

# Awakening dreams



## Discovering your Vision for 2015

“Dreaming is the first step to becoming. To dream of the time ahead is to welcome an inner fold of reality we long for but have not yet realized. It is an act not just of hope but of inspiration”.

*Paul H. Ray and Sherry Ruth Anderson*

**Come join us on a journey of self discovery. What dreams or desires do you have below the surface that you haven't yet sculpted into form? Let us guide you through creative processes designed to awaken your inner visionary and connect you with your potential for 2015.**

*When:* 10am – 4:30pm Saturday 24<sup>th</sup> January

*Where:* The Art Therapy Studio, Royal Talbot Rehab Centre 1 Yarra Boulevard KEW 3101  
Onsite parking cost \$3.00. Free parking on Yarra Boulevard

*Fee:* \$150 Includes morning tea, sumptuous lunch and all art materials

**Book Online or call Amanda on 0412 536 025**

We are women who, in the busyness of life, value self nurture. In making time to reconnect with, and nurture our inner world, we experience the benefits in our outer world.

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