### Hypokalemia

**EKG changes associated with hypokalemia**
- QTc prolongation
- U waves
- T wave changes (flattening, inversions, biphasic)
- ST depressions

**Signs and symptoms of hypokalemia**
- Ileus
- Muscle weakness/cramps
- Rhabdomyolysis

### Treat and Monitor notes:

**Things to consider**
- If hypomagnesemia present, treat with 2-4g MgSO4 IVPB
- If ongoing GI loss, treat with PPI

**Choice of potassium**
- **PO** Potassium chloride: most patients
- Potassium phosphate: if low phosphate levels
- Potassium bicarb/citrate: if metabolic acidosis

- **IV** Potassium chloride: most patients
- Potassium acetate: if metabolic acidosis