

LETTER WRITING INSPIRATION

Sometimes it's hard to know where to start,
here are some prompts to get you going:

- Send a note to someone who needs
a little support and encouragement*
- Seek magic today, share it in a letter*
 - Send your new favorite recipe*
 - Recommend a podcast*
 - Share a quote*
- Write about one thing that scares you,
make a plan to do it*
 - Share a memory*
- Write about something you are
noticing in this moment*
 - Ask a friend to hang out*
- Send a note to your co-worker*
 - Draw something*
- Write a note with one positive thing
that you've thought in your head
but didn't say out loud*
- Tell the recipient about your favorite writing utensil*
 - Tell a story*
 - Send a tea bag*
 - Send a playlist*
 - Send an affirmation,
like “you can and you will”
or “you are loved”*

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