BLEACH BATH DISCHARGE INSTRUCTIONS

Steps

1. Start by adding lukewarm water to fill a tub for a normal bath (about 40 gallons).

2. Put 1/4 to 1/2 cup of common liquid bleach (for example, Clorox) into the bath water. **Check the bleach bottle to make sure that the concentration of bleach (also known as sodium hypochlorite) is about 6%**.

3. Completely mix the added bleach in the water. This should create a solution of diluted bleach (about 0.005%), which is just a little stronger than chlorinated swimming pool water.

4. Soak in the chlorinated water for about **10 minutes**.

5. Thoroughly rinse the skin clear with lukewarm, fresh water at the end of the bleach bath.

6. As soon as you're finished rinsing off, pat dry. **Do not rub dry** as this is the same as scratching!

7. Immediately apply any prescribed medication and/or emollients.

8. Repeat bleach baths 2 to 3 times a week or as prescribed by the physician.

PRECAUTIONS

- Do not use undiluted bleach directly on the skin. Even diluted bleach baths can potentially cause dryness and/or irritation.

- Do not use bleach baths in patients with a known contact allergy to chlorine.