



Sparring Schedule: Sept. - Dec., 2017

SPARRING REQUIREMENTS

- Students must demonstrate control, focus of technique, a positive attitude and willingness to improve their partners' abilities regardless of rank.
- **ALL STUDENTS** and **ALL RANKS** ages 5 and up are encouraged to attend.
(Usual rank requirements of a specific class do not apply.)
- Int./Adv. ranks are required to attend an average of **one session** per month.
- Required OKA safety gear:
 - Only official OKA safety gear with logo is acceptable.
 - Hand, Foot, Head, Chest, Shin, Mouth and Groin protection required.
 - Chest protectors are optional for students ages 17 and up.
 - An OKA t-shirt can be worn in place of uniform tops.
- Students without all of the required safety equipment will not be allowed to participate in sparring sessions.

PLEASE TAKE NOTE OF THE FOLLOWING SPARRING SESSIONS!

Thursday	Sept. 7 th	6:00-6:45
Wednesday	Sept. 13 th	7:30-8:15
Tuesday	Sept. 19 th	6:00-6:45
Monday	Sept. 25 th	5:00-6:00
Thursday	Oct. 5 th	6:00-6:45
Wednesday	Oct. 11 th	7:30-8:15
Tuesday	Oct. 17 th	6:00-6:45
Monday	Oct. 23 rd	5:00-6:00
Thursday	Nov. 2 nd	6:00-6:45
Wednesday	Nov. 8 th	7:30-8:15
Tuesday	Nov. 14 th	6:00-6:45
Monday	Nov. 20 th	5:00-6:00
Thursday	Nov. 30 th	6:00-6:45
Wednesday	Dec. 6 th	7:30-8:15
Tuesday	Dec. 12 th	6:00-6:45
Monday	Dec. 18 th	5:00-6:00