



# I-Ching QIGONG

*An ancient Chinese practice for Self-Healing*

by

*Authentic QIGONG INSTRUCTOR FROM China  
with 35 years of experience*

*Chiyan Wang*

I-Ching Qigong is supplementary to Taoist Light Qigong Level I. It is more suitable for students who have practiced Taoist Light Qigong Level I for three months. There are five more postures and initiation words added to the five sections Level I students have already been practicing, so there will be ten sections that are practiced in the same amount of time. Practicing I-Ching Qigong brings harmony and flow between ourselves and our outer world: people relationships and the Macro-Cosmic Orbit (Greater Heavenly Circulation) with the universe and the healthy environment. I-Ching Qigong will also deepen the healing on the emotional level for spiritual enlightening.

**Welcome to continue on your individualized healing journey!**

Saturday: July 28, 2018; 10:00am-4:00 pm

411 E. Canon Perdido Street, Suite 16

\$200 registration fee (including training, instruction book, and lunch)

To register

please email or pay on-line:

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