

hey you!

REMEMBER YOU.



### Target Audience

***Nzinga Speaks to the “role player” who is unaware of their self-worth, potential, purpose, and the state of their emotional health. She awakens the entire being by helping others to see beyond their current state & gain courage to face life and the people in it, while reconditioning the mind to think in a healthy manner. When the birth of newness has occurred, Nzinga also helps “former role players” to pursue the new life they really want and are after.***

*“When you invite Nzinga Jackson to speak to your audience, you’re giving them their own set of keys to unlock doors that hold them in mental and emotional distress.*

*With applicable & revelatory steps, Nzinga walks them into the freedom of feeling better, thinking well, and dreaming bigger according to who they are and NOT according to the roles they’ve been involuntarily assigned. They’ll journey on a path of self-discovery & will no longer allow themselves to remain their #1 deterrent to a life worth living!”*

## Nzinga's Hot Topics

1.

Helping others discover who they are and their purpose, Nzinga brings insight to the statement, *“Role Out! -You’re An Individual, Not A Role.”* Living a life to fulfill everyone else’s needs except your own is the culprit for an unsatisfied & unfulfilled life. Your mindset changes from being everyone’s only answer to being *“unselfishly-selfish”* FIRST which will unlock your true potential according to who you really are outside of the roles you play.

2.

*“Emotional Distress-Your Arch Nemesis”* comes from an environment where “feelings” are regarded as weak character and are to be ignored. Due to these ideas, your audience cannot identify the root cause of their anxiety, sorrow, and pain, which is the first step in being emotionally whole. Nzinga helps your audience identify their emotional state, control emotional release, and replace them with options that benefit emotional health.

3.

*“Who Cares What Other People Think? You Do and So Does Everyone Else!”* Whether you’re an entertainer subjecting your art to music trends or an adult choosing their career choice based on his or her parents, we look for approval in others until we’re content with our own choices. Nzinga walks through the process of enjoying what comes from living outside the box others place you in despite fear of rejection from loved ones.

# biography

Although preferring the term Life Optician, Nzinga Jackson, affectionately known as, "Zee" serves as a Certified Lifecoach, Author, and Public Speaker who is desired by secular and non-secular audiences for her life applicable presentation with a style that still hits home in the hearts and minds of countless people. Above the roles that Zee has, she is an artist and in turn, she depicts the depths of life through the use of her talents.

Raised by a single mother, Zee is the oldest of 3 sisters who grew up in Ocean County, NJ. Her upbringing consisted of the usual feats that occur while living under the roof of one parent but the miracles that occurred along with sincere love, laughter, wisdom, singing, dancing, writing, acting, and a strong foundation for Entrepreneurship made plenty of great memories that will always mean more than the rough times.

She learned much while having to play the role of "big sister" which meant trying to fill the shoes of an absent father and playing "Mom" until she arrived home from work. As an adult, Zee is thankful to have learned lessons early on because they cultivated her strength and made her ask for the wisdom she shares with people of all races, gender, religion, and backgrounds.

Today, she still resides in Ocean County, NJ with her husband and 3 children who push her to take a leap of faith everyday. When asked about her husband, she says that he is her best friend, whom she loves and respects, because he used his strongest muscle to change into the best man she's ever known, his mind. They've known each other since the tender age of 8 and 9 years old and his evolvment caused her to evolve with him in order to remain his worthy partner. These lessons of the heart have taught her the true meaning of unconditional love and genuine forgiveness, which she also shares with anyone who wants to evolve in love.

Zee has coined the term "unselfishly-selfish" which is described as taking the time to love yourself FIRST without neglecting your loved ones. At ZeeSpeaks.com you'll find videos, programs, and books all based on knowing who you are, loving yourself first, serving others within a healthy balance, and pursuing your dreams all in the midst of anything and everything that tries to get in the way of achieving them. She also prefers the term, Life Optician to Lifecoach due to the fact that she helps you to focus on what really matters by optimizing what's important to her clients and audience. She's also written articles and content for websites, magazines, and social media platforms including her own Facebook page at [facebook.com/heyyourememberyou](https://facebook.com/heyyourememberyou).

Overall, Zee is not only valued for her wisdom but she is respected for her professionalism and wanted for her personality. All three of these attributes are evident no matter where she is which makes it easier for people to understand, receive, and apply her methods to the most valuable institute one can ever join, the school of life.