

LENTEN LITANY
(A response to Holy Conversations)

God who sees us and sustains us,
Whose vision is never clouded by judgment or retribution,

Thank you for the gift to forgive and be forgiven – help us be part of your
healing presence in this world.¹

FOR ALL THAT HAS BEEN—THANKS!
TO ALL THAT SHALL BE—YES!

God who knows our hearts and our hopes,
Who calls us to receive and release alongside the seasons of Creation.

Thank you for the gift of rest and contemplation – help us use such time to
discern what we can give and gently move as your Spirit guides.²

FOR ALL THAT HAS BEEN—THANKS!
TO ALL THAT SHALL BE—YES!

God who intervenes and inclines your ear to us,
Who notices and invites us to be part of what might be,

Thank you for the gift of hope – help us imagine with your Creative Spirit
stirring within us, like seeds preparing to sprout in Spring.³

FOR ALL THAT HAS BEEN—THANKS!
TO ALL THAT SHALL BE—YES!

¹ Inspired by Luke 5: 17-26 and Thomas Keating’s “Welcoming Prayer”

² Inspired by 1 Kings 17:7-16 and Howard Thurman’s “How Good It Is To Center Down”

³ Inspired by Acts 7: 54-60 and Albert Camus’ “A Poem for Reflection”

God who believes in us and braces us on the journey of life,
Whose Creation is full of provision and beauty,

Thank you for the gift of life – help us rejoice and dance with your
liberating Spirit, letting go of that which burdens our hearts while
stretching toward the potential of Beloved Community.⁴

FOR ALL THAT HAS BEEN—THANKS!
TO ALL THAT SHALL BE—YES!

God who accepts us and affirms us,
Who accompanies us and does not desert us when we are weary.

Thank you for the gift of companionship – help us give and receive,
restore and be restored, and rest and move with the fluidity of water.⁵

FOR ALL THAT HAS BEEN—THANKS!
TO ALL THAT SHALL BE—YES!

God who calls us and keeps calling us,
Whose connecting movement cannot be bound or walled off.

Thank you for this space and the people in it - help our Holy Conversations
continue as we remember, and perhaps are even changed by, what we heard
someone say.⁶

FOR ALL THAT HAS BEEN—THANKS!
TO ALL THAT SHALL BE—YES!

⁴ Inspired by Luke 12: 22-31 and Brain Fraser’s “Prayer”

⁵ Inspired by Mark 14: 32-42 and prayer by Thom M. Shuman

⁶ Inspired by each Holy Conversations’ closing prompt: “I heard someone say...”

Credits:

REFRAIN: FOR ALL THAT HAS BEEN—THANKS!

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