fennel is very tolerant to all harvesting styles	Use: fresh or dried, cold or hot tea infusions/beverages, tinctures Medicinal effect: throat soothing
Calendula	Ready to Harvest	hold plant in place with one hand and pluck or pinch flowers off with the other OR cut medium length stems	Use: cold or hot tea infusions/beverages, tinctures, can be added to bouquets Medicinal effect: skin soothing
Catnip	Ready To Harvest	cut sprigs above points where new ones branch out	fresh or dried, cold or hot tea infusions, tinctures, incense, treat for kitties Medicinal effect: calming, mild muscle relaxant
Chamomile	Ready To Harvest	hold plant in place with one hand and pluck or pinch flowers off with the other OR cut medium length stems	Use: fresh or dried, cold or hot tea infusions/beverages, baking/ice cream, tinctures, great addition to bouquets. Medicinal effect: calming, sleep aid
Echinacea	Ready To Harvest	cut single flowers just under the bloom OR longer stems to use in bouquets	Use: fresh or dried, cold or hot tea infusions/beverages, tinctures, incense Medicinal effect: tulsi also known as holy basil is a powerful adaptogen; calming, soothing, sleep aid, digestive aid, headache relief
Lavender	Ready To Harvest	cut sprigs near the base of the plant, both flowers and greens are fragrant	fresh or dried, cold or hot tea infusions/beverages, baking/ice cream, tinctures, incense Medicinal effect: calming, soothing, sleep aid
Lemon Balm	Ready To Harvest	cut sprigs above points where new ones branch off	2 of 6 pots are looking good for harvest. Use: fresh, cold or hot tea infusions/beverages, baking/ice cream, tinctures Medicinal effect: calming, digestive aid
Lemon Verbena	Ready To Harvest	cut sprigs above points where new ones branch out	Use: fresh or dried, cold or hot tea infusions/beverages, tinctures, incense

Lemongrass	Ready to Harvest	cut greens above the hardier base stalk (base stalk needs more time to grow but will be available for harvest later in the season)	Use: fresh or dried, cold or hot tea infusions/beverages, culinary cooking, baking/ice cream, tinctures, incense. Medicinal effect: calming, soothing
Marigold	Ready To Harvest	hold plant in place with one hand and pluck or pinch flowers off with the other	Use: fresh, cold or hot tea infusions/beverages, tinctures, highly pigmented good for dyeing/printing Medicinal effect: soothing to the skin
Mexican Mint Marigold	Ready To Harvest	hold plant in place with one hand and pluck or pinch flowers off with the other	Use: fresh, cold or hot tea infusions/beverages, baking/ice cream, tinctures. Medicinal effect: calming, soothing
Mint	Ready To Harvest	cut sprigs above points where new ones branch off	Use: fresh or dried, cold or hot tea infusions/beverages, baking/ice cream, culinary cooking, tinctures Medicinal effect: calming, digestive aid
Tulsi	Ready To Harvest	cut sprigs just like basil, above points where new sprigs branch out	Medicinal effect: tulsi also known as holy basil is a powerful adaptogen; calming, soothing, sleep aid, digestive aid, headache relief
Violas	Ready To Harvest	hold plant in place with one hand and pluck or pinch flowers off with the other	Use: fresh, cold or hot tea infusions/beverages, baking/ice cream, tinctures. Medicinal effect: calming, soothing

VEGGIES	STATUS	HARVEST INSTRUCTIONS	TIPS & NOTES
Mexican Sour Gherkins	Ready To Harvest	Gently lift and maneuver the vines to look for fruits, they like to hide. Pluck fruits from vine when they are about the size of the tip of your thumb.	Can be a bit hard to find in the first few weeks— produces prolifically as the season progresses! Fresh, snack, salads, pickling. AKA cucamelon and mouse melon.
Ground Cherries	Ready to Harvest	Look under the plants for ripe fruits, which drop off of the plant when they are ready. The husk should be dry and papery.	Great for snacking—tastes a bit like pineapple. AKA husk cherry and gooseberry
Yard Long Beans	Ready to Harvest	Hold the plant in place with one hand and pull the bean with the other. Bush beans are ready when they have a distinct seam visible.	Red ones are a little slower growing than the green ones. Great for greasy eating and cooking.
Bush Beans	Ready To Harvest	Hold the plant in place with one hand and pull the bean with the other. Bush beans are ready when they have a distinct seam visible.	If you can see a plump bean shape in the pod, it's a little overripe— these beans are best for cooking. Fresh, snack, salads, cooking, pickling
Snap Peas	Ready To Harvest - Limited		
Heirloom Tomatoes	Ready to Harvest	Pluck the fruit from the vine, usually ripe ones will come right off. Use snips if necessary.	Green tomatoes also available for light harvest. Only take whole clusters if all tomatoes on the cluster are beginning to ripen. Fruits will hold best unrefrigerated and with their stem still attached.
Cherry Tomatoes	Ready to Harvest	Pluck fruit from the vine, usually ripe ones will come right off.	Same notes as heirlooms however it's not necessary to keep the stems on for good non refrigerated holding.
Sweet Peppers	Coming Soon		All peppers are growing well, flowering, and some are beginning to fruit!
Hot Peppers	Coming Soon		