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The Children's Volunteer Health Network Times

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Executive Director Leads CVHN into 6th Year of Helping Kids

Zach Bilingsley is not a new face to CVHN. As a volunteer and community leader, Zach began as a mentor with CVHN in 2006. Shortly after Katrina, he signed on to be a mentor. His first mentee was a young boy going through a very difficult period in his life. His single mom had used the medical and mental health services of CVHN and requested a mentor for her son. In Bobby's words, "I just wanted someone to hang out with and just be there for me." Bobby and his mom had recently relocated and he was the new kid at school. Bobby and Zach soon grew close, spending time together talking, working on homework and fishing. Zach even let Bobby tag along on some of his dates with him and his then fiancé' Hannah. They became a team. Zach eventually married Hannah but only with Bobby's approval.

"I learned a lot from Bobby; he is a tough little guy and can roll with what life gives him. When his Dad died, I knew that things were going to be different for Bobby. He understood at 12 that life isn't what happens to you but what you do with your life." Bobby agrees, "Zach, told me I could do or be anything I want to be, I just have to work hard." A little over a year later, Bobby moved back to his hometown to be near his father's family. Zach grins when he speaks about him, "He made a big impression on me. I think about Bobby and that continues to inspire me to do more."

And Zach did just that, he joined the CVHN Board of Directors and quickly assumed the organization's duties as Treasurer. Founder, Tricia Northcutt notes, "Zach is a hands on



Director. He has played an integral part in the past few years, nurturing the organization and helping grow CVHN into a dynamic and passionate foundation."

As he leaves his position with Coastal Bank & Trust as assistant Vice President, Zach understands what it takes to inspire others and lead. "I really loved my career in banking. Banking, like any business is about taking care of your people and your customers. I'm excited to combine my skill set with my passion to help kids and I'm honored to lead this organization that I love so much. Both industries have had difficult times and it's those difficulties that challenge us to come up with better ways of doing things."

As a new dad to daughter, Emerson Grace, Zach believes even more firmly that all children deserve a healthy and happy life. "My passion and belief is we can and should challenge ourselves to help change lives that need our help, no matter our personal circumstance. An hour of time can make a world of difference in the life of a child... no matter if it is given through a medical or dental appointment, a monetary donation or prayer. We all have the power to change someone else's life for the better."

cottages for kids
may 2010



Cottages For Kids Celebrates 4th Year of Creativity

We have just finished another great year of Cottages for Kids in May. THANK YOU to all of CFK 2010 participants! Thank you to our dedicated event Chair, Kelli Arnold, our many volunteers that braved the heat every weekend, and of course our generous builders that create the show. Chairs of each committee, architects, designers, and each of you that supported the event in so very many ways. Those two words "thank you" come with a very grateful CVHN heart. WE know that giving in this economic time is even more difficult... you all gave with so much love and grace.

Children's Volunteer Health Network, Inc. is a 501(c)(3) faith-based, nonprofit organization.

Our Mission: We seek to enhance the lives of uninsured and underinsured school-aged children in Walton and Okaloosa

Counties by facilitating free immediate access to medical, dental, vision and mental health care.

A note from our founder



Summertime and the living are far from easy for many of the families we serve in Okaloosa and Walton Counties. With the massive eruption of the off shore oil rig, we are seeing lives coming apart as their livelihoods are lost. After surviving hurricanes, the real estate crash and the nightly news, we wonder just how much more this paradise, we call the gulf coast can endure. Just how strong are we as a community?

There is some good news. We are strong because of each other. It is community locking arms and taking charge of the situation, rather than the situation defeating us. New ideas, new possibilities emerge from the most disastrous events. We can change history because we are making choices each day how we will go forward with love, hope and in prayer. Hard times will always be a way of life. How we navigate the fears will be solely up to us.

Dentists like Dr. Olivier Broutin, owner of Blue Water Bay Dental choose to use his talents to create new possibilities in the lives of CVHN kids. He is one of our many volunteer providers, who work quietly and compassionately. Recently we asked Dr. B about his experience working with CVHN.

This is what he says: "Every child referred to me by CVHN is in pain or discomfort. Our treatment goes beyond just treating their discomfort. I also treat any existing caries and non-painful needs, that if left untreated, would one day turn into a problem. These children are so grateful from the youngest to the oldest. They are appreciative. I have

Blessings and love,

Tricia Carlisle-Northcutt



Destin Charity Wine Auction Foundation, Judd Jackson
Presents Check to CVHN Board and Staff Members



One of Our Own

J. Michael Sammons aka; "Mr. Fish" Friendliest Realtor on the beach. A teacher, mentor, muse & volunteer for Children's Volunteer Health Network & Habitat for Humanities. Former FSU Student Athlete, Judo Player

and Rugby diehard. Will offer help whenever needed. Never meets a stranger! Loves the Emerald Coast of Florida.

"We are in such a special place and we have the responsibility to help our neighbors that need a little help. It may be just a smile, or to hold someone's hand. It does take a village to raise a child." What a wonderful feeling to have so many neighbors care so much about the children. Join today and bring your talents to this great organization living by example giving their time for unselfish acts of kindness, for the children.

And Thank You Doctors for your wonderful work!



Fueling Good is Taking Off!

Last summer CVHN was the first national recipient of the Fueling Good Contest sponsored by Citgo.

We were awarded a \$2500 gas card to use for the Mobile Dental Clinic. It was because of all our supporters who

voted daily and continuously on line that we were able to be the FIRST to win this much needed gift. Please help us this year, by voting daily and telling all your friends and family to vote too. We need to keep "rolling that Bus" and we need you to help us do just that!

This year over \$10,000 will be awarded to help charities "do good" for their communities. The voting begins July 16th.

Log on to www.fuelinggood.com to vote for CVHN!

Save the Date!

Hang on It's the 6th Annual Hurricane party!

November 12, 2010 Friday Night, 6pm until 10pm at Havana Blue , Hwy 331 at the foot of the Bridge.

For more info or to volunteer contact : Cindy McBrayer
www.suncatcher3@cox.net

Dust Off your Dancing Shoes!

That's right... dig through your closet, pull out those dancing shoes and dust them off... **The Band of Oz is coming to town!!** The Band of Oz is one of the most successful groups in the Southeast, and continues to receive the very best reviews from the top people in the entertainment business. This dynamic eight-member group, known for their southern beach music, is headlining the:



speak and include fresh water pearls, Aveda spa packages, wine baskets, Sinfonia season tickets, original art work from celebrated local artists, fabulous trips and much, much more! All proceeds benefit Children's Volunteer Health Network, Children in Crisis and the Mattie Kelly Arts Foundation. Don't wait... reserve your spot today for this unprecedented joint charity event! For more information or to make your reservation today, call 850-864-4242.

Advisory Board Member Receives Governor's Award

Bill Roberts is a quiet activist who thrives on results that make a huge difference to our community. And a difference is exactly what happens when Bill takes on what appears to be an impossible task.



In a statement to the press, Crist noted that "It is inspiring to see Bill volunteering his time so selflessly to help his community. His relentless efforts to create and provide services for those in need are a great example of how teamwork and initiative can lead to a community's success."

- The Governor's Points of Light Award is given to citizens who give exemplary service to their community.
- Congratulations, Bill. We are all so very proud of the work you do for the families in our community.



Mobile Dental Clinic ~ School's Out for Summer

The "Just for Grins" Mobile Dental Clinic has completed its second year providing dental care at the seven Walton County elementary schools for children in Kindergarten – 3rd grade who qualify for the free and reduced lunch program. 973 children received x-rays, exams, cleanings and fluoride treatments and 1258 teeth were sealed in the 2009-2010 school year. This brings our two year total to almost 2000 children receiving preventive treatment and over 3000 teeth sealed.

This year thanks to a grant from the Blue Foundation we added a Restorative Program to the "Just for Grins" Mobile Dental Clinic. We began the program in January and were able to provide selective restorative treatment at four schools. 67 children were seen and over 170 teeth received treatment. We are looking forward to the next school year and are making a few changes to allow us to provide much needed restorative treatment for more children. This year alone 603 children had cavities that require treatment. The total number of teeth with decay was 2400.

The children were wonderful this year and still very excited when it was their turn to visit the "Dental Bus." Each day was a new adventure. We definitely had some good laughs. We spend a lot of time educating the children about proper oral healthcare. One of our main topics is the role of plaque in tooth decay. We always ask the children, "Do you know what lives in plaque?" These are some of the creative answers that we received, little green animals, fleas and green monsters.

We see many children and they are all great but there is always one that you won't forget. He came on the MDC the first day that we visited his school with a bright smile and hugs for everyone. We saw him on our last day and received more hugs and his parting words were, "I love ya'll" This is why we do what we do... It is all for the kids!!

To learn more about the Mobile Dental Clinic or to volunteer or give, please contact Denise Johnston at denise@cvhnkids.org.

Sunday, Sundays Can't Get Better Than This!

Hibiscus Coffee and guesthouse, Grayton Beach provided "Free Mimosas" and music over several Sundays to help the kids of CVHN. Volunteers and Board Members served as "host bartenders" and collected over a \$1000 in tips that will go to help our kids! Thank you to our dear friends and supporters for the Mimosa Sundays.

It's A Fact:

If you don't floss, you miss 35% of your tooth surfaces!

Alys Foundation: A Class Act

World Renown songstress, **Nanci Griffith** performed with the Symphony Orchestra to a sold out crowd at Alys Beach and wowed the audience! The encore presentation was a \$5000 check given to CVHN from the proceeds from the concert .Graciously donated by the Alys Foundation to CVHN. **Bravo!**

Rosemary Beach Foundation: The Eyes Have IT!

CVHN's grant request was honored by the Rosemary Beach Foundation in the amount of \$2500,for project, "**Glasses for Classes**". The monies will help provide over 40 children with eyeglasses. Last year CVHN provided over \$10,000 in eye exams through in kind donations from our eye care providers.



Help us out by making a tax deductible donation of your unwanted car, boat, or RV!
For more info, contact Zach at 622-3200

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Note: This plan is not insurance.

Thank you www.design-360.com for designing our newsletter!

Children's Volunteer Health Network, Inc.

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