mmb LAB

Participate in a research study to determine how common lifestyle choices affect the immune system

Eligibility requirements:

- Age 21-40
- No chronic health concerns. If female, not pregnant.

The Microtechnology, Medicine and Biology Lab at the University of Wisconsin-Madison (mmb.bme.wisc.edu) is conducting a study to determine how exercise, caffeine consumption and ethanol ingestion (lifestyle factors) affect the immune system. The study will be completed in one visit lasting approximately 1.5-4 hours and includes having blood drawn by finger prick three times: once upon arrival and twice following participation in the lifestyle factor.

If you are interested in participating in any of the three cohorts, contact Alice Puchalski via telephone at 608-263-7272 or via email at alice@bme.wisc.edu.

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