

Follow Willamalane



*Spend*  
**SUMMER**  
*- at the -*  
**POOL**



**Splash!**  
Lively Park  
Swim Center

We offer a variety of water fitness classes that are fun for the whole family! The classes we offer aim to create healthy lives and increase overall fitness. We offer cheap rates, schedule flexibility, and classes for people of all ages 13+. The water fitness classes we offer are:

- Hydro-Fit
- Exercise That Feels Good
- Deep-water Exercise
- Aquatone
- Ai Chi
- Water Fitness Personal Training



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