

# *Taoist Light Qigong Healing*

Present by Chiyan Wang, a certified Qigong instructor from China with 30 years of Qigong healing and teaching experiences.

## *Taoist Light Eye-Healing Workshop*

Saturday, August 2<sup>nd</sup>, 2014; 1-4 pm — \$65



Sitting free-form practice that focuses the Qi and the intent on the eyes to heal eye-diseases, improve eye-sight, and relieve eye-strain.

## *Taoist Light Medical Qigong Workshop*

Saturday, September 6<sup>th</sup>, 2014; 1-4pm — \$65

Standing formless style of practice to understand the nature of illnesses, and only a few minutes a day to heal physical illnesses.

Workshop Location:

The Yoga Channel Studio  
2520 Roosevelt Blvd.  
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