

**Qi Treatment** is a powerful form of energetic healing from China in which the client's life-energy (Qi) is brought into balance without any direct contact to the body; it is like acupuncture without the needles. Qi flows through the body in a network of energy channels. When the flow is blocked, congestion and depletion will occur and the Qi will be unable to flow to the places in the body where it is needed. These conditions create disease. The Qi healer stimulates the client's own energy potential and makes the Qi flow with maximum smoothness, so that harmony and balance are restored.

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Qi treatment is a common therapy in China, and both of Chiyan's parents are Qi healers who practice at a Qigong hospital in Xi'an China. They have cooperated in the research conducted by several medical universities and institutes of medical science. The extensive experimental evidence demonstrates that Qi treatment is very effective and successful.

Just sit down quietly and with Chiyan's non-contact assistance, you will enter a peaceful and wondrous state. Most people experience feelings of warmth, or tingling, and some may move involuntarily, while others just enter a trance state. The positive response from her many clients testifies to the success, the value, and worthiness of her treatments.

**Session Scheduling** for your Qi treatment is very important. The dates set for your visits are made for specific reasons, so please be sure to come on time, and please take regular treatments for best results. Otherwise your treatment will take longer and require more sessions. Similarly, please complete the whole course of Qi treatment. Even if one feels much better with little or no pain, one still needs several sessions to maintain a stable state. Failure to follow up will adversely affect the results already gained.

Basically, the more frequent the treatments, the better the results; so how many sessions does a client need? This depends on the specific nature of the client's condition. Usually, short-term (temporary) problems are quicker and easier than chronic complaints. A sprained ankle or sore back only requires two or three visits. Chronic problems may require five to seven sessions for the first course of treatment. Some people (those who are more sensitive) will recover, while others will need a second course of treatment or more. Healthy individuals may elect to maintain a one treatment/week program for energizing and circulation.

**Practice the Qigong Exercises** on your own for self-healing and maintenance. By combining external Qi healing through Chiyan with internal Qi healing on one's own, people can multiply the benefits they receive.

Try the most natural, effective, and profound medicine that is located within your own body and you will discover a fantastic gift for healing yourself!

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