Hospice of Santa Barbara | 2022 Annual Report

You Made Everything Possible
Our beloved donors and volunteers made a big difference in 2022

Your kindness allowed us to serve 8,910 people in 2022 through all of our programs

As we emerged from the pandemic, Hospice of Santa Barbara continued helping those dealing with grief and illness, and offering education around end-of-life. It is only because of you that we were able to do this completely free of charge. Read on to discover how your generosity impacted the people served by our many programs.

Grieving adults find hope… thanks to your support

885 adults were supported through the loss of a loved one.

HSB’s caring counselors can make the difference between someone giving up, or moving forward with life one step at a time. This important work would not be possible without your support.

“When my son Cole passed at the young age of 32, it left me in a state of unbearable shock and sadness. I was grateful for the trained eyes and ears of the counseling staff to help me along the healing path. It is comforting to know that Hospice of Santa Barbara is always there to watch our backs and help guide those who need it on the healing journey.” ~ Deborah Beaudet

Your compassion allows our therapists to help those facing grief to find hope.

With your caring, kids can ease the pain of grief

293 children, teens, and their family members received individual or group counseling after losing a loved one.

Robert has stage-four lung cancer. David, his eight-year-old son, is struggling with the fact that his dad is likely going to die soon. Robert told us that when he picked up David at school one day, his son said, “Dad, a man came to see me today at school. He talked just to me and I was able to let go of something really heavy that I had inside, and now I feel very light.” The man who talked to him was one of HSB’s children’s counselors. Robert was moved by this, saying, “I didn’t even know he was carrying a burden because he has never said anything to me.” David will be able to talk to his HSB counselor for as long as he needs to.

Your generosity allows HSB’s counselors to help grieving children at their schools.
Because of you, Patient Care Services helped those with a life-threatening illness

- 383 patients were better able to manage their illness through our advocacy and support
- 531 immediate family members were assisted in caring for their ill loved one
- 56 people received nearly $15,000 in Quality of Life Grants to cover basic necessities

Compassionate Care of Carpinteria exists because of you

194 children and adults were helped through grief or illness.

Compassionate Care of Carpinteria, started in 2017, offers bereavement counseling for adults and children in our Carpinteria office, and on the campuses of the following schools: Carpinteria High School, Carpinteria Middle School, Rincon High School, and Aliso Elementary. Our Patient Care Services staff support Carpinteria patients with a life-threatening illness and their families—patients like “Alex”:

In 2022, “Alex” was diagnosed with lymphoma. Just as his family was coming to terms with the news, Alex’s wife suffered a severe stroke, and their lives were turned upside down. During their struggles, they found hope in the form of Compassionate Care of Carpinteria.

Our staff and volunteers stepped in to provide rides to appointments, grocery deliveries, counseling, and Quality of Life Grants to help Alex get to UCLA for treatment. Grief counseling is also available to the whole family when they need it.

You helped people like “Ana”

“Ana” had always been a stickler for her health. She ate healthy, exercised regularly, and never missed a doctor’s appointment. So when she got her first colonoscopy, the results shook her to her core. She had cancer. Her road was rough as she faced surgery and chemotherapy. But throughout her journey, Ana was lifted up by the kindness of others.

HSB’s volunteers provided groceries, companionship, and rides to appointments. HSB staff went with her to appointments to make sure she could communicate with English-speaking doctors. They helped make sure she understood her illness and her options for treatment.

As Ana continues her journey, she knows there will be more challenges ahead. Her biggest lesson from this? Trusting that support from our loved ones—and even from strangers—during difficult times makes all the difference.

Our supporters ensure that patients receive basic necessities like groceries.
With your help, we made conversations about death easier

HSB provided 988 community members and professionals training on issues of death and end-of-life.

This included 347 people who completed their MyCare advance health care directive. To find out how to complete your MyCare, visit www.GetItDoneSB.org.

Our virtual Illuminate Speaker Series drew 3,500 participants who enjoyed presentations by renowned speakers Sharon Salzberg, Amanda Kloots, Kristin Neff, Kelly McGonigal, Richard Louv, and Trudy Goodman and Jack Kornfield.

You made it possible for Spanish-speakers to get critical information

15,000 Spanish-speakers received timely information about critical resources through Mi Vida, Mi Voz.

We also trained 22 Spanish-speaking volunteers to facilitate workshops helping the Latino community complete advance health care directives through our newest initiative, Mi Vida, Mi Voz, Mi Regalo (My Life, My Voice, My Gift).

Visit mividamivoz.com for more information.

Volunteers make everything possible

115 volunteers lovingly gave 3,532 hours to help people in our community who are dealing with grief or illness.

We recently made a list of all the different ways HSB volunteers make the world a better place, and it added up to 102 different things! Many of them relate to helping patients with a life-threatening illness, such as spending time with an ill person, helping out so caregivers can take a break, taking patients to doctors appointments, picking up groceries or medications, walking a dog, or reading aloud to a patient. You may be surprised to learn that we also have a couple of specially trained volunteers who help out with support groups. One of these volunteers, Terri Bailey, has been co-leading our Healing the Loss of An Adult Child support group with Dr. Suzanne Retzinger for the last nine years.

“Terri and I have continued to learn from each other over these last nine years. I have the clinical skills and Terri has the experience of losing a child. Our openness and honesty allows parents to speak from their hearts as we sit in the fire with them. Terri is a terrific volunteer who has given her heart and soul to help so many people! She is the best and shines in her own light.” ~ Dr. Suzanne Retzinger, Hospice of Santa Barbara Bereavement Counselor

“HSB helped us after losing our daughter in 2011. I tell our groups every session that Hospice saved our lives. That you can have a life after a big loss. You will laugh again. HSB is available to kickstart your journey with grief. I’m glad I can be a part of helping someone else on their healing journey.” ~ Terri Bailey
Shining Light Society 2022

Our work would not be possible without our compassionate Shining Light Society donors. For a list of our other supporters, please visit www.hospiceofsantabarbara.org.

**Supernova $100,000 and Above**
- James S. Bower Foundation

**Superstar $50,000 - $99,999**
- Santa Barbara Foundation

**Aurora Borealis $25,000 - $49,999**
- Anonymous
- Christine & Maurice Duca
- La Centra-Sumerlin Foundation
- St. Francis Foundation
- Stone Family Foundation
- Thomas & Heather Sturgess
- Volentine Family Foundation
- Walter J. & Holly O. Thomson Foundation

**Guiding Star $10,000 - $24,999**
- Virginia Benson-Wigle
- Lynne Cantlay & Robert Klein
- Crawford Idema Family Foundation
- Darlene & Harry Lambert Foundation
- Roy & Ida Eagle Foundation
- G.A. Fowler Family Foundation
- Phil & Leslie Haight
- Beverly & Joe Hardin Jr.
- Harold Richards Charitable Lead Annuity Trust
- Hutton Parker Foundation
- Kirby-Jones Foundation
- Living Peace Foundation
- G. Harold and Leila Y. Mathers Charitable Fund
- Mosher Foundation
- Natalie Orfalea Foundation
- Outhwaite Foundation
- George B. Page Foundation
- Linda Seltzer Yawitz
- Gary Simpson & Jill Nida - The Home Improvement Center
- Mark and Dorothy Smith Family Foundation
- Florence & Laurence Spungen Family Foundation
- Gwen Taylor Dawson
- The Tides Foundation
- Towbes Foundation
- Alice Tweed Tuohy Foundation
- Williams-Corbett Foundation

**Luminary $5,000 - $9,999**
- American Riviera Bank
- Anonymous
- Henry W. Bull Foundation
- Central Coast Home Health and Hospice
- City of Santa Barbara
- Corwin D. Denney Foundation through Andy & Jo Gifford
- Melinda Goodman Kemp
- Robin & Roger Himovitz
- Ann Jackson Family Foundation
- Ken & Francie Jewesson
- Gerd & Peter Jordano
- Bruce Kendall
- Jill & Barry Kitnick
- Montecito Bank & Trust
- Dave & Sandy Nordahl
- NS Ceramic, Inc.
- Santa Ynez Band of Chumash Indians Foundation
- Steele Family Foundation
- Clay Tedeschi
- Dana & Randy VanderMey
- Deanne Gillette Violiich
- Leslie Sinclair von Wiesenberger in memory of Zander von Wiesenberger
- Etty Yenni

**Shooting Star $2,500 - $4,999**
- Anonymous
- Carey Appel
- Assisted Home Health & Hospice
- Larry & Wendy Barels
- Susan Bennett
- Marlys & Ron Boehm
- Harvey Bottelsen & Patsy An Grace
- Eric Bowers & Michael Petrich
- Stephen Bowles
- Andrew & Kimberly Busch
- CARP Growers
- Casa Dorinda
- Citizens Business Bank
- Cottage Health System
- Rolf Geyling
- Perri Harcourt
- Bill Howard & Cindy Pitzer
- Lee Hoyt & Pierce Dunn
- Maia Kikerpill & Daniel Nash
- Lori Lewis
- M. Magnus Memorial Fund
- Mullen & Henzell
- Janet Nancarrow
- Nasif, Hicks, Harris & Co., LLC
- Northern Trust
- Pacifica Graduate Institute Alumni Association
- Diane & Stephen Pearson
- Spencer Pearson
Shooting Star $2,500 - $4,999, Con’t.
Mark & Nicole Romasanta
Muriel Ross
Rotary Club of SB North
  Charitable Organization
Joyce Ryan
Eunice Stephens
Valle Verde Retirement Center
Winfred & Sheila Van Wingerden
Eduard Van Wingerden &
  Nadia Lyhitchenko
Vista Del Monte Retirement Community
Suzanne Von Drehsle
Geof & Laura Wyatt
Katina Zaninovich

Lucky Star $1,000 - $2,499
AGIA
Anonymous (3)
Sarah Abrams
Susan Adams
Pat & Doug Aiken
Elizabeth Anderson
Nancy Barasch
Sharon & Richard Barden
Richard Berry
Mary & John Blair
William & Kathy Borgers
Bowers Foundation
Brander Family Foundation
Jayne Brechwald
Emma Bridges
Jeanne Brown
Inger Budke
Lois Capps
Marybeth Carty
CenCal Health
Richard T. DeMaria
Suzanne de Ponce
Courtney DeSoto, Channel Islands
  Fiduciary Group
Anna Di Stefano & Deb Karoff
Jack Dimock
Van Do-Reynoso
Michael Donnelly
Doyle-Morgan Structural Engineering, Inc
  Theana Earls
  Judy & Selden Edner
  Lynda Fairly
  Charles & Vera Fenzi
  S. Joseph Fior
  Allen Gersho
  David & Diane Gillon
  Mandy Gocong
  Grant Cox Enterprises Inc.
  Hannah Gruhn-Bengston
  Marion Hallum
  Hazel Heath Horton Philanthropic Trust
  Patricia Heller
  Bronwen Jones
  Jean Kaplan
  Dr. Fred Kass
  Joe Kearns
  Elizabeth Kilb
  Monica Lenches
  Sally Leon-Tondro
  Cindy Lewis
  Hilary Licht
  Judy & Stuart Light
  Linda Lorenzen
  Jackie Marston
  McGowan Guntermann Corp.
  Patricia McIver
  Bruce McRoy & Catherine Cash
  Law Office of Christi Michelon Vasquez
  Margaret Morez
  Ronnie Morris
  Brenda Nancarrow-Garrison
  Peter & Joanne Norris
  Doedy Orzechowski
  Steve & Amber Ortiz
  William J Otto, DVM & Daniel Case
  Lucy C. Overgaag
  Grace Pacheco
  Pacifica Graduate Institute
  Janet Pickthorn
  Ellen Pillsbury
  Patty Polsky
  Quinn Fiduciary Services
  Claude Raffin
  Susannah Rake
  Melissa & Christian Riparetti-Stepien
  Jennifer Rogers
  Daniel Rosenblatt Foundation
  Elizabeth Ross
  Rotary Club of Montecito Foundation
  Michelle Round
  Roland & Tina Rowe
  Santa Barbara Tennis Club
  Douglas & Diane Scalapino
  Maryan Schall
  Christiane Schlumberger & Tony Allina
  Martha Selfridge
  Don & Kay Sharpe
  Eryn & Craig Shugart
  Joel Silverman
  Cynder Sinclair & Dennis Forster
  Tana Sommer-Belin
  Peter & Adelaide Stalker
  Sudi Staub
  Jean & Alvin Sternlieb Foundation
  Mary Stoddard & Ilana Eden
  Straus Family Foundation
  Eva Taborsky
  Bunphoem Taylor
  Colleen & Michael Taylor
  Hillary Tentler
  Anne Smith Towbes
  Eric & Rachel Trautwein
  Evan Turpin
  Harry & Michele Van Wingerden
  Rosanne & Henry Van Wingerden
  Watling Foundation
  Karl Weis & Kristen Klingbeil-Weis
  Mona Wise
  Cynthia Withers
  Gina & Alex Ziegler
  Charles & Nina Zimmer
  Dick & Anna Zylstra
Planning for the future

You can take care of your family, and “pay it forward.”

Many of us feel a compelling drive to make a difference in the world, while also taking care of our own family. The good news is that it’s possible to create a will or trust to benefit your family, and that also supports an organization you feel passionately about.

Please contact us to learn how you can make a difference in the lives of people dealing with grief or illness through a legacy gift, which may include designating Hospice of Santa Barbara as a beneficiary of your IRA.

Those who remember Hospice of Santa Barbara with such a gift become a member of our Legacy Society. This group ensures that we will always be here to support people who are at their most vulnerable, completely free of charge.

You can email Nancy Shobe, Key Relationships Manager, at nshobe@hospiceofsb.org for more information.

Legacy Society 2022

Legacy Society members are generous individuals who have made a long-term commitment to helping others who are dealing with grief and illness. By naming Hospice of Santa Barbara in their estate plans, Legacy Society members ensure that our services will always be available in our community, completely free of charge.

Anonymous (4)  
Barbara R. Bengry  
Jo & Randy Bittner  
Eric Bowers & Michael Petrich  
Jayne Brechwald  
Charles & Dana Caldwell  
Lois Capps  
Annette Goena  
Judy Goodbody  
Patricia Heller  
Steve Jacobsen & Ann Erickson  
Joe Jowell  
Lori A. Lewis  
Jackie Marston  
Maria Inez Martinez  
Stephen & Diane Pearson  
Paul & Sandra Polsky  
Dr. Thomas Scheff & Dr. Suzanne Retzinger  
David Selberg  
Eryn Shugart  
Gary Simpson & Jill Nida - The Home Improvement Center  
Thomas & Heather Sturgess  
Gwen Taylor Dawson  
Nancy Lee Missakian Trotter  
Dana & Randy VanderMey  
Deanne Gillette Violich  
Suzanne Von Drehle  
Leslie Sinclair von Wiesenberger in memory of Zander von Wiesenberger  
Steve Warner & Vince Turano  
Jeanne West  
Linda Seltzer Yawitz

“My planned gift is my way of honoring my father and the important work that Hospice of Santa Barbara does for those preparing to leave this world.

My family and I will be forever grateful for the compassionate care given our father, and to us; it is my privilege to make a planned gift honoring Hospice of Santa Barbara.”

~ Patricia Heller, Legacy Society Member

Please contact us to learn how you can make a difference in the lives of people dealing with grief or illness through a legacy gift. Contact Nancy Shobe, Key Relationships Manager, at nshobe@hospiceofsb.org.