Let’s go on a sensory treasure hunt through DC’s four quadrants. As you explore, you’ll find treasures when you tune into your senses.

Are you ready? Let’s go!
Let’s go to **NORTHWEST DC!**

- **See** the bright colors and the face of Chuck Brown on the mural at Ben’s! What else do you see?

- **Hear** the sounds of go-go music playing from a shop! What else do you hear?

- **Smell** the aromas from the food shops! What else do you smell?

- **Taste** the half smoke or french fries at Ben’s! What else do you taste?

- **Feel** the history of DC in the food and the mural! What else do you feel?
Let’s go to **SOUTHWEST DC!**

**See** the sculpture of MLK carved in stone!
What else do you see?

**Hear** the sounds of people around the monument and the National Mall!
What else do you hear?

**Smell** the cherry blossom trees near the Tidal Basin! What else do you smell?

**Taste** a treat from an ice cream truck!
What else do you taste?

**Feel** the smooth and rough parts of the stone sculpture! What else do you feel?
Let’s go to **NORTHEAST DC**!

- **See** the lily pads, or fish swimming in the pond! What else do you see?
- **Hear** the sounds of birds in the trees! What else do you hear?
- **Smell** the fragrance of the plants! What else do you smell?
- **Taste** the treats in your picnic! What else do you taste?
- **Feel** the textures of nature, like pointy grass or a smooth, hard stone! What else do you feel?
Anacostia & the Big Chair

Let’s go to SOUTHEAST DC!

- **See** that big chair! What else do you see?
- **Hear** the sounds of roller skates at the Anacostia Pavilion! What else do you hear?
- **Smell** the delicious foods of the carryout! What else do you smell?
- **Taste** DC’s famous mambo sauce! What else do you taste?
- **Feel** the rumble of the city bus on the street! What else do you feel?
Find the photo's icon on the map, match its number on the list to discover a place to visit in DC!

Northwest (NW)
1. Smithsonian National Zoological Park
2. Ben's Chili Bowl
3. Chuck Brown Mural
4. Howard University
5. Duke Ellington Statue

Southwest (SW)
6. Martin Luther King Jr. Memorial
7. Southwest Waterfront

Southeast (SE)
8. Frederick Douglass National Historic Site
9. The Big Chair
10. Nationals Park
11. Eastern Market

Northeast (NE)
12. The Supreme Court
13. Kenilworth Park & Aquatic Gardens

Use the color of the icon box to connect each photo to its quadrant.
Bring DC home!

Make your own mambo sauce!

Follow the recipe below to make a kid-friendly mambo sauce:

**Ingredients**
- Tomato paste or ketchup
- Vinegar (white or apple cider)
- Sugar or honey
- Soy sauce or aminos
- Hot sauce or cayenne (optional)

**Tools**
- Mixing spoon (for stirring)
- Sauce pan
- 1/4-cup container (for measuring)

**Directions**
Transfer each ingredient to pan, measuring with the same container each time.

- Tomato paste and/or ketchup: Fill the container 4 times.
- Vinegar: Fill the container 2 times.
- Soy sauce or aminos: Fill the container 2 times.
- Sugar or honey: Fill the container 1 time.
- Add a dash of hot sauce or cayenne, if desired.

Stir all ingredients together in pan, turn on stove to low, simmer for 5 minutes. Remove from heat, allow to cool, and enjoy dipping your favorite foods!

**what will you dip in yours?**
Bring DC home!

Make your own musical instrument!

Make your own shaker and listen to the beat as you sing and dance to “A to Z: This is My DC”!

A to Z shaker instructions:

• Find an empty food or drink can. (You can use the tomato paste can from the mambo sauce recipe!)
• Fill the can with dry beans or rice.
• Cover the can opening with plastic wrap, tape down the edges, then cover with a layer of paper or a scrap of fabric. Use tape or rubber bands to seal.
• Listen to the song “A to Z: This is My DC” with your family, and play your shaker!

Make a leaf rubbing!

On your exploration of DC's natural environment, collect three different kinds of leaves to bring home. Follow the simple steps below to create a crayon rubbing of all 3 leaves, using a different color for each one. Does one side of the leaf have more texture than the other?

• Put a leaf on the table with textured side up.
• Place a piece of paper over the leaf.
• While holding the paper and leaf in place, use the side of a crayon to rub across the leaf.

Show your drawing to someone and see if they can guess which leaf goes with which rubbing.
Northwest, Southwest, Northeast, Southeast. Hey! Are you feelin’ me?
— from the song “A to Z: This is My DC”

Scan the QR code to access the music video

Scan the QR code to access the dance tutorial