Social Skills Group

A fun and interactive group to fit your social needs

Groups:
- General
  Conversations, joining groups, understanding humor, reading body language, peer conflict, bullying, reaction size
- ADHD
  Blurtng, whole body listening, flexible thinking, monitoring reaction size, the boring moment, impulse control
- Girls ONLY!
  Same topics as general group but provides a safe environment for expression regarding developmental changes

The Social Skills Groups are designed for children who have difficulties with social communications. The group’s comprehensive, curriculum is based on the work of Michelle Garcia Winner’s “Think Social”. The curriculum reflects the belief that children can become more socially competent if they understand how the social world works and why specific goals are important in different contexts.

Participants will learn to:
- Think about what others are thinking
- Observe others behavior and feelings, and then detect motives
- Realize that others are always thinking about them
- Understand what makes others feel good and how that influences friendship
- Initiate and maintain conversations with all partners
- Monitor their behavior while with others

Group participants will meet once weekly for 60 minutes. For greater benefit to each participant, parent/guardian participation is mandatory for the last 5-10 minutes of each session to meet with the group leader for discussion and review of handouts.

All Groups are based on a private pay format. Please contact Therapy OPS for more information.

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