Alzheimer’s Disease and music memory on NPR’s “To the Best of Our Knowledge”.
Cultivating Resilience - Helpful Scripture Passages

Encouragement for Caregivers: Six Bible Verses to Give You Strength for Your Care Giving Journey

Ten Scriptures of Encouragement for Caregivers

Keeping a Caregiver Spirits High During the Coronavirus Outbreak

AARP – How Family Caregivers Can Keep Loved Ones Active at Home During Coronavirus Outbreak

Alzheimer’s Association – Virtual and In-Home Activities for Persons with Alzheimer’s or Dementia, Caregivers, and Others Amid Coronavirus Outbreak

Dementia Action Alliance: COVID-19 Resource Center

Three Good Things Caregivers Can Do Now from VitalTalk

Perspectives on caregiving
The caregiving family, by the numbers
Caregiving ideas and comments
A caregiving husband’s poem
Online caregiver support groups
Alzheimer’s caregiver videos
Caregiver stories
Coping as a caregiver
Five calming techniques for caregivers
Three-minute meditation for caregivers

National Alzheimer’s and Dementia Resource Center (NADRC)
MIT Age Lab
MIT Caregiving and Wellbeing
Book: “Finding the Joy in Alzheimer’s” by Brenda Avadian
Book: “Finding the Joy in Alzheimer’s When Tears are Dried with Laughter” by Brenda Avadian
American Society on Aging Toolkit to Explore Ageism in the US
Adjustments to Institutional or Group Living
Finding Solutions, Making Decisions
Giving Care to a Caregiver
Tips for Making Hospital Visits
Accessing Caregiving Resources