

Nourishing your child's imagination



Nourishing Matters Summer Holiday Program 2015

Friday 16 Jan	Friday 23 Jan	Thursday 29 Jan
<p>Faraway Tree Adventures</p> <p>Join us in the magic faraway tree as we recreate our favourite scenes through artmaking and play. Ages 4 – 8yrs</p> <p>10 – 12:30pm \$40</p>	<p>Hero or Heroine Dolls</p> <p>Create your own hero or heroine doll using fabric, felt, buttons and other fabulous bits and bobs. Ages 3 – 5yrs</p> <p>10 – 12:30pm \$40</p>	<p>Dream Catchers</p> <p>Learn about the American Indian dream catchers then paint and decorate your own dream catcher. Ages 3– 5yrs</p> <p>10 – 12:30pm \$40</p>
<p>“I am” Portrait</p> <p>Create an empowering self portrait on canvas. Using images and words to explore and express how wonderful we are. Ages 5 – 12yrs</p> <p>1:30 – 4pm \$40</p>	<p>Recycled Paper Jewellery</p> <p>Make colourful beads using recycled paper, then create your own unique jewellery. Ages 5 – 12yrs</p> <p>1:30 – 4pm \$40</p>	<p>Magic Power Animal</p> <p>Go on an imaginative journey to discover your magic power animal then recreate your animal through artmaking. Ages 3 – 5yrs</p> <p>1:30 – 4pm \$40</p>

These fun, experiential art classes are designed to stimulate your child's imagination, while building their self esteem and confidence. We believe it is through creative play that our children flourish.

Healthy snacks provided. If attending for the whole day children are required to bring their own lunch.

Facilitators:

Amanda Hansen
Art Therapist & Wellbeing Consultant
B.A Vis Arts, Dip. Transpersonal Art Therapy (Ikon)

Wendy Taylor
Art Therapist
Dip. Fine Arts, Design,
Dip. Transpersonal Art Therapy (Ikon)

nourishingmatters.com.au

Venue: The Art Therapy Studio
Royal Talbot Rehab Centre
1 Yarra Boulevard,
KEW 3101

Melway Ref: 45A1

10% Discount for multiple bookings.

For bookings and enquiries go to:

www.nourishingmatters.com.au

or call Amanda on 0412 536 025



nourishingmatters
Nurturing from within