MISSION STATEMENT
The Montgomery Area Council on Aging assists senior citizens by providing services to promote independent living, by offering opportunities to enhance quality of life, and by increasing community awareness of senior issues.

EX-OFFICIO MEMBERS
Barbara Duke
Sue Groce
Sam Johnson
Sarah Spear
Sieu Tang Wood

ON THE COVER: Mrs. Annie Nichols receiving Meals On Wheels lunch from Dr. Tia Turner, DVM, MACOA volunteer.
A Message about Compassion, Care and Impact

Dear Friends,

You have made this past year healthier, safer, and more caring for seniors in the River Region. Because of your compassion, over 125,000 meals were provided to 834 home-bound seniors through our Meals On Wheels (MOW) Program; 144,713 hours of free and valued volunteer service was provided to our community by members of the Retired Senior Volunteer Program (RSVP); and 4,043 seniors were able to participate in the activities of MACOA’s senior centers. Every one of their lives were positively impacted by the programs you made possible.

You provided “comfort food” throughout the year to our vulnerable neighbors. They knew they would be able to remain in their homes and receive a tasty, nutritionally balanced meal to eat, delivered by a caring volunteer rain or shine. The dignity, safety, and care you provided through your generous support has been a lifeline to so many. You changed lives.

In this report, we invite you to see the impact your donations, grants, and volunteer service made to those we serve. You, the individuals and institutions, who donate money, provide grants, and the over 2,300 volunteers who gave unselfishly of their time and service, provided the resources for 93% of the over six-million-dollar impact MACOA made on our community last year. Without you, we could not have delivered this mission. You made and continue to make the difference!

Thank you for your support and for your belief in the positive impact we can make in the lives of our seniors and homebound neighbors.

With a grateful heart,

LARRY CARTER
2019 Chair of the Board of Directors

DONNA MARIETTA
Executive Director

STAFF
Donna Marietta, Executive Director
Melissa Cameron, Office Manager
Jennifer Frazer Dvorak, Director of Retired and Senior Volunteer Program (RSVP)
Martha Furr, Director of Finance
Pam Goodwin, Director of Senior Services
Gwendolyn E. Hayes, Assistant Director of Senior Services
Traci Herndon, Archibald Center Coordinator
Gregory Smith, Director of Development
Dawn Marie Williams, Director of Donor Relations

4,170,710
Total Meals served through September 30, 2019

MACOA Leadership Team with Trainer and Coach Tasha Scott following a professional development session.
Through Meals on Wheels and the Frozen Meals Program, MACOA served veterans (24%) and spouses or widows of veterans (15%). Additionally, the RSVP volunteers served veterans through their Veterans and Military Families focus area including serving 15 veterans cared for at the Bill Nichols Veterans Home and 16 veterans received assistance in securing State and Federal benefits. Also, many Active Duty military and Veterans have served as volunteers with Meals on Wheels and as MACOA Meal Makers.
The MACOA Meal Makers program continues to allow us to partner with a variety of community organizations, businesses, schools and concerned citizens who want to help the Meals on Wheels program by assembling the meals during weekday mornings.

In 2019, volunteers from 34 groups and/or organizations and 29 individuals have served as MACOA Meal Makers from October 1, 2018 to September 30, 2019. These committed volunteers provided 1,056 service hours as MACOA Meals Makers ensuring that hot nutritious meals were ready for the volunteer drivers to deliver to homebound seniors.

Below is a list of MACOA Meal Maker volunteers October 1, 2018 - September 30, 2019:

**INDIVIDUALS:**
- Mary Bedgood
- Michael Woodson
- Katrina Harris
- Karen Mullins
- Joe Crosby
- Jordyn Crosby
- Marsha Goodman
- Roy McAuley
- Angela Fairhurst
- Mary Baker
- Shannon Goldsmith
- Aleisha Golson
- Nicole Jackson
- Kay Seale
- Juan Rodriguez
- Shannon Goldsmith
- Joanne Puckett
- Ronterika Exford
- Erica Leige
- Pauline George
- Arthur Shapiro
- Will Peeples
- Shannon Staats
- Renee Lozano
- Autumn Jones
- Allison Zaldiver
- Carl Wright
- Rachel Williams
- Valencia McClain

**GROUPS:**
- Montgomery Academy Heart Club
- Trinity Presbyterian School
- Central Alabama Conference - AME Zion
  - Dow Corning Alabama
- ARC of Elmore County Alabama
- Vaughn Forest Church
- Merrill Lynch
- Alabama State University
- Leadership Montgomery Legacy Team
- Montgomery Biscuits
- Alabama Power Real Estate Department
- Brantwood Children’s Home
- Eastern Michigan University Football Team
- Warren Averett
- Park Crossing Alumni
  - MAX
- Caddell Construction
- Publix
- Guardian Credit Union
- Troy Montgomery Nursing Students
- Alabama Christian Academy
- Association of Government Accountants
- The Montgomery Academy
- Sidney Lanier High School JROTC Cadets
  - Lee High School
- Martinis & Manuscripts
- Midtown Plaza Wal-Mart
- Steineker & Dillon
- Southern Care Hospice
- SPIRE
- Community College - US Air Force
- Auburn Montgomery
- Richard, Harris, Ingram & Bozeman
A very successful 2019 Holiday Bags Program was led again by MACOA volunteer Beverly Perkins and Traci Herndon, MACOA Archibald Center Coordinator. Ms. Perkins began last summer collecting donations and storing items to be included in the Holiday Bags. Over 70 donors from businesses, schools, churches, MACOA Board members, and civic groups participated in the Holiday Bag Program. Each December, groceries, goodies, and priority items including bottles of nutritional supplements, peanut butter, canned meat, grits, oatmeal, snacks, personal hygiene and oral hygiene products are packed with care by volunteers. In addition, the quilters group and the Mad Hatters group that meet at the Archibald Center throughout the year make special items for the homebound seniors that are included in the Holiday Bags. Over 100 volunteers packed and delivered 400 Holiday Bags that brought a smile to seniors.
2019 AT A GLANCE

In 2019, MACOA continued reaching new milestones with the help of committed volunteers and donors focused on service to seniors in our community.

- **404** meals delivered daily
- **101** age of oldest client
- **52** corporate route partners
- **1,041** active volunteers delivered 8,266 routes annually
- **2,273** lbs of pet food distributed to 62 clients
- **34** routes delivered daily
- **240** miles per day
- **54** volunteers delivering daily
- **57,840** miles driven annually

**125,139** meals delivered in 2019

(Note: includes Meals On Wheels and Frozen Meals Program serving those on the waiting list.)

---

**FISCAL YEAR 2019**

**INCOME**

$1,472,741

- 29% Government
- 56% Donations
- 3% Services
- 1% Miscellaneous
- 2% Investments
- 9% United Way

**EXPENSES**

$1,422,945

- 48% Meals On Wheels
- 16% Management & General
- 10% Archibald Center
- 13% RSVP
- 8% Development/ Fundraising
- 5% Community Awareness
- 10% Archibald Center
THE IMPACT OF RSVP

MACOA sponsors the Retired and Senior Volunteer Program (RSVP) for Autauga, Coosa, Elmore, Montgomery and Tallapoosa counties. RSVP recruits volunteers for six major and targeted groups: Healthy Futures, Veterans and Military Families, Education, Environmental Stewardship, Economic Opportunity, and Disaster Services. In the five counties 62% of the RSVP volunteers serve in the primary focus area Healthy Futures - these volunteers deliver Meals on Wheels, prepare and package frozen meals, provide transportation to doctor visits, the pharmacy, and grocery store to homebound seniors, provide companionship to homebound, and respite caregivers. RSVP volunteers demonstrated tremendous impact in 2019.

RSVP COORDINATORS BY COUNTY
AUTauga
Shirley Stewart • 334-595-0841
shirley.stewart@prattville.al.gov

COOSA
April Johnson • 256-377-4935
coosarsvp@macoa.org

ELMORE
Shirley Stewart • 334-730-8037
sastewart@macoa.org

MONTGOMERY
Carroll Penton • 334-263-0532
cpenton@macoa.org

TALLAPOOSA
Lisa Moncrief • 256-537-0794
lmoncrief@macoa.org

• RSVP Volunteer Hours 144,713
• RSVP Volunteers 1,259
• RSVP Volunteer Time Value $3,473,112

Volunteer Pinky Reichert teaches Coosa County school children about the water cycle at the Water Festival on Lake Martin.

Ed Jenking, Vietnam War Veteran, assisting other veterans at a Coosa County Health Fair.
SENIORS HONORED
The 32nd Annual Seniors of Achievement Awards Luncheon was held honoring seniors in our community who made a difference and impact with their personal, professional and community achievements along with recognition of a Special Friend of MACOA. The Master Of Ceremonies was Mr. John O’Connor, WSFA Newscaster.

THE 2019 HONOREES
Martha John Allison
Barbara Anderson
Pat Bartoszewicz
Lois Brown
Linda Hanna
Dory Hector
Mable Jordan
Cookie Knott
Milt Livingston
Gray Price
(posthumously)

2019 MARY KATHERINE ARCHIBALD BLOUNT SPECIAL FRIEND OF MACOA AWARD
Mayor Todd Strange

ARCHIBALD CENTER & MACOA EAST
COMMUNITY ENGAGEMENT
In 2019, 4,043 seniors attended programs offered at the Archibald Center and MACOA East with 800 hours of educational and enrichment activities. As a focal point in downtown Montgomery, the Archibald Center continues to serve active seniors age 50 and older with a variety of weekly activities including monthly themed luncheons with guest speakers, recreational activities, quilting, computer classes, and day trips. A second location - MACOA East - operates each Tuesday and Thursday at Grace Presbyterian Church from 9AM to 3PM. Members at MACOA East play dominos, bridge, and pennies. In addition to the enrichment activities, in 2019, there were 63 rentals of the Archibald Center, a premier facility, making an impact of community engagement and deeper connections with the community.
CORPORATE ROUTE PARTNERS

October 1, 2018 - September 30, 2019

We are thankful for the 52 Corporate Route Partners for Meals on Wheels that deliver to homebound seniors either everyday or bi-weekly.

Adams Drugs
Alabama Bankers Association
Alabama Hospital Association
Alabama Municipal Insurance Corporation
Alabama Pharmacy Association
Alpha Kappa Alpha Sorority Inc - Beta Nu Omega Chapter
Aldersgate UMC
Alfa Insurance
Associated Insurance Administrators
Assured Partners
BBVA
Beasley Allen Law Firm
Blue Water Broadcasting
Caddell Construction
Delta Sigma Theta Sorority - Montgomery (AL) Alumnae Chapter
Dentistry at Park Place
Dignity Memorial
Faulkner University
First United Methodist Church
First United Methodist Church Bible Study
Frazer Memorial United Methodist Church
Heritage Baptist Church
Insperien Insurance
J&J Insurance
MAX
Montgomery Advertiser
Montgomery Area Chamber of Commerce
Montgomery County District Attorney's Office
Montgomery Police Department
Montgomery Rotary Club

Montgomery Subaru
Montgomery Water Works
Phillips Animal Clinic
Rehab Select
Rena Sant Bank
River Bank & Trust
So Loved Silver Stuff, LLC
Stamp Idea Group
Stark Agency Insurance
Steineker and Dillon
Taoist Tai Chi Society
Taylor Road Baptist Church
The Bridge/Davis Treatment Center
United Health Care
USAF Maxwell
USAF Maxwell/Gunter
Volunteers of America
WCOV-TV
Wells Mailing
Woodland United Methodist Church
WR Taylor
XPO Logistics

Corporate Route Partner USAF Maxwell

Corporate Route Partner Montgomery Police Department

Corporate Route Partner since 2015 - Alfa Insurance.
THANK YOU TO ALL OF OUR VOLUNTEERS AND DONORS!

Each year, the support and partnership of volunteers and donors help advance MACOA’s mission of service to seniors in our community. A heartfelt thank you to all of our donors and volunteers for your care and compassion of our senior neighbors.

CARING PARTNERS MAKING AN IMPACT

Mark C. Campbell, VP Facilities with ALFA Insurance Company and MACOA Board member presented MACOA with a contribution from the ALFA Foundation. Since 2015, ALFA has served as a Corporate Route Partner. ALFA has delivered 12,192 meals to homebound seniors via our Meals on Wheels program and their dedicated employees have served over 1,000 volunteer hours.

MACOA 2019 MGM IMPACT MAKER NOMINEE

Donna Marietta, Executive Director and Dawn Marie Williams, Director of Donor Relations greeting Mayor Steven Reed who was the Keynote Speaker for the 147th Annual Meeting and 2019 MGM Impact Maker Luncheon.

COMMUNITY AWARENESS

Jim Weinstock, MACOA Board of Directors representing the mission and services of MACOA for the River Region United Way Campaign.

Carroll Penton and Traci Herndon sharing resource material and information regarding MACOA’s services at a health fair for veterans and service providers.
Since 1972 thru September 30, 2019, 4,170,710 Meals have been served through Meals on Wheels and the Frozen Meals Program at MACOA. Together we can end hunger among our senior neighbors.