Q26 - How would you rate your overall level of stress during the current academic year?

<table>
<thead>
<tr>
<th>#</th>
<th>Answer</th>
<th>%</th>
<th>Count</th>
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<tr>
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<td>No stress</td>
<td>0.76%</td>
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<td>2</td>
<td>Less than average stress</td>
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<td>3</td>
<td>Average stress</td>
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<td>361</td>
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<tr>
<td>4</td>
<td>More than average stress</td>
<td>39.85%</td>
<td>369</td>
</tr>
<tr>
<td>5</td>
<td>Tremendous stress</td>
<td>10.58%</td>
<td>98</td>
</tr>
<tr>
<td></td>
<td>Total</td>
<td>100%</td>
<td>926</td>
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</tbody>
</table>
Q27 - How would you rate the services and programming available at Middlebury (Parton, Commons, faculty, etc.) to help you cope with or reduce stress?

<table>
<thead>
<tr>
<th>#</th>
<th>Answer</th>
<th>%</th>
<th>Count</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>They are sufficient and I use them</td>
<td>22.89%</td>
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<tr>
<td>2</td>
<td>They are sufficient and I do not use them</td>
<td>42.12%</td>
<td>390</td>
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<tr>
<td>3</td>
<td>They are not sufficient</td>
<td>21.92%</td>
<td>203</td>
</tr>
<tr>
<td>4</td>
<td>I do not know what services and programs are available for me</td>
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<td></td>
<td>Total</td>
<td>100%</td>
<td>926</td>
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Q28 - How well do the following offices within the Parton Center for Health and Wellness meet your needs?

<table>
<thead>
<tr>
<th>#</th>
<th>Question</th>
<th>Meets all my needs</th>
<th>Meets most of my needs</th>
<th>Meets a few of my needs</th>
<th>Meets none of my needs</th>
<th>I have never used this service</th>
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<tbody>
<tr>
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<td>31.97%</td>
<td>296%</td>
<td>4.86%</td>
<td>14.36%</td>
<td>133</td>
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<td>2</td>
<td>Parton Counseling</td>
<td>10.69%</td>
<td>10.91%</td>
<td>101%</td>
<td>3.46%</td>
<td>63.39%</td>
<td>587</td>
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<tr>
<td>3</td>
<td>Parton Health and Wellness Education</td>
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<td>5.83%</td>
<td>54%</td>
<td>2.48%</td>
<td>79.70%</td>
<td>738</td>
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<tr>
<td></td>
<td>Sports Medicine</td>
<td>15.87%</td>
<td>147</td>
<td>10.26%</td>
<td>95</td>
<td>5.29%</td>
<td>49</td>
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</table>
Q29 - Optional: Do you have suggestions for improvement to any of the above offices within the Parton Center for Health and Wellness?

Optional: Do you have suggestions for improvement to any of the above offices...

Expand PT services to more club sport teams- ie frisbee
I know employing staff is expensive, but I'm always kind of dumfounded that it takes me 1-1.5 hours to get a monthly allergy shot.
Perhaps more outreach concerning mental health on campus, coping with stress, etc. but in a way that reaches out to students and puts the information out there rather than students having to seek it out themselves.
More diverse counselors, although there has been progress, I would like to see it continue.
Sometimes it is hard for students to reach out by themselves; reaching out to them might be a way to invite more people to experience the services Parton offers, at least for one time.
Availability of care on weekends is insufficient for non-emergencies.
Have separate waiting areas for sick/well patients; I'm always afraid of catching the flu when I go in for allergy shots in the winter.
I'm not sure what exact suggestions I can give, but I have not found Parton to be helpful at all. They are unable to diagnose anything and are specifically terrible at drawing blood (from my own experience).
I haven't used Parton enough to give helpful feedback.

No

I think diversifying the staff would be extremely helpful. I know there have already been efforts, but there's always room for more!

There needs to be urgent care/24 hr service so students do not have to pay for the hospital or drive all the way to Burlington.

I think the free services could be advertised more to the student body because many people don't know about them.

Be open to feedback instead of shutting people down who need help, pay attention to people's questions (I had a staph infection this year I came to see them about and they literally told me to "keep an eye on it" wnd come back in a week, and it was obvious that something was wrong and a mess by the time I got help for it over fall break) Sports medicine should be offered to all students/affiliates and not just athletes- as a long distance runner not affiliated with any teams on campus, I often have a hard time finding the adequate services/resources for my running related injuries. Parton nurses and staff are not sufficiently trained to deal with these kind of injuries.

More staff available
The counseling office could use more diverse staff. Some of the people I've talked to there weren't very understanding and couldn't really help me with the problems I was having.

Stop offering nasal rinses left and right when people are actually extremely sick.

Counseling appointments are almost impossible to book in a feasible time frame.

Have an eating disorder specialty therapist.

More mental health support!

Maybe to meet them in the beginning of the year so it's not as daunting to go to them when you have a problem.
Personally, I have not needed to use Parton for counseling or physical therapy, but I have several friends who need these services but they are not offered/are not sufficient - it would be great if Parton could offer sports therapy since the trainer is only available to varsity athletes.

Opportunities for student feedback to voice complaints and joys with the program.

Host more open events to the general study body regarding a certain topic!

Sports medicine has been variable, but the trainer right now for my team (Chris Palmer) is fantastic. I feel that he is excellent because he truly cares and spends time with his athletes to get them back to their sport and continuing with a regimen that will keep them healthy by looking holistically at healing the body. I wish more of the trainers took this attitude when treating injured athletes.

You should have a psychiatrist at Parton

Last I inquired parton isn't able to treat uti's or other infections with antibiotics so I have to go to the hospital with most serious problems, and also one year a nurse wrongly diagnosed my entire hall with lice when no one had it... I don't rely much on the health center. I also feel less of a priority than student athletes when visiting the health center, because athletes are seen more quickly and on a separate floor though waiting in the same waiting room. They also see the doctor while the rest of the student body sees nurses--there is a plaque in the waiting room celebrating the sports medicine program which is annoying.

I wish they could deliver the most basic medicine and drugs.

I wish there was the option to make an appointment with a nurse practitioner or doctor (i.e. someone with the authority to prescribe medication) over the phone. It's not convenient to make two visits to Parton (the first of which is necessary to schedule an appointment with the nurse practitioner/doctor).

I think Sports medicine should be available to dancers.

Parton needs work. I don't feel like it offers enough appointments with doctors. Especially as an international student, it doesn't replace a full doctors office with all the services. Sports med could benefit hugely from a massage therapist and a bigger budget.

Have a regular doctor, not just nurses at Parton. It took a week to get my shoulder actually looked at.

Sports medicine needs to be available to club athletes

I wish the athletic trainers were open to more than just athletes.

Parton Counseling services refused to see me. They are unequipped to handle anything besides basic stress/cases of anxiety--HUGE disappointment at Middlebury where many students openly struggle with depression, eating disorders, high stress, OCD, etc.

Yeah if they health center could do something more than wrap ankles that would be great.

I had a very frustrating time trying to find a counselor. I called Parton and they said they could not provide me with a long-term counselor and that I would need to look in town. My family cannot afford to pay for this out of pocket, so I had to go to Porter and obtain a GP there in order to have a referral, as per my insurance. After a long process of paperwork and transferring records, my GP informed me that I needed to see a doctor at Middlebury College. I never ended up seeing a counselor.

I lied, I remember using Parton for STD testing and it costed me a ridiculous amount of money (what was it, like 80 bucks?), AND they told my parents because I was under 18. Nice, thanks for that. I feel SO supported by our health care professionals here on campus.

They should make it easier and cheaper to access birth control and we need to provide more accurate diagnoses for sicknesses.

I find that the waiting time is very long at Parton Center.

More accurate medical attention.
- 24/7 assistance is absolutely necessary - on call MD during most hours -- visits to hospital is all too frequent with nurses.

Counseling feels rushed. Not helpful if you appear "too stable." Not a comfortable environment.

Needs more counselors. I tried to make an appointment two weeks ago and couldn't get in until today. Luckily this was not an urgent situation by any means, however, it would have been terrible for another student who was in urgent emotional distress.

I think sports medicine/physical therapy should be available for students who are not on sports teams

make it easier to see a doctor?

i don't understand the purpose of a counseling service that turns you away because they can only as you a certain number of times. I thought that was what they were for.

Hire queer/trans/gender non-conforming counselors, or subsidize access to such counselors.

Yes, diversify the staff and hire counselors who will understand that stress goes beyond academics (although they still play a fair role) and that race, gender, socioeconomic status, etc. are all very valid identities that affect us just as much as academics do.

I was not allowed to refuse to see a certain counselor that I didn't think I clicked well with.

Sports Medicine isn't available to club athletes, is it? I mean I know it's probably difficult to coordinate or something but it seems weird that we have to see Dr. Peluso for injuries.

More hours open, on weekends and nights.

My stress levels during the academic year are "average" because academic stress simply is my average. As I have understood the Sports Medicine program, it is only available to varsity athletes and the Rugby team. My club sport is just as dangerous if not more than the varsity sports, and merits access to this medical aid. If club sport athletes do actually have access to Sports Medicine, the information has not been shared with us.

Parton should bring in therapists from town and make them (who are typically more skilled and experienced) more accessible to those without a car.

I went to see a counselor at Parton and he was terrible. He told me that my problems could be solved by wearing sweatpants and watching netflix... aka netflix and chill. So bad.

Make sports medicine available to everyone, not just Varsity athletes.

More nurses/doctors to shorten waiting time.

None.

Having actual Drs would be helpful. Nurses dont really provide me with any knowledge I do no already know

More information about what services they offer and expanded counseling (a lot of people I know don't want to go to counseling because they don't want to take resources away from students who need it more).

Some of the nurses and other medical professionals seem to not really know how to treat students properly for their various ailments. It's a running joke of the school that no matter what ailment you go in with, Patton will recommend a sinus rinse. I honestly believe more knowledgeable health professionals should be there.

Parton Health Services is almost entirely worthless. I have been there many times and am usually either just given a medication that is not particularly useful (ibuprofen, sinus rinse, etc) or just sent to Porter Hospital's emergency room. Parton Counseling has helped me a lot during my time at Midd but they seem out of their depth on a lot of issues, particularly LGBT topics.

The medical care I've received is often inaccurate in its diagnosis or straight up wrong. The center should be employing fully certified physicians if the school expects students to be on their plan.
My counseling experience was pro scripted and sterile- I would appreciate if Parton was a resource with certified counsellors, or gave directions to psychiatrists in town.

I had a very bad sinus infection that I got checked at Parton many times, but because they were hesitant to prescribe antibiotics (which I do understand) it got extremely bad and ended up lasting 4 months, and I was on antibiotics anyway for a very long time as soon as I got home. This example is to say that I don't think underestimation of illness is good, even though I respect the action to avoid building antibiotic resistance. I've heard of similar cases with others as well. if they had been more willing to prescribe it would have saved me a lot of sickness and trouble!

Sometimes it seems as if the nurses don't really know how to address people or talk to them about difficult things, and that makes hearing difficult news even worse, because I feel judged. Also, my friend had bronchitis and Parton just suggested a nasal rinse and rest, and she didn't even realize she had bronchitis until the hospital inside town diagnosed her. Some people can't afford to go to the hospital, and it would be good if Parton was more effective because it's for the majority seen as a joke and everyone expects to be told to do a sinus rinse for anything.

Parton is difficult, if not impossible, to access when I have needed it most. For example, when I hurt my back and was unable to move out of bed, or when I was so ill that I became delirious and was stuck in bed, it was only through the kindness of friends that I was able to get by.

Give us more medicine when we are sick.

Make sports medicine more available to non-varsity athletes. Increased availability for club sports

Stop trying to sell us nasal rinse every single time we come in sick. And if you are, subsidize the price at midd express.

There should be more experiences counselors available.

More counselors!

Whirlpools for athletic center

We should have trainers available for all students!

Sports medicine to be available to every student, even if they are not part of an official college team.

Better Hours

Hire more counselors of color

If they could stop treating people for sinus infections.

Parton Counseling can be helpful for stress, depression, or other "more common" problems. For PTSD or other trauma-related issues they come up short. Ximena Mejia is somehow trained to deal with sexual trauma, but I have talked to 6 women who have seen her about their sexual trauma and all of them found her dismissive and/or harmful. Some felt re-traumatized after that. You don't get along with every therapist, but of the many survivors I know, none have had positive experiences with her.

The staff at Parton Health Services needs to be more effective in its job. This means being better able to diagnose and treat illness. Many students see going to Parton as a waste of time because you can not receive the treatment that you need to quickly recover from an illness.

Maybe give them more training on what to do with students who are really sick.

proper diagnoses before telling e how to fix my problem. I had a bad experience where a small portion of my achilles tendon was bothering me, and after following parton's recommendations my entire tendon, even into my foot began hurting. Something that could have been address and healed in a week or two took 2 months.

The stress programs at Parton are beyond useless. If we want less stress on campus, it needs to come from faculty, not stupid dog-petting programs. There's no way to systematically shift the burden of work across all departments without implementing top down solutions.

More advertising for the counseling services. I know a lot of people that don't know it exists but would benefit.
Stay open more and don't be as intimidating for students to go to Parton.

Open on saturdays plz

I very, very rarely visit Parton health because it is impossible to make an appointment (at least in my experience) and I have waited for over an hour at times to see a nurse. Parton generally discourages me from visiting the office when I call them on the phone and refuse to tell me times when there are less likely to be long waits. It doesn't seem like it would be difficult to set up a Doodle-type system where you can sign up online for slots.

Sometimes the wait is very long to see a nurse and impacts my class attendance. Provide more non-latex condoms.

As a nonathlete, I would love to have access to sports medicine.

Even though I am an athlete, and have the privilege of going to sports medicine, there should be a full time staff member that works exclusively with non-athletes and club sports, because sending them to Parton, where they do not have specialized sports medicine training, in case of an injury isn't fair and could result in prolonging or worsening an injury.

Sports Medicine and Physical Therapists go above and beyond and are amazing!

Do non-athletes have access to sports medicine?

Greater number of counselors. More availability for walk-ins/unscheduled meetings for psychological help.

Sports medicine is frustrating because it's reserved for athletes even though most students are active and many could use sports medicine.

Parton Health Center takes forever to get to you if you just sign in and don't have an appointment, which can be stressful if you have a class to get to or haven't been able to eat lunch, etc. Not sure what the solution to this is but I feel like there are not very many people on staff at once.

Sports medicine should be available to non-varsity athletes

Normalize mental illness -- a lot of students suffer from it, and simply reducing workload during finals isn't a cure for serious cultural issues surrounding status, public image, success, belonging, etc. Parton counselors are hard workers but the school as a whole needs to do more to accept that mental illness is normal and a reality. Expanding the ADA office would be a good start, as would increasing the capacity of the Commons to deal with mental illness. Right now a lot of that burden falls to FYCs and CRAs -- while they can be great resources, they're also mostly students and not especially trained to handle those situations.

There are active students that get hurt and don't play sports so can't get care from sports medicine.

Parton health center does not makes a lot of services known (e.g. more affordable plan B) and I’ve only ever been told to buy a sinus rinse if I go in for help.

for sports injuries, the sports doctors are only for varsity sports, but i am not on a varsity sport but there were times when i had sports injuries

parton is slow and unhelpful every time I go in when I'm sick

Parton was not helpful for me at all and I have not met someone who has anything good to say about it.

Open Sports med up to more comprehensive coverage for contact club sports and create a trainer position dedicated to crew/rugby/etc, bc the environment is very unwelcoming and club athletes are made to feel like burdens

Not everything is worthy of a nasal rinse.

It would be nice of Parton could start an IUD program

More councilors!! I'm a regular, so I always get an appointment with my guy but I have a couple of friends who are really suffering and stressed and have to wait 2 weeks for an appointment!
Is sports medicine available to non-athletes? I was told it was not!

More outreach for students in need

Get therapists and counselors who are actually trained in things that actually work for common mental illnesses. Psychotherapy and plain talk therapy is a sham and they should hire counselors trained in Cognitive Behavioral Therapy and Dialectical Behavioral Therapy for students dealing with acute depression or anxiety. Literally the best things for stress and the like and most of the counselors cannot do any of the skills associated with those fields of therapy which would be really beneficial to any student.

The college could hire more counselors and diversify the racial and socio-economic representation of the counselors. It's very hard to set up appointments with counselors due to a shortage of counselors, especially in urgent situations and if there is already a counselor that the student regularly works with.

Open sports medicine to everyone

INCLUDE A COUNSELING FOR THOSE SUFFERING WITH EATING DISORDER ISSUES. THIS IS A MAJOR ISSUE ON CAMPUS.

Let known what services for mental health are available, and maybe hire more staff so that there isn't a 14 session limit on counseling (from what I've heard).

I feel like Parton needs to offer solutions to my sickness or whatever ailment I have. Sometimes when I go in there for help I leave with no real answers or solutions except "take Advil and only come back if you still feel bad in a week". It's very frustrating

I have not used the resources at Parton, but I heard from friends that the treatments provided are not very specific or effective to the ailment presented

There's often a long wait for Parton counseling

Easier to access.

More counseling services from different backgrounds

I really think suanas are an effective way to compact cold weather depression (especially coming from a warm climate)

I want to be actually treated by Parton. The few times that I've gone in, it's a joke. They don't do anything.

I've heard many students tell stories of being frustrated by the under-staffing in Parton and the lack of specific diagnoses for different illnesses, but I think my confidence in the Parton Center would increase if there were more doctors available on campus, even if it was in part-time shifts.

I didn't know that Parton had a sports medicine section.

I think this school's health offerings are a joke. My impression is that most students feel this way too. Middlebury should have extensive health offerings on campus because it is located in a rural town that does not have sufficient health offerings. First of all, students should be able to be prescribed antibiotics easily on campus, as well as other commonly used prescription medicine. That fact that we have to go to an off-campus hospital to get any real type of health care is absolutely ridiculous, especially in relation to the services that most other college campuses offer. The school's mental health offerings are also ridiculously insufficient and considered useless by many students. We should have at least one psychiatrist on campus that can diagnose and prescribe medication and many more well-trained psychologists (not just counselors) than we currently have at Parton. The counselors at Parton basically only know how to help students who are dealing with low-grade mental health issues or who are simply feeling stressed by school. Almost every student I know, including myself, who has actually dealt with real mental health disorders (depression, anxiety, etc.) has been forced to look for professionals in town because the health center can't meet his or her needs. This becomes an extremely difficult task because the majority of these psychiatrists and psychologists are completely booked or have very limited time slots available which might conflict with a student's class schedule.

My entire experience with mental health issues at Middlebury has been incredibly disappointing and frustrating. In addition, the deans and commons staff (FYCs, CRAs, etc.) are not adequately trained in these issues and have just
exacerbated my problems instead of providing any real support whatsoever. These individuals also generally advocate going to Parton as a solution, and seem completely out of touch with the general student consensus that Parton is useless. This needs to change. If I had known that I would develop major depression and anxiety during my college years, I would not have chosen to attend this school. I am about to graduate, and if I could only fix one thing about this school, it would be the physical and mental health offerings.

Sports medicine should be more easily available to non-varsity athletes

Parton should be open on Saturdays, given this is one of the two days in the week people have time to bring themselves there.

I know this doesn’t answer the question but I feel like it needs to be said given my feeling of a lack of informed option choices for this section: Sports Medicine is only available to varsity athletes. My response is "NA" because it isn’t an option for me, however I’ve needed extensive physical therapy to recover from an injury that occurred on campus and had to find my own means to get to appointments/pay for treatment. I am not even able to get ice after a club sports practice from the training office/sports medicine. I understand the high volume that sports med sees, but also flag this as a large issue within my Middlebury experience.

If they had more capacity to treat illnesses and did something other than treat with sinus rinses that would be great.

Suggesting things other than nasal rinses to cure all

I am never deemed worthy of an appointment. Why not give people appointments so we can come when they’re ready rather than sit in the waiting room for and hour and a half?

If sports medicine is available to non-athletes, I would like more publicity on this.

Puppy therapy, student to student therapy, advice based therapy

The Health Services are a pain to get through. You have to make multiple appointments and see multiple people just to get a cough medicine.

Stop slut-shaming. One of my friends had a UTI and one of the nurses accused her of it being from sex when it was from a bike trip she took. I myself went in once for a pregnancy test and I felt A LOT of judgment from the nurse even when the test came back negative, that I had to take the test at all. When I need sexual health services, I always wait until I go home.

I have been sent to Porter E.R. to get evaluated for a simple UTI and it would have saved a lot of time and stress if Parton was able to prescribe those kinds of medication more frequently.

More counselors are needed and for more extended periods.

it would be nice to not have to wait for an hour to see a nurse.

Parton Health Services has always given me problems. At least 3 times I have gone, originally I met with someone who said that my health issue was not actually that big of a deal and it would go away in the next day or two, and then when I scheduled an appointment, I was told that I was actually sick and was given an antibiotic. It’d be helpful to not have to schedule an appointment to be given a real diagnosis, instead of just being told I’ll feel better in a bit. I think that Parton’s services are great. I do not think that their being insufficient to help me cope with my academic stress is because they lack certain services. Rather, I believe that the academic environment at Middlebury asks too much of students and no amount of offered services could solve the problem completely.

I would have a doctor, pa, or nurse practitioner at Parton all the time.

more hours (ie. after classes end or on weekends), advice other than nasal rinses (these are SOO expensive at MiddExpress, and technically have to be replaced every 3 months)

-Students frequently complain about Parton's uncaring treatment and ineffective prescriptions

Parton needs to have more hours to be more accessible. You should not need to go to the emergency room when Parton isn't open. It's expensive and a waste of time if you don't have a pressing medical needs like a broken bone

Free flu shots! The affordable care act made flu shots free to everyone yet we have to pay $20? No wonder no one
I would suggest that we actually have a doctor on campus. The nurses at Parton are very helpful but they can only do so much and often times students are disappointed by the aid given and seek help from other clinics. I wish parton health had more agency on treating students. It seems that they are tied up by liability laws and students don't receive the best treatment the staff want to and could offer.

More access for general student body to sports medicine trainers and equipment

Better counselors. There are several counselors that are very popular and therefore have limited availability while there are others that do not work well.

Extend hours or make hours more feasible for students with class during the day.

Parton is disgraceful

Nurses who don't slut shame
More efficient walk-in system
Ability to diagnose/treat basic injuries or illnesses without sending students to the ER

Sports medicine should be available to ALL students not just athletes, including the physical therapists and trainers at the AC. Parton is a great resource but understaffed because it's hard for people without recurring appointments to fit into the schedule mid semester

Provide access to PT on campus for students injured through club events, not just on college teams.

Counselor who specializes in helping trans/gay people (not to "fix" them, of course, but to help them figure things out and help affirm their identity as legitimate.)

Sexual assault survivor group?

I have been told that there were some people who had wished to get and STI testing, but were made to feel uncomfortable, so they abandoned their efforts.

Parton is simply too far away to be walking when you are feeling sick, deterring students from wanting to use it. Also if I feel like I need to see a nurse practitioner rather than an RN because I need a prescription, I shouldn't have to set up an additional appointment just because they feel they need to verify that I actually need it.

They are nice ladies and all but lack super basic knowledge about stds.

Whenever I hear of measures to curb stress on campus, I immediately doubt their efficacy. There's been talk every year for the past three years of changing things, but everything feels the same. A lot of the discussion feels like idle talk, with no boons or benefits for students in sight.

counselors should be good at counseling; the one i had was not!! (corroborated by others who had her)... also, regarding the bottom question, I did get tested for STDs and had to pay like $200 on my insurance bill. not free?

We should have full fledged doctors with a wider array of services available including beds and overnight staying if someone is really sick but doesn't need to go to a hospital necessarily - but is better off away from the dorms. Also meals should be available at Parton when students stay. Such an arrangement is standard in most residential colleges in other parts of the world - considering the cost of this education - this should really be provided. - or some version of this. Also more basic medicine should me made available free of cost.

Stop telling people to use the nasal drip thing whenever they are sick. It is very expensive and I don't have the money to buy it.

Sports medicine for non-varsity athletes

Having physical therapy access for non-athletes is crucial for students who are not on teams but have major surgery.

They have misdiagnosed me twice. They need more knowledgeable doctors.

I'd like stress-busting workshops throughout the semester

Parton should be able to fill prescriptions, especially for birth control pills. They also need to be better about prescribing medicine to students because students are sick for way too long before receiving medication.
I'm not a varsity athlete - do I even have access to sports medicine? I also just want to say I was told at counseling that they could only see me in the Fall or the Spring - that I had to choose - and I thought was unfair. I needed help in the Fall and I was worried "oh, I might need MORE help in the spring adn then I'm screwed". I was very displeased with this experience.

More availability and/or longer hours in sports med

Get anal STD test capabilities. It's shameful and honestly borderline discriminatory that Parton cannot test for anal STDs, because that is the kind that will disproportionately affect gay men. Also, make it clearer that STD testing is free. I had no idea until I got it done that it was free, which made me almost not go in the first place.

I think it is extremely inconvenient that Parton only performs physicals on athletes and students about to go abroad. They should provide more information on the process to see a specialist for health concerns.

Make sure to write somewhere easily accessed or seen that Parton Counseling is meant for more temporary problems and not something that might require more therapy such as PTSD or like-wise.

my counselor told me we should meet less often (overcrowded?)

More time slots

A chiropractor would be nice in sports med

I would really like to have a health center with a doctor that is more readily available. I would also like the health center to take insurance so that they can provide other services like birth control.

Middlebury does a lot better than, for example, University of Vermont, in making care accessible and additionally in providing adequate care. However, visiting often seems clunky or sometimes I feel I am not approached in a way that is concerned with my private needs. For clunkiness, I would suggest streamlining information on their website and making sure it's constantly updated to reflect the information they send us in their e-mails. I would also appreciate online information on how they do referrals for specialists such as chiropractic or external counseling services, for example, so that I don't have to make an appointment with a nurse to ask an administrative question, when the nurse could be attending to someone else.

More people of color as counselors to better accommodate and empathize with students of color

People just don't really know they are available as options. We need waaaaaay more advertising

Parton is poorly run and mistakes are made. ALL of my experiences with Parton have been negative, including serious mistakes like forgetting to prescribe a medication that I was told I urgently needed. Time after time I am reminded what an awful organization our health service is. It should be stripped down and rebuilt with new management and new providers.

Have medications readily available

Hire your interns full time! Sad my counselor is leaving after this year because she is only an intern

I have never heard of the health/wellness education program - I only know about counseling and health services ALSO - it's absolutely ridiculous that sports med people only help athletes. I got a bad concussion over the summer, but since I don't play a varsity sport, they wouldn't help me or give therapy!

Don't hire "makeshift" counselors. This is not a good environment to practice in, some people actually need help.

sports medicine is unavailable to the average student. with club and jv sports this accessibility is very ambiguous.

nope

Is sports medicine accessible to non varsity athletes? If so I wasn't aware of this. That would be really nice if it were, but perhaps could be advertised better.

better diagnosing, less salt packs. Also thanks for the Tylenol.

Make physical therapists/advisors available to students who don't play sports but are injured. I play on a sports team and have been able to use Sports Med; however, there isn't anywhere on campus for non-sports students can go
easily to receive/do therapy and advice.

Club sports should have access to sports trainers

physical therapy on campus for non-athletes should be provided

Sports Medicine is not accessible to anyone but athletes.

Stop telling me that a nasal rinse will fix things.

I wish they held workshops for self-care.

I have definitely wanted to use Parton Counseling services before, but I was unsure about how to go about it, and the uncertainty made me feel embarrassed about the whole situation, so I have never actually gone to seek help. Some sort of easy system or information maybe about how this process works could be helpful.

I have never used them because I've never heard of anyone getting significant help from them.

Advice other than nasal rinses would be nice

-I personally think Health Services are terrible considering our remote location and general lack of resources in the surrounding area. I think hours should be greatly extended in the event of an unexpected illness or situation in the middle of the night/weekends. The staff tend to downplay conditions such as colds and do not offer adequate solutions regularly. -Counseling seems fine, maybe sometimes hard to schedule an appointment --Not really aware of wellness education -Its a joke that the normal student body does not have access to sports medicine. Non-athletes still can get injured running, lifting, etc, and for what we pay each year, we should have access to at least a limited for of sports medicine.

Based on personal experience Parton's ability to deal with sexual assault cases was very subpar. This needs to be improved dramatically and much more of a priority. Also, I have been disappointed most times I have gone to Parton and now go to Rainbow Pediatrics. I know many other Middlebury students who do this.

It is ridiculous that nationally competitive club sports teams do not have access to trainers. Grinds my gears every time.

Be able to schedule appointments easily online or have drop in counselors or people just to listen to you without judgement or connection to the people you may be talking about

Allow club sports to use the sports trainers; this has caused me a lot of inconvenience and has ended my club season prematurely since I did not have access to a trainer.

Get a real doctor on staff so I can get a strep test next time without having to wait days on end!

make the Middlebury trainers available to all students!

Add dentist to the health plan haha

I don't find sinus rinses as effective as Parton seems to.

That they have better hours, better medical care and more efficient drop in services

There needs to be a doctor there far more often! I can't tell you how many times I go, only to get rescheduled for another day. It’s very frustrating, and sometimes you really need assistance the day you go!

I'm not sure how to ask for condoms. I know they are offered by Parton for free but I feel (a) awkward asking for them and (b) I'm not sure how to get them.

Suggestions other than the neti pot. That is not helpful

It is a common complaint/comment/joke among students that Parton (health) recommends a sinus rinse for everything, but in my experience it's true. I don't trust Parton to genuinely diagnose illness (when I went in with pink-eye they literally told me to get a sinus rinse, didn't even recommend I seek a prescription for eyedrops). I don't know if the issue is training the staff, having an MD more readily available, or something else, but in my experience
Parton is really unhelpful.

It takes forever to be seen by someone when you're sick at Parton -- I literally had to go through 3 different appointments when I knew I had an ear infection and needed antibiotics to get rid of it. It's just a lot of time and hassle when you're already sick. Maybe more staff? Faster turnover time? Make an appointment via phone so you don't have to sit in the waiting room forever?

More options for intermediate mental health concerns (things that fall below an emergency but would benefit from being addressed quickly before they turn into a serious problem), more support for ongoing counseling

Counseling is a grad student, definitely needs improvement, could have both the grad student and the actual counselor once in a while

Quicker

Hire people who are qualified and don't suggest a nasal rinse every time. It's become a stereotypical joke on campus, but for good reason.

I have had interactions with some of the staff that have not been helpful. It would be greatly appreciated if the doctor/nurse practitioners could refer students to proper medical facilities to help them instead of just leaving them to figure it out on their own.

More people should know that counseling is available and how to make an appt

It can be very difficult to see a nurse. The need to hire more nurse practitioners and change schedule to allow for more emergency walk-ins.

Parton Health Services definitely has a bad reputation on campus. In my personal experience, Dr. Peluso is great, but the nurse practitioners and nurses are rarely helpful. I am an EMT, and often feel like I could do a better job than them.

I was not aware that sports medicine existed for non-varsity athletes. More outreach would be great, as I have been seeing a sports medicine doctor outside college which has been quite expensive.

They should have more doctors, especially during J term when everyone is in for the flu. I think weekend hours would be extremely helpful too.

Make physical therapists or trainers available to non-athletes. Seriously wtf

Don't be afraid to give us codeine when we're coughing up a lung. (Unless it's a legal issue) Also prescribe antibiotics for sinus infections

I think it would be helpful to know more about what they do to make them more accessible.

Make trainers available to students / club sports members
Q30 - Are you aware that testing for sexually transmitted diseases/infections (STD/STI) at Parton Center for Health and Wellness is free for all students regardless of insurance status?

<table>
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<th>Answer</th>
<th>%</th>
<th>Count</th>
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<tr>
<td>1</td>
<td>Yes, and I have used this service</td>
<td>12.42%</td>
<td>115</td>
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<tr>
<td>2</td>
<td>Yes, but I have not used this service</td>
<td>45.46%</td>
<td>421</td>
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<td>3</td>
<td>No, I did not know STD/STI testing was available at Parton</td>
<td>29.16%</td>
<td>270</td>
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<tr>
<td>4</td>
<td>No, I thought STD/STI testing cost money at Parton</td>
<td>11.23%</td>
<td>104</td>
</tr>
<tr>
<td>5</td>
<td>No, but I use another health care provider for STD/STI testing</td>
<td>1.73%</td>
<td>16</td>
</tr>
<tr>
<td></td>
<td>Total</td>
<td>100%</td>
<td>926</td>
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Q31 - Do you think the College provides adequate resources to support and assist students who experience sexual assault (including sexual misconduct, domestic violence, date rape, and stalking)?

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<th>#</th>
<th>Answer</th>
<th>%</th>
<th>Count</th>
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<td>39.96%</td>
<td>370</td>
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<td>2</td>
<td>No</td>
<td>23.54%</td>
<td>218</td>
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<td>3</td>
<td>I do not know what resources are available</td>
<td>36.50%</td>
<td>338</td>
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<td></td>
<td>Total</td>
<td>100%</td>
<td>926</td>
</tr>
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</table>
Q32 - Optional: Do you have any suggestions for improvement to the resources and services the College provides to prevent sexual misconduct and to support and assist students who have experienced it?

Optional: Do you have any suggestions for improvement to the resources and...

I think that Green Dot and MiddSafe both provide invaluable services to our campus, in terms of sexual assault and misconduct prevention (Green Dot) and response to cases of assault or misconduct (MiddSafe). I do not think that Public Safety nor the Title IX office are particularly approachable. One of the reasons why MiddSafe and Green Dot are so effective is that they are staffed--in part--by passionate and dedicated students. Public Safety and the Title IX office simply lack student liaisons who can make their services more accessible. I don’t know if the solution is to implement student liaisons to resource and service departments related to sexual assault and misconduct, simply because MiddSafe advocates can act as liaisons for students who use their services. I do think that the College needs to find a way to make the resources it offers students seem like a safe and comfortable options for survivors of sexual assault. I would also like to see more Green Dot training sessions throughout the semester and a general expansion of the Green Dot program.

It's well intentioned and improving but not where it needs to be

Healing and recovery take a long time. The College cannot just engage for a little and then drop off support. If a student needs support and constant communication with counselors, deans, etc. then that must be provided.

No

Offer more in-person confidential resources that focus more on the needs of the victim instead of the prosecution of the accused.

Hiring staff who are passionate about helping students who have experience this kind of violence, and a better immediate response system for the terrifying first hours after such an incident occurs.

Not sure but I know several students that have struggled a lot with this and it seems that Middlebury's resources could not handle the situation adequately.

Yes, make students aware of resources--when I reported, the information about options outside of the 110+ page policy wasn't online, and I looked and was on residential life and had received training in response to sexual assault for that and still didn't have the information on things like not showering/not washing clothes or bedding/etc. That would have made a big difference in what I did after the assault. Also, of all of the people I know who have experienced sexual violence at this school and who have reported it (which is already a small number because everyone knows that nothing will come of it if they report), I only know one person who's perpetrator has received any sort of consequence for their actions. Also, I literally just felt so rejected by the administration/school/my peers after reporting—I have always been someone who works so hard to do the right thing and to act in the best interest of the community, and it felt like everyone on campus was acting against me/to protect themselves instead of looking out for me at all. Prior to my assault, I had so much trust in the administration/the schools policies to do the right thing, but this process really broke my faith both in the adults on this campus and in people in general. I really believed people were capable of acting selflessly or in the best interest of the community, and the school has pretty effectively shattered that ideal.

Sexual harassment also happens off campus- it is important to publicize resources for all incidents of sexual assault, regardless of the location.

I haven't had personal experience but I've heard that resources aren't always very supportive for victims, since the college has more motivation to protect perpetrators than to ensure justice.

Stop victim blaming.

I really support green dot. I hope in the future it's paired with a consent education series
I have just heard a lot of stories where victims go through quite the ordeal with the Middlebury administration with regards to rape and domestic violence.

I think middlebury does a fair job evaluating sexual assault cases. I think this is a delicate area where the burden of responsibility is on the male party, sometimes unfairly. A friend of mine was accused of sexual assault and middlebury handled the case fairly though it was a difficult process for both parties. I think that entirely disregarding the accuser's sexual history may be a mistake—the woman who accused my friend had accused multiple men of raping her in the past. I'm not sure whether middlebury took this into account because I think middlebury claims to review cases with no outside information like that.

Don't make the process of reporting rape so tedious, long, and complicated. I've been involved in this process as a witness and it discouraged me from ever reporting rape if I experienced it since it took so long for so little action and consequence against the rapist. This really really needs more work.

Students who have experienced it are not reached out to. There should be an outreach system in place.

There should be a fourth response to the question above ("Do you think the College provides adequate resources to support and assist students who experience sexual assault (including sexual misconduct, domestic violence, date rape, and stalking)?"), "I know what resources are available, but I do not know if they are adequate."

Nope. Not my field of expertise.

More publicity for middsafe, more transparency in college procedure

Maybe having a dorm meeting to introduce services like the ones mentioned above to all freshman. This would help students know what resources are available.

LOL. I honestly don't even have the energy right now. The college saves the perpetrators, not the victims. I tell all victims not to bother telling the college and go straight to the police.

I think more work needs to be done on prevention and teaching cis men about consent. Also, consent should be taken more broadly and used in everyday life. A mundane example is a hug, or changing tv channels, however it can also be taken to education re: work, etc.

Less flyers that say "teach men not to rape" please.

Can we stop blaming the victim please. Also the Green Dot program is great but most students do not experience it beyond a short video during orientation. Spending more time talking about consent in a less structured but still mandatory environment is needed, especially since the drinking culture creates extra confusion around consent.

Better trial system where survivors aren't afraid to speak out.

I saw in detail the process for reporting sexual assault this year. I think it is extremely traumatic for survivors and has to change. The college should trust victims and treat them with more compassion. Assault should be treated like any other crime, in which the victim is taken seriously. The school should value the safety and emotional well being of students over the possibility that the school's reputation will take a blow by having to expel a rapist.

Know what you should do and what the process is.

Actually enforce penalties on students who have committed sexual assault, intimate partner violence, or stalking.

I have personally never used the resources or services (I've never had to), but I have heard from friends of marginalized backgrounds that they don't necessarily feel comfortable or safe enough to, or who have not had the most inclusive experiences in reaching out.

Change the culture! Make Green Dot bystander training mandatory for all students, or get rid of the Green Dot name (people make fun of it). Oh, and many students haven't received adequate sexual education at home...does the college have options for peer-run workshops on sexual health? That might be contributing to some additional problems.

I know there is an option of counseling, but besides that I do not hear about other methods. Even though hotlines are in every bathroom, I barely pay attention to them. So maybe bring more attention to the sources that we do have.
Making a basic level of Green Dot training required would possibly help prevent sexual misconduct.

I think people who commit sexual assault of any kind should be more severely punished

None.

Encourage counseling if someone does ever find themselves being the victim of assault

No victim-blaming, more encouragement for men who have experienced this type of assault to report it and seek support instead of assuming that only women are victims and could not be perpetrators.

Better awareness of the free STD test

The school should comply with Title IX requirements for reporting which it currently does not. Additionally the school should follow up on efforts to introduce restorative justice.

There are plenty of resources for counseling, but few for acting to actually get the people involved in perpetrating assaults off campus. Some of that is a result of women who are too afraid to come forward in a small community, but my feeling is that if those women had more faith in the administration to believe them and to deal with their problem, they would come forward regardless.

The administration should more directly address these issues instead of only responding when something negative happens.

More resources for Midd Safe more support of activism around sexual assault Keep bringing Post Traumatic Super Delightful

The College is making an effort, and I appreciate that. However, Parton is notoriously bad at dealing with trauma as I mentioned above.

Make them more well known

SEX EDUCATION

I do not find Middsafe to be sufficient. I do not think peer counseling is adequate for severe trauma and PTSD. I would never call Middsafe because I do not trust the confidentiality or professionalism of student peer counselors. I think Middlebury constantly highlights Middsafe and Green Dot as a pinnacles of anti-rape activism. I feel that Middlebury spends too much money giving out Green Dot tshirts and not enough actually educating students. No one is going to sign up voluntarily for a 5 hour green dot training, no matter how many tshirts you give out. I think Green Dot should be more frequently offered one-hour trainings.

More workshops or general awareness (posters maybe?) about rape and sexual/emotional violence within relationships could be good

I have read the posters placed in every bathroom multiple times and am familiar with what resources are offered, but cannot speak to how effective these services are. I think that the topic warrants further investigation as there is a significant difference between knowing what resources are offered and understanding how well these resources preform.

There need to be additional ways of reporting. Survivors or sexual assault may want to report what happened without wanting to go talk to a member of the faculty, because obviously it can be really hard to talk about. We should be able to report sexual assault without it feeling like a confession.

more green dot training, refresher sessions.

I am a survivor of sexual assault from an incident on this campus. I was referred to a therapist outside of the college by my dean because my dean told me that the counselors here were pretty bad. I've also had friends who were also victims tell me that they went to see the counselors at Parton and they were really ineffective. My SANE exam went really well though, and one of the nurses there really cared for me. So medically, yes, Midd does a good job, but psychiatrically, not at all.

I guess give victims more credit? Sounds like that's a problem.

Find a way to decrease the burden for reporting and prosecuting experienced by victims -- while I know it's often a
sticky situation and sexual misconduct is a serious legal charge, there needs to be an understanding that cases of sexual misconduct are rarely false reports. Somehow the attitude surrounding sexual misconduct needs to make the process easier / less traumatic for victims -- right now, unfortunately (and it's not all necessarily the school's fault, i.e. in the case of John Doe) the law favors perpetrators instead of victims.

Better ways to learn who to talk to about it while coping/figuring out what happened

I think green dot is a great program and it is successful to a certain extent in preventing sexual misconduct.

More outreach (emails) to spread awareness of these programs

More emotional support needed

The resources provided within the Commons system (FYCs, Commons Deans, etc) are extremely effective and convenient to use. Perhaps this should be relied predominantly on if not already

Regarding sexual assault - self defense classes for women

Make the process for reporting more transparent and accessible.

Give MiddSafe more money/resources to do more training and outreach work! (Also the SGA Committee on Sexual and Relationship Respect is nearly pointless - it may do good to find another avenue for their work and for them to communicate more with the resources already involved on campus).

Promote WomenSafe more

The system for reporting sexual assault is totally fucked

This is another area in which (based on what I have heard from other students) the college fails its students, but as I have thankfully not been seriously sexually assaulted (only a few times in minor ways that I was able to deal with on my own or with the support of friends) I don't think I am the right person to advise the college on this.

I think over the past year+ parton has done a great job at trying to increase resources and services available to prevent/support students in this realm. More than anything, these resources need to be made more widely known to the student body as I still have friends who feel "helpless" and "alone"/unaware of these resources.

I do not feel adequately informed -

Have a survivors counsel that victims might want to communicate with?

During Reslife training FYCS and RAs were not taught to support people going to the hospital and getting rape kits after sexual assault. This is a shameful act of the college trying to cover its ass and appear safer than it is by essentially depriving students of the ability to have concrete evidence against their rapists. The reslife staff should be trained to protect students, not the college.

Actually punish students who commit sexual assault and harassment. If the police are involved the college needs to be an advocate on behalf of its students and not let them handle difficult situations on their own.

I have not personally been a victim of sexual assault so I don't know if I could give specific suggestions on how to improve how Middlebury should handle it, but I have heard from people who have been very unhappy with how it is handled currently.

Therapy for those who have experienced sexual misconduct would be effective. I'm unsure as to whether the ilegal provides this service.

unfortunately I am not sure that these services are advocated enough to improve the number of people to access them

make appointment schedule an option online so that you don't have to walk in and write down STI testing as your reason for visiting on the login sheet

I selected I do not know what resources are available, but I do know what resources are available--I just have never experienced any need for them.

Survivor support group
I think this college has SO MUCH GOING ON. They try to cater to our needs and wants and have created a super privilidged environment I am grateful to be in. How could we ask for more resources? If we can't be happy with the resources we have, in this beautiful campus full of smart, interesting people, we should do some self reflection on ourselves.

Rather than dealing with the consequences of sexual assault, the college ought to focus on reducing situations that facilitate sexual misconduct. Better community support, particularly for freshman, would be helpful, as well as sex/relationship education. Going out on the weekends at Middlebury (which often leads to assault-type situations) is a norm in part because it's challenging to find other activities and difficult to find other spaces to gather in different ways. The largest and seemingly most comfortable community spaces are those where parties occur, and therefore where it seems the majority of the student body finds itself on weekends, particularly freshman who feel they have few other options.

As a cisgender male, I have never felt vulnerable to sexual assault and a have below-average knowledge of whatever resources the administration might provide. I support the strengthening of sexual assault support on campus, but I will leave the specifics to my intellectual betters.

just tell everyone to not RAPE anyone else. just make that super clear.

I don't understand the details. If there is a website explaining the details than I think it should be better publicized

GreenDot needs to be a requirement for Middlebury freshmen.

I DIDN'T KNOW STI/STD TESTING WAS FREE!! I always use Parton but have always had to pay a lot (I care about my sexual health so I’m good shelling out a little money to have some fun but STILL!) AMAZING!

The administrative process needs to be clearly explained to students who have experienced sexual misconduct so that students clearly understand what their options are and why certain things are being done. A friend recently had this issue, and it took a while for someone in administration to fully explain to them why things were being done the way they were, and it was not until this happened that my friend felt like there were people on their side, whereas previously they felt they were being ignored by administration.

I experienced sexual assault, and though I did not report it, it was not because of a lack of resources but just because of personal reasons. I felt that if I had wanted to report it, I would have received enough support.

I think there is always a need to continue advocating for improved resources and services at the school with regards to sexual misconduct. I know some friends have had to jump through a lot of bureaucratic hoops. If there was some way to streamline this process and allowing the person presenting the case to truly have their say, it would be an improvement.

Recently, I attended the Post Traumatic Super Delightful (PTSD) play that was hosted on Middlebury's campus. I found this play very insightful and helpful in understanding what our campus has to offer as well as just the topic in general. I think programs such as these, that are fun, engaging, while also well-grounded in reality, are very helpful and definitely should have a place at Middlebury.

Perhaps including in the health and wellness seminar during orientation, the different resources available for when sexual misconduct occurs.

The College needs to do a better job not only educating incoming students (which is reinforced through orientation and makes it a more uniform education--great, but what about students who miss an event?), but current students and faculty when they implement new programs. I came back to campus after some time away and only learned about Green Dot because of a discussion in my sociolinguistics class. I was also surprised because my professor, who has been teaching at Middlebury for more than five years, had not heard at all of the initiative. While it is good to know of such a program so that we could discuss how Middlebury College proactively works towards safer community, it is far more valuable when a new and important program as this is integrated smoothly so that it can be utilized. This experience made me feel like Green Dot was being implemented like some sort of blanketing solution, not as a deep-functioning, investment-worthy part of college culture. (I also understand that there likely was/is a pilot program to test how it works and that we very well may be still in those stages.) Green Dot has even changed since I first learned about it, but I only heard about these changes because I worked with Green Dot volunteers for an unrelated college position. Please integrate this with current students somehow. I feel the same way with JusTalks as well. There is so much that upperclassmen can benefit from by being able to learn and improve
upon a place and community that they have already developed a personal relationship with.

More emails, more advertising

Some students do not reach out for help in fear of it being reported when they are unsure whether they want to report or not. I think there should be people that can give advise but not have to report.

More ways to report and clear rules about what happens when you report.

I believe in the Green Dot program and think that investing more resources into the program so that it could meet a wider audience would be a wonderful way to prevent instances of power-based personal violence.

no but I am extraordinarily concerned that the administration is getting rid of CRAs. I think that the CRA position does much more than the administration understands in terms of rape prevention as well as counseling. Hiring people who do not know this community and its intricacies and cannot speak to a current student experience here is a terrible, terrible idea

From those I know who have been sexually assaulted, the judicial process needs some serious improvement. One friend who went through this process explicitly stated she would not recommend someone who has been sexually assaulted go through the judicial board because the process is excruciating without sufficient results at the end of it. I feel like the school is really trying to reduce sexual assault, which is great. I think if the judicial process could be more streamlined that would be great. People also have to realize that going through the judicial process after being sexually assaulted is more a service to the community than to themselves. I've never gone through this process myself so it's hard to make recommendations.

Red Dot should be mandatory for all students (during Orientation or something)

Title 9 compliance is not compassion. Accusers should be believed and every step taken to support them in an efficient manner. If that is not possible the police should handle it, as they would any other sexual assault case.

green dot is a good start

Always have a SANE nurse at the health center 24/7.

The sexual assault process should be as streamlined and efficient as possible

should offer support for students who have been accused of/engaged in assault behavior

More mandatory exposure to students after their First-Year. I remember nothing from orientation.

The college should cooperate with the town's/addison county's sexual assault investigators and resources instead of having a completely separate system that does not adhere to established legal procedures for investigating and prosecuting sexual assault

I thought the John Doe rape case was completely unacceptable. It is horrifying that someone who has caused mental and physical trauma to another human being is able to come back to campus and graduate with a middlebury college degree.

I am concerned with how the school and town handled a recent stalking case that forced a student to drop out

Fire Ximena Meija. She has retraumatized at least 5 survivors that I know of, including myself, and is not a positive person to go see in regards to sexual assault and trauma.

Reform the sexual assault reporting process because it is abusive to the accuser. They've already suffered enough.

The reporting process through title 9 is so harmful to students I have seen go through it that they often say it's worse than the original assault. There's so much wrong with how the system works I don't really know where to start.

The College needs to be more persistent with following-up with Middlebury Police. It is too stressful, demoralizing, and time-consuming for a victim to continually follow up and demand a case number.

The college should tell people to go straight to the actual police, not PubSafe. It can't help bu Have conflicts of interest
As a woman, I strongly feel that these cases are best investigated by the police.