

Title

To be included in the title is the treatment (i.e. massage therapy), the results of the treatment (i.e. increase in ROM) and the condition of subject (i.e. frozen shoulder). For example Massage therapy increases glenohumeral ROM in volleyball player after rotator cuff surgery: A case report.

Introduction

1.Importance of the case

2.Terms that must be understood to understand the case (i.e. TMD, Frozen Shoulder, NMT, etc...)

3.The condition

- a. How common is it?
- b. Common signs or symptoms?

c. Common treatments?

d. Other characteristics people should know (i.e. specific population effected? Quality of life for subject?)

4.Literature Review

- a. What keywords did you use to search?

b. What relevant articles did you find?

c. What information from those articles is pertinent to your case?

The Case

5. Subject

a. Demographics of subject

b. Relevant medical history

c. Other treatments and results

d. Subject's goals from treatment

6. Treatment

a. Pre-Tx Measurements

b. Describe treatment in detail making note of type of treatment, body regions, number of sessions, duration of sessions, etc... Extreme detail is needed so the treatment can be repeated.
