



Texas Rowing For All's Weekend Paddling Camp November 5,6



Who: This fun filled weekend camp is for kids and young adults ages 8 and up. We welcome kids of all abilities. Siblings, parents and aids are welcome to join over the weekend.

What: The weekend camp will consist of kayaking, canoeing, standup paddling, and an introduction to the indoor rowing machines.

When: Saturday November 5 and Sunday November 6 from 10:00-1:00PM

Cost: \$60 per camper

Where: Texas Rowing Center 1541 W. Cesar Chavez St. We will be meeting at the picnic tables on the docks.

Enroll: To sign up please email Tony Kuhn: tony@texasrowingcenter.com

Weekend Paddling Camp

November 5,6 - 10:00-1:00PM

First of all, welcome to each camper who will be attending Texas Rowing For All's Weekend Paddling Camp. Camp is held daily at Texas Rowing Center, just behind Austin High School on the north-shore of Lady Bird Lake on the Hike & Bike Trail.

Our Weekend Camp is scheduled for November 5,6. Camp starts daily at 10:00AM and runs through 1:00PM. Staff will be on site from 9:30-1:15, please be prompt!

What to expect:

Weekend Camp is a place to be yourself, make new friends, and engage in new experiences.

The Weekend Camp will be similar to our summer camps, where we will do a lot of paddling (kayaking, canoeing, and stand up paddle boarding). If the weather cooperates, we will be paddling to certain locations such as Barton Creek, Red Bud Isle, or possibly make our way to the Congress Bridge. One goal we have with the Weekend Camp is to introduce the campers to the "Erg" rowing machines. This will give our campers a taste of what rowing would be like.

What to wear:

Weekend Camp by nature is a camp where you will get wet! Please wear comfortable shorts and t-shirts. You can also wear a bathing suit, but you will want to have shorts and shirt over them. Jean shorts, when wet can become tight and uncomfortable...so we would encourage to not wear jeans, but wear loose shorts that are comfortable!

Hat: Since we will be outside for the bulk of the camp, having a cap or hat is very much encouraged! Being on the water—reflects the sun in a double way, a hat will help keep you cool and ward off sunburn!

Shoes: Your shoes will get wet without a doubt! Please wear tennis/athletic shoes daily. Sturdy sandals with secure strapping is fine too.

Life jackets are REQUIRED every time we get on the water. We will furnish you with all safety equipment as part of the Camp experience. Be prepared to wear a life-jacket!

What NOT to bring!

- **PLEASE DO NOT bring to camp: any electronic devices: including cell phones, i-pods, video gaming devices, radios, MP3 players, etc.
- **Please do not wear or bring: flip-flops or any unsteady shoes.
- **Please do not bring: money, jewelry or anything of value.
- **Please do not bring: rafts, blow up toys, water tubes, etc.
- **Please do not bring glass bottles or anything in breakable containers!

Please mail or email the application, waiver, and payment to Tony Kuhn:
tony@texasrowingforall.org

"I am in the process of moving, so please email me the application and I can either receive payment on the first day of camp, or I will let you know my new mailing address once I am settled in" Thank you for your understanding - Tony

**Texas Rowing For All's
Weekend Paddling Camp
November 5,6 10:00-1:00PM**

Camper Information Form

Camper's Name: _____

Address: _____

City: _____ Zip: _____ Campers Disability: _____

Age: _____ Email: _____

Parent / Guardian: _____ Phone#: _____

Emergency Contact:

1. (Name & Phone #) _____

2. (Name & Phone #) _____

More Information & History:

1. Please list any allergies.

2. Are you taking any medications?

3. Are there any accommodations that your camper will need for this camp?

4. Are there any "triggers" that we should be aware of with the Camper's situation / behavior / medical concern? Please explain:

5. Is there anything else we should know about your camper?

6. Campers swimming ability?

Texas Rowing For All

Waiver and Release of Liability and Publicity

(READ BEFORE SIGNING)

This form must be completed and signed by each person who desires to participate (athletically, volunteer, or otherwise) in Adaptive Sporting Events sponsored by the Texas Rowing For All-Paralympic Sport Austin, Texas Rowing Center, and U.S. Paralympics.

In consideration of being allowed to participate in any of the Programs and related events and activities, the undersigned acknowledges and agrees as follows:

I, _____, HEREBY, FOR MYSELF, AND ON BEHALF OF MY HEIRS, ASSIGNS, PERSONAL REPRESENTATIVES, AND NEXT OF KIN, COVENANT NOT TO SUE AND RELEASE, HOLD HARMLESS, AND FOREVER DISCHARGE, TEXAS ROWING FOR ALL-PARALYMPIC SPORT AUSTIN, TEXAS ROWING CENTER, U.S. PARALYMPICS, USOC, ANY CO-SPONSORING ENTITIES OF THE PROGRAMS, ALL OF THEIR OFFICERS, DIRECTORS, MEMBERS, AGENTS, AND/OR EMPLOYEES, AND ANY AND ALL SPONSORS, OFFICIALS, VOLUNTEERS, AND OTHER PARTICIPANTS OF THE PROGRAMS (COLLECTIVELY, THE "RELEASEES") FROM ANY AND ALL LIABILITY, CLAIMS, DEMANDS, ACTIONS, AND CAUSES OF ACTION WHATSOEVER ARISING OUT OF OR RELATED TO ANY LOSS, PROPERTY DAMAGE, OR PERSONAL INJURY, INCLUDING DEATH, THAT MAY BE SUSTAINED BY ME OR ANY PROPERTY BELONGING TO ME, WHETHER ARISING FROM NEGLIGENCE OF ANY OF THE RELEASEES, OR OTHERWISE, WHILE PARTICIPATING IN THE PROGRAMS.

THE RISK OF INJURY FROM THE ACTIVITIES INVOLVED IN THE PROGRAMS IS SIGNIFICANT, INCLUDING THE POTENTIAL FOR SERIOUS BODILY INJURY, DEATH, AND PROPERTY DAMAGE. I AM FULLY AWARE OF THE RISKS AND HAZARDS ASSOCIATED WITH PARTICIPATING IN THIS ACTIVITY AND I VOLUNTARILY, KNOWINGLY AND FREELY, WITHOUT ANY INDUCEMENT OF ANY KIND, ASSUME ALL SUCH RISKS; BOTH KNOWN AND UNKNOWN, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, EXCEPT THAT WHICH IS THE RESULT OF GROSS NEGLIGENCE OR WANTON MISCONDUCT, TO THE FULL EXTENT PERMITTED BY LAW. I KNOWINGLY AND VOLUNTARILY ASSUME ALL RISKS, BOTH KNOWN AND UNKNOWN, AND ASSUME FULL RESPONSIBILITY FOR ANY PERSONAL INJURY, INCLUDING DEATH, THAT MAY BE SUSTAINED BY ME OR ANY LOSS OR DAMAGE TO PROPERTY OWNED BY ME AS A RESULT OF BEING ENGAGED IN SUCH ACTIVITY. I willingly agree to comply with the stated and customary terms and conditions for participation. If, however, I observe any unusual, significant hazard during my presence or participation, I will cease participating and bring such hazard to the attention of the nearest official immediately.

In the event that I am unable to do so because of an injury or illness, I hereby consent to the administration of first aid or other medical treatment. I agree to assume full responsibility for payment of any and all fees incurred as a result of such medical treatment. I understand that all participants in the Programs are required to have their own medical insurance coverage, and that neither Texas Rowing For All-Paralympic Sport Austin, Texas Rowing Center, U.S. Paralympics or any other sponsoring entity provide such coverage.

I hereby voluntarily and without compensation authorize visual images and/or voice recordings to be made of me by or on behalf of Texas Rowing For All-Paralympic Sport Austin, Texas Rowing Center, U.S. Paralympics, USOC, and other sponsoring entities during the TRFA sponsored Programs. I also authorize the foregoing entities and their assigns to reproduce, modify, publicize, broadcast and display any such visual images or voice recordings, with or without my name, without notice or payment of any royalty, fee, or other compensation of any character to me for the use of my image, name or voice.

I hereby covenant not to sue and release the Releasees and their employees, contractors, licensees and assigns from and against any and all claims that I may have for invasion of privacy, right of publicity, defamation, copyright infringement, or any other cause of action arising out of the use, adaptation, reproduction, distribution, broadcast, or exhibition of my likeness, name or voice.

This covenant not to sue, release and hold harmless agreement is binding on me, my heirs, assigns, personal representatives, administrators, and next of kin.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT INDUCEMENT.

Participant's Signature

Date

Participant's Printed Name

Texas Rowing For All
Waiver and Release of Liability and Publicity

PART B – PARENT/GUARDIAN WAIVER/RELEASE OF LIABILITY

(If applicant is under eighteen (18) years of age, a parent or guardian must sign in addition to the above, the following waiver.)

The undersigned, _____, referred to as the parent and natural or legal guardian of the Participant does hereby represent that he/she is, in fact, acting in such capacity and covenants not to sue for and agrees to save and hold harmless and indemnify each and all of the parties herein referred to above as Releasees from any and all liabilities and claims for expenses, damages, or any other losses whatsoever which may be imposed upon said Releasees because of any defect in or lack of such capacity to so act and release said Releasees on behalf of the undersigned and the Participant.

Signature

Relationship to Participant

Date

Printed Name: _____