



# Thomas Disaster Support Groups

Over the past several weeks, Hospice of Santa Barbara (HSB) has been vitally involved in assisting those affected by the Thomas Disaster. **In the wake of this disaster, HSB remains committed to serving our community as we have during past crises.** As our community begins to move forward, HSB is offering several support groups for people impacted by the disaster.

Each group will be guided by a licensed therapist and free of charge, but does **require pre-registration** to attend. The following support groups will be offered:

## Support group for adults that were in evacuation zones leading up to and/or after the Thomas Disaster:

Location: Hospice of Santa Barbara, 2050 Alameda Padre Serra Ste 100  
Day/Time: Saturday midmornings  
Dates: 6 week group, Feb 17th – March 24th

## Support Group for adults grieving the death of an acquaintance or friend due to Thomas Disaster:

Facilitator: Susan Whutkke, LCSW  
Location: HSB LBR  
Day/Time: Tuesday evenings  
Dates: 6 week group, Feb 20th - March 27th

## Pet Loss Support Group:

Facilitator: Susan Whutkke, LCSW  
Location: HSB Group Room  
Day/Time: Thursday noon hours  
Dates: 4 week group, Feb. 8th - March 1st

## Carpinteria Community Thomas Disaster Community Support Group

A time for community members to gather and shared how they have been impacted by the Thomas fire and flood, and offer mutual support.

Facilitator: Susan Whutkke, LCSW  
Location: Carpinteria Children's Project  
Day/Time: Saturday midmornings  
Dates: 4 week group, Feb. 10th - March 3rd

**For more information, or to join, please contact Amara at 805.563.8820 ext. 110 or visit us at [www.hospiceofsantabarbara.org](http://www.hospiceofsantabarbara.org)**