



Sparring Schedule: May – Aug., 2017

SPARRING REQUIREMENTS

- Students must demonstrate control, focus of technique, a positive attitude and willingness to improve their partners' abilities regardless of rank.
- **ALL STUDENTS** and **ALL RANKS** ages 5 and up are encouraged to attend.
(Usual rank requirements of a specific class do not apply.)
- Int./Adv. ranks are required to attend an average of **one session** per month.
- Required OKA safety gear:
 - Only official OKA safety gear with logo is acceptable.
 - Hand, Foot, Head, Chest, Shin, Mouth and Groin protection required.
 - Chest protectors are optional for students ages 17 and up.
 - An OKA t-shirt can be worn in place of uniform tops.
- Students without all of the required safety equipment will not be allowed to participate in sparring sessions.

PLEASE TAKE NOTE OF THE FOLLOWING SPARRING SESSIONS!

Thursday	May 4 th	6:00-6:45
Wednesday	May 10 th	7:30-8:15
Tuesday	May 16 th	6:00-6:45
Monday	May 22 nd	5:00-6:00
Thursday	June 1 st	6:00-6:45
Wednesday	June 7 th	5:00-6:00
Tuesday	June 13 th	7:30-8:15
Monday	June 19 th	5:00-6:00
Thursday	June 29 th	6:00-6:45
Monday	July 10 th	7:30-8:15
Tuesday	July 18 th	6:00-6:45
Wednesday	July 26 th	5:00-6:00
Thursday	August 3 rd	6:00-6:45
Wednesday	August 9 th	7:30-8:15
Tuesday	August 15 th	6:00-6:45
Monday	August 21 st	5:00-6:00
Tuesday	August 29 th	7:30-8:15