

Hebrews 12:1, NASB

Therefore, since we have so great a cloud of witnesses surrounding us, let us also lay aside every encumbrance and the sin which so easily entangles us, and let us run with endurance the race that is set before us.

- Spend 5 minutes daily (at least) meditating on this passage.
- What are the activities, and sins in your life that are weighing you down and dragging behind you as you work to move your flywheels along ambitiously? Are you willing to cut those things away?
- Pray that God would reveal to you what activities and sins need to be “laid aside” in your life so that you can “run with endurance the race that is set before” you.

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8. Maintain a Manageable Pace

Pace yourself by steering away from efforts and activities that don't line up with your larger vision.

9. Seize the Moments

Be courageous when the moment calls for it.



Caffeinated Questions:

What is the sideways energy in your life you should consider eliminating?

What will be your rules for margin to help you make decisions on whether to say yes or no with your time, effort and money?

What fear do you need to accelerate toward this week?



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