



HELLO.

FEE STRUCTURE:

Swimmattix works on a **flat monthly rate**, which is one lesson a week at the booked time, should you join in the middle of the month you will be charged R110-00 per lesson until moving over to our monthly rate.

ANNUAL REGISTRATION FEE:

We require a R100-00 non-refundable registration fee per swimmer. This is charged annually.

LENGTH OF LESSONS:

LEARN TO SWIM LESSONS



BABY CLASSES, MINI LTS GROUP, ADULT CLASSES

(parent gets into pool)



SQUADS, MASTERS, AQUA CLASSES



ARRIVING ON TIME:

Please make sure you arrive 5 -10 minutes early for your child's swimming lesson. Late arrivals will result in receiving only the remaining time of that lesson.

PAYMENT:

Fees are charged upfront for the month and are expected to be paid by no later than the 10th of the current month.

A R70-00 penalty will be charged onto your account for late payments.
(An annual fee increase will happen from 1 January.)

BANKING DETAILS:

Bank: FNB **Account Number:** 62481729469
Branch Code: 260209 (Pinelands)

OUR CALANDER:

Part 1: 09 January 2017 to 25 June 2017

Part 2: 10 July 2017 to 17 December 2017

We are closed on Public Holidays. Fees are worked out on a flat monthly rate and do not change due to public/school holidays.

FEES FOR 2017 :

BABY CLASSES, LEARN-TO-SWIM, MINI SQUADS, ADULTS:

R400-00 a month per swimmer, one lesson a week (Bergvliet & Bellville)

R420-00 a month per swimmer, one lesson a week (Pinelands & Tokai)

SQUADS AND MASTERS: (OLD MUTUAL GYM)

R360-00 a month for once a week per swimmer

R520-00 a month twice a week per swimmer

AQUA AEROBICS CLASSES:

R360-00 a month per person, one class a week.

MISSING A LESSON:

Lessons that are missed are considered forfeited. As we work on a tight schedule make up lessons tend to be impossible. It is unfortunate that children do get sick and have unforeseen commitments that interfere with lessons, but our teachers make a commitment to be at the pool and need to earn their salary accordingly. Fees are still payable for lessons missed.

TERMINATION/POSTPONING OF LESSONS:

Two month's written notice is required in the event of terminating, postponing or changing lessons.

KEEP IN TOUCH



Please make sure you have downloaded our app: **D6 School Commicator** & select Swimmattix, available on both your desktop & smart phone.

(021) 827 9768 (Office Hours: Weekdays 09H00 - 15H00)

info@swimmattix.com | accounts@swimmattix.com

www.swimmattix.com

WE LOOK FORWARD TO HAVING YOU JOIN OUR FAMILY.

THE SWIMMATTIX TEAM.

PINELANDS
7 LIBERTAS WAY

PINELANDS
THE GYM @ OLD MUTUAL

BERGVLIET
12 AIRLIE ROAD

TOKAI
22 DALMORE ROAD

BELLVILLE
12 GAINSBOROUGH STREET



WHY DOES MY CHILD CRY?

Many children who come for lessons at Swimmattix Swim School cry when they first start. Moms and Dads, your family is not the only one. Knowing you aren't alone won't make it any less stressful, but we hope knowing it is common can help ease your mind. Here are some reasons behind the tears.

WHY IS MY CHILD CRYING?

Your child could be dealing with separation anxiety, which is a natural part of growing up. It could also be that your child is in unfamiliar surroundings and meeting a bunch of new faces in the pool. Or it could be because having water in the ears is a very different kind of sensation that takes some time getting used to.

Sometimes, however, it's a little more than that. If your child has special needs, including Down syndrome, autism, sensory issues, ADHD, issues with motor skills or other concerns, there may be more at play to the crying. But rest assured, Swimmattix Swim School helps kids with special needs learn to swim, too. Talk to us so we can adapt our lessons plan.

Although each child progresses at a different pace, the tears do stop and your child will learn to enjoy their lessons with us. Sometimes the tears also come back when a new activity or exercise starts, don't worry it will also pass.

WHAT NOT TO DO!

Here are some DON'TS when it comes to your child's swimming lesson with us at Swimmattix Swim School:

DON'T OFFER BRIBES.

It may sound like a good idea, but it's actually counter-intuitive! In just a short time, your child will be enjoying every lesson.

DON'T DISCONTINUE LESSONS.

Swimming is an important lifelong skill that all kids should have. Stopping lessons shows your child that it isn't important.

DON'T ALLOW YOUR ANXIETY TO SHOW THROUGH.

It's hard to see your baby upset. We get it. But, it's amazing how much little ones pick up from those around them. If you seem anxious to let your new swimmer into the pool, they'll feel that and react to it. It's kind of like when they were a newborn — if you were calm, it was much easier to calm the baby, right? So relax and know you're doing a great job by bringing them to swimming lessons.

DO NOT USE SWIMMING AS PUNISHMENT.

Swimming must be seen as something fun, even if your child hasn't realised that yet.

DON'T BECOME THE TEACHER.

Our highly qualified teachers know what they are doing, let them do their jobs - we promise you they will win your child over and get them swimming and loving it at the same time.

WHAT CAN I DO?

You can help ease your little one's anxiety in the following ways:

STAY OUT OF SIGHT.

You want to be around your little swimmer to reassure them. Our instructors use integrity, compassion and trust to make your child feel safe and comfortable in the water, but we can't compete with mom and dad when it comes to that instant security! When your little one sees that you trust us with them, they'll realize they can trust us, too. Also when you're not right next to them, then your child will be able to stop thinking about you and focus on how much fun they can have in the water!

SUPPORT AND ENCOURAGEMENT.

Take the time to congratulate them after each lesson and always give lots and lots of praise on the way home.

REINFORCE DESIRED BEHAVIORS.

We celebrate everything at Swimmattix Swim School — from getting in the water, not crying, and learning a swimming skill — and that means you can reinforce all those accomplishments as well! Help your child during swimming lessons by focusing on the positive things you see and remind them before each lesson about the great things they did before so they can do them again.

PRACTICE SKILLS AT HOME.

You can practice those new skills at your own pool if you have one, the gym pool or practice those swim skills at home during bath time. Blowing bubbles and getting the face wet is normally the hardest mountain to climb, so take 5 minutes out of bath time every night and practice these skills. The more comfortable your child gets in and around water of any kind, the more they will be excited to get in our pools!

SPEAK TO YOUR TEACHER



Take the time to speak to your child's teacher after the lesson if you have any questions you would like to ask., they will happily answer any.

If you do not get a chance on the day of the lesson, please give us a call or drop us an email so we can put your mind at ease if something is bothering you or if you would like to understand better why a certain activity was done in your child's lesson

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