

HEALTH & NUTRITION Programs

Tampa Family Health Centers

Since 1984, Tampa Family Health Centers (TFHC) has been committed to its mission: to provide quality, caring and accessible health care to a culturally diverse community. TFHC is the patient centered medical home to 93,000 patients in 17 locations throughout Hillsborough County and no patient is ever turned away because of inability to pay. In Sulphur Springs, TFHC has highly experienced, board certified providers who offer the following services: Family Practice, Pediatrics, Women's Care, Pediatric and Adult Dental, Podiatry, and Optometry. In addition, the center offers an on-site Pharmacy, Financial Assistance, and Community Resources Navigation Services.
Clinic Hours: Monday-Friday, 8:00am-5:00pm
Pharmacy Hours: Monday-Friday, 8:30am-5:30pm
Dental Hours: Monday-Friday, 8:00am-5:00pm
Extended Hours: please visit the website for locations at www.tampafamilyhc.com
For Appointments: 813-397-5300
Contact: For additional administrative information, contact Harold Jackson at HAJackson@HCNetwork.org
Location: Tampa Family Health Centers Sulphur Springs, 8108 N. Nebraska Ave., Tampa, FL 33604

YMCA HEALTH AND NUTRITION PROGRAMS

The YMCA provides a range of nutrition and wellness activities for the Sulphur Springs community. Two of the current programs are as follows:

Sulphur Springs Community Garden

Maintained by the YMCA staff and residents, the Community Garden is open to the public as a space to plant, harvest and gather. Seasonal projects are great learning and volunteering opportunities.

Days/Times: Open year-round

Location: Directly opposite of Layla's House

Contact: Urtorio Brown at 813-399-5988 or urtorio.brown@tampaymca.org

Veggie-Van

The Veggie-Van is a Mobile Market Place which brings healthy fruits and vegetables to your neighborhood.

Location: As scheduled

Contact: Elizabeth Roman at 813-229-9622, extension 1729 or Elizabeth.roman@tampaymca.org



SULPHUR SPRINGS
NEIGHBORHOOD
of PROMISE



COMMUNITY Programs

FAMILY SUPPORT

Devereux Kids Family Support Services

Providing mentoring and support for families with a minor child living in the home in the 33604 zip code; Partnered with a mentor, the program brings together the family's natural support system and providers to help them achieve their individual goals and meet basic needs that will improve overall family functioning, so that their children can thrive. Self-referrals from motivated families are welcome.

Parent Support Group - Devereux is also offering families ongoing social connection through parent peer groups. This group gets together for social and emotional connection and fun. (Parents supporting each other). Devereux provides childcare, refreshments, activities, field trips, workshops, conferences and other events. There is no cost. Any parent or caregiver can participate.

Contact: Devereux Kids at 813-915-7101 or stop by the Sulphur Springs Resource Center Monday through Thursday.

JOBS AND OTHER SERVICES

Sulphur Springs Resource Center

Provided by United Way Suncoast, the Resource Center provides a range of services

including employment assistance, computer access, education training, legal assistance (non-criminal), notary services, and financial assistance.

Hours: Monday-Thursday, 8:00am-7:00pm; Friday, 8:00am-2:00pm

Contact: Eduardo E. Feliz at 813-936-3064 or EFeliz@uwsuncoast.org

Location: Sulphur Springs Resource Center, 8412 N. 12th St., Tampa, FL 33604

HOUSING

Affordable Housing in Sulphur Springs

Rebuilding Together Tampa Bay has recently announced a major affordable housing program in Sulphur Springs. Eighteen new homes will be built with the goal of doing 6 houses every 6 months. There will be 3 bedroom/2 bath homes and some 4 bedroom homes. In addition to the new homes, RTTB will continue with its home renovation program and eighteen renovated homes are proposed.

Contact: Jose Garcia, at 813-878-9000 or visit www.rttb.org

Building a Healthier Sulphur Springs (BAHSS)

Provided by Rebuilding Together Tampa Bay, the BAHSS program is designed in partnership with Sulphur Springs Neighborhood of Promise to improve the homes and lives of qualified low-income residents (owners and tenants) at no charge. The program consists of the delivery of the following services: the

installation of a variety of products which will improve the health, safety and energy efficiency within each household via a Health Home Kit; home maintenance and fiscal responsibility educational workshops; and supplemental support from community organizations, ensuring on-going community building programs. Do not miss this opportunity. Program is offered on a first-come, first-served basis.

Contact: Jacqueline Reddick at 813-878-9000, extension 3 or visit www.rttb.org

Location: As scheduled

Solita's House...Providing the Keys to Homeownership

Solita's House Inc. has the vision to become a national leader in providing individuals and families with education, coaching and partner resources to promote positive behaviors which expand their economic capacity, enable wise use of credit, grow individual and family assets and support quality living in the community. Solita's House offers Home Buyer Education Workshops, Financial Literacy Workshops for youth and adults, Savings Match Programs as well as Credit Builder Loan Products that can help increase credit scores. We also have payday loan alternatives for up to \$500. Services are free of charge.

Contact: Anthony Thomas at 813-425-4847, ext. 304 or visit www.solitashouse.com

Location/Main Office: 3101 E. 7th Ave., Tampa, FL 33605

Location/Sulphur Springs Office: Community House, 1505 E. Eskimo Ave., Tampa, FL 33604

2017
SUMMER
Programs



EDUCATION
CAREER
COMMUNITY

www.ssnop.org

For more information about SULPHUR SPRINGS NEIGHBORHOOD of PROMISE,
Contact: Jacqueline Coffie Leeks, SSNOP Executive Director, 813-927-6407, Jacque@ssnop.org



Visit us at www.ssnop.org

EDUCATIONAL Programs

EARLY CHILDHOOD LEARNING *Prenatal-5 years old*

Layla's House

A parent and child together learning center for early childhood development and family support from birth to age 5; provided by Champions for Children; summer programs are outlined below:
Days/Times:

Explorers Club, June 5-July 28. Register now for a fun and exciting summer with our little explorers. Different topics each week and FREE family field trips!

Ballet @Layla's House, Classes are offered for eight weeks ending with a dance recital for family and friends! Date to be determined. Please call for more information.

Baby University, May 3-June 14. For expectant moms and dads. Have the smartest baby on the block! Graduate from our 7-week series where you learn about building attachment, safe baby, reducing stress, boot camp for dads, joy of play, literacy fun and health.

New Mom's Support, 1st and 3rd Wednesdays, 2:30pm.

Contact: Call 813-443-5004 or visit

www.laylashouse.com; or find us on Facebook for other activities.

Location: Layla's House, 1506 E. Eskimo Avenue, Tampa, FL 33604

Parents as Teachers

Ongoing/open enrollment year-round; Personal visits customized for the needs of your family; Discuss parenting challenges you face and help you understand the ages and stages of your child.

Contact: Georgina Rivera, Parents as Teachers, 813-673-4646 ext.1145, Grivera@cfctb.org
Location: Home-based

Please consider Sulphur Springs Head Start for the 2017-2018 school year! A child must be at least 3 years old by September 1st of the year entering for public school. Contact 813-740-7870, Ext 379 for more details.



ELEMENTARY SCHOOL PROGRAMS *Kindergarten-Fifth Grade*

SCHOOL PROGRAMS

Rising Kindergartner Summer VPK (Voluntary Pre-Kindergarten)

The state-funded VPK program, provided by Hillsborough County Public Schools, is a readiness program designed to help all 4/5-year old students enter kindergarten ready to learn. This year the program is also open to students who have already completed VPK during the school year.

Days/Times: June 5-July 26, 2017 Monday-Thursdays, 7:30am-6:00pm

Cost: Free to eligible students

Contact: Sarah Hunt, VPK Lead, 813-975-7305, sarah.hunt@sdhc.k12.fl.us

Location: Sulphur Springs K-8 Community School, 8412 North 13th St., Tampa, FL 33604

COMMUNITY PROGRAMS

Big Brothers Big Sisters

One-to-one mentoring services primarily focused on youth at-risk for academic failure who are ages 5 through 8 (or kindergarten through 3rd grade) and their siblings. The outcomes sought include increased school attendance, on time promotion, increased parental involvement and positive social behaviors.

Contact: Vanessa Balazs, 813-997-6851, VanessaB@BBBSTampaBay.org

Location: Sulphur Springs K-8 Community School, YMCA and community-based

Community Stepping Stones

Summer Art Camp

Join Community Stepping Stones for a summer of ART! Learn to silkscreen; create a graphic novel and more.

Ages: 7-13 years

Days/Times: June 5-Aug. 4, 8:30am-5:30pm, Monday-Friday

Cost: FREE, Students must be preregistered; space is limited

Contact: Michelle Sears, 813-932-1950, Michelle@communitysteppingstones.org

Location: 1101 East River Cove St., Tampa, FL 33604

Frameworks

Offering social and emotional learning programs to bolster academic performance, build positive social emotional intelligence and enhance social awareness.

Contact: Shannon Veronesi at 813-574-6929 or Sveronesi@myframeowrks.org

Location: Sulphur Springs K-8 Community School, 8412 North 13th St., Tampa, FL 33604

Hope St. of Tampa's

Hope for Boys Program

Hope for Boys is a 3 week mentoring program for at-risk boys ages 9-13. The program is designed for boys that have exhibited truant or delinquent behavior. We provide academic enrichment, character development, community service opportunities, positive out of school activities, and faith-based programming.

Days/Times: Mondays and Fridays, 4pm-6:30pm

Cost: Free

Contact: Keith Babb, Operations Manager, (813) 575-0711, keith@hopestreettampa.org

Location: George Bartholomew North Tampa Community Center, 8608 North 12th St., Tampa, FL 33604

Hope St. of Tampa's Summer Music Camp

(Rockin' Rhythm Rodeo)

Rockin' Rhythm Rodeo is a 4 week music camp for youth ages 5-6. The camp teaches music through utilizing movement, Instruments, and bible stories. The camp culminates with a performance for the parents by the camp attendees.

Days/Times: Mondays and Fridays, 3pm-4pm
Cost: Free

Contact: Keith Babb, Operations Manager, (813) 575-0711, keith@hopestreettampa.org

Location: George Bartholomew North Tampa Community Center, 8608 North 12th St., Tampa, FL 33604

Sulphur Springs YMCA

#Best Summer Ever...Camp 2017

Community Learning Center Summer at the Y focuses on nurturing the potential of children and their growth in spirit, mind and body. We encourage fun and friendship. Campers are able to explore engaging education-based activities and curriculum, explore new interests and develop new skills through a variety of specialty and enrichment clubs, participate in weekly field trips and receive meals daily. There are varying specialty camps offered specific to each age group. Our summer camp is available to rising 1st to 7th grade students.

Days/Times: May 30-July 28, Mon-Fri, 7am-6pm

Cost: \$65 per child

Contact: Megan Smithyman, 813-924-4207, Msmithyman@tampaymca.org; visit www.tampaymca.org/ssymca

Location: Sulphur Springs K-8 Community School, 8412 North 13th St., Tampa, FL 33604

City of Tampa Parks & Recreation

Department Summer Camp Program

Summer Camp Program theme for 2017 is Summer Safari for Grades 4th-5th. The program will provide activities that include lunch, snack, sports programs, recreational basketball league, step /dance & cheer, arts and crafts, creative arts, game room activities, swimming, field trips, computer activities, life skills & character development programs and more.

Days/Times: May 30-Aug. 9, Mon-Fri, 7:00am - 6:00pm

Cost: \$80 per child - (\$15 recreation card is required; the card is Free for teens).

Scholarships Available

Contact: Harold Hart, Site Supervisor, 813-274-3315 Harold.Hart@tampagov.net

Location: Springhill Park Community Center, 1000 East Eskimo Avenue, Tampa, FL 33604

TEEN PROGRAMS *Middle and High School*

SCHOOL PROGRAMS

Middle School Tiger Camp

This program, which is targeted for incoming 6th graders, will provide an introduction to Middle School including academics, procedures, sports, social emotional, student government and behavior expectations. The program is provided as part of summer school by Sulphur Springs K-8 Community School.

Dates/Times: Monday, July 17 -Thursday, July 20, 2017, 9:00am-12:00 pm

Contact: Reggie Mathis, Assistant Principal for Middle School Curriculum, 813-975-7305, extension 225, Reginald.Mathis@sdhc.k12.fl.us

Location: Sulphur Springs K-8 Community School, 8412 North 13th St., Tampa, FL 33604

COMMUNITY PROGRAMS

Abundant Life Church

Offering a program for 6th to 12th grades, focused on positive social behavior, academic support (homework help) and college preparatory activities.

Contact: Curt McKay at 813-443-2538; schedule to be announced

Location: Abundant Life Church, 8117 North 13th St., Tampa, FL 33604

Big Brothers Big Sisters

One-to-one mentoring services primarily focused on youth at risk for academic failure. Our community-based program allows teens to develop a positive relationship with an adult mentor while having fun in the community. Outings with a mentor include arts and crafts, taking a bike ride or attending a sporting event. The outcomes sought include increased school attendance, on time promotion, increased parental involvement and positive social behaviors.

Contact: Vanessa Balazs, 813-997-6851, VanessaB@BBBSTampaBay.org

Location: Community-based



Sulphur Springs Museum

and Heritage Center

TEEN CHALLENGE

Sign up now! We need the leaders of tomorrow to be a part of the past, today! Students ages 13 through 17. Junior Volunteers at the Museum are young adults from the community who enjoy learning about Sulphur Springs, Spring Hill and Florida history. Teen volunteers donate their time:

- Researching and presenting guided tours at the Museum
- Organizing social media information
- Participating in special events, history activities and festivals
- Providing an incredible community role model to children and young adults
- Hours credited towards the Bright Futures College Scholarships program

Orientation and Training: Approved as a Bright Future volunteer location, The Museum's Junior

Docent Program encourages teens aged 14 - 17 to learn about Sulphur Springs, Spring Hill, Tampa and Florida history by participating in the fun action packed programs. Teens provide historic tours, demonstrate fun living history activities, play historic games, and much more. Mentors - adult volunteers support the junior volunteers. Presented in three sessions, this it is a year round program. Stipends available.

ALL NEW VOLUNTEERS MUST ATTEND ORIENTATION AND TRAINING.

Training provided for volunteers working in the following positions: greeter, historic presenter, receptionist, gift shop volunteer, social media.

Contact: For more information and to obtain an application, email sulphursprings14@gmail.com or call Norma Robinson, Director at 813-935-9402

Location: Sulphur Springs Museum and Heritage Center, 1101 East River Cove St., Tampa, FL 33604



City of Tampa Parks & Recreation

Department Summer Camp Program

Summer Camp Program theme for 2017 is Summer Safari for Grades 6th -12th. The program will provide activities that include lunch, snack, sports programs, recreational basketball league, step /dance & cheer, arts and crafts, creative arts, game room activities, swimming, field trips, computer activities, life skills & professional development programs and more. In addition, the program will also feature the City of Tampa's TLC (Teens Leading Change) & LIT (Leaders in Training) Programs.

Days/Times: May 30-Aug.9, Mon-Fri, 7:00am - 6:00pm

Cost: \$80 per child - (\$15recreation card is required; the card is Free for teens).

Scholarships Available

Contact: Harold Hart, Site Supervisor, 813-274-3315 Harold.Hart@tampagov.net

Location: Springhill Park Community Center, 1000 East Eskimo Ave., Tampa, FL 33604

Young Life

Young Life's summer is filled with programs that include community service and One-on-one with teens and group activities; Ongoing outreach and community service activities are provided;

Schedule: As available

Contacts: Russell T. Johnson, 813-389-5144, russellthomasjohnson@gmail.com

Location: As scheduled

Youth Spring Into Action Teen Council

Devereux Kids mentors youth ages 13-18 who are members of the Sulphur Springs Youth Leadership Council (YSIA). This teen-led program offers leadership development, community service projects, field trips for positive social interaction and mentoring/tutoring for scholastic achievement. YSIA focuses on educational advancement to promote student success through exposure to career exploration including college tours, as well as conducting workshops on college/career planning and tutoring and topics of interest to teens. Devereux staff work with parents as partners.

Contact: Terence Brown, 813-394-8968, tbrown14@devereux.org