







Are you at risk for falling?

Please circle “Yes” or “No” for each statement below.			Why it matters?
Yes (2)	No (0)	Have you fallen within the past year?	People who have fallen once are likely to fall again.
Yes (2)	No (0)	Do you use or have been advised to use a cane or walker to get around safely?	People who have been advised to use a cane or walker are more likely to fall.
Yes (1)	No (0)	Are you ever unsteady when you are walking?	Unsteadiness or needing support while walking are signs of poor balance.
Yes (1)	No (0)	Do you steady yourself by holding onto furniture or other items when walking in and / or outside of the home?	This is also a sign of poor balance which could lead to a fall.
Yes (1)	No (0)	Are you worried about falling?	People who are worried about falling are more likely to fall.
Yes (1)	No (0)	Do you need to push with your hands to stand-up from a chair?	This is a sign of weak leg muscles, a major reason for falling.
Yes (1)	No (0)	Do you have trouble stepping-up onto a curb?	This is also a sign of weak leg muscles.
Yes (1)	No (0)	Do you often have to rush to the toilet?	Rushing to the bathroom, especially at night, increases your chance of falling.
Yes (1)	No (0)	Have you lost some feeling in your feet?	Numbness in your feet can cause one to stumble and lead to a fall.
Yes (1)	No (0)	Do you take medicine that sometimes makes you feel light-headed or more tired than usual?	Side effects from medicines can sometimes increase your chance of falling.
Yes (1)	No (0)	Do you take medicine to help you sleep or improve your mood?	These medicines can sometimes increase your chance of falling.
Yes (1)	No (0)	Do you often feel sad or depressed?	Symptoms of depression, such as not feeling well or feeling slowed down, are linked to falls.
Yes (0)	No (2)	Do you have a medical alert system?	Falls are the second leading cause of accidental or unintentional injury deaths worldwide. A vast majority of these deaths are seniors. 90 percent of seniors who receive help within one hour after their fall remain independent.
Total _____		Add the number of points for each “yes” answer. If you scored 4 points or more, you may be at risk for falling.	

Local: 410-544-4800 Toll Free: 1-800-227-5500
Serving Anne Arundel, Frederick, And Upper Shore Counties

Product	Traditional 2 way PERS	Cellular 2 way PERS	GPS/Mobile PERS	Fall Detector Pendant	Belle Wifi PERS	Belle + PERS
Image						
Overview	<ul style="list-style-type: none"> Landline Required Two-Way Voice Interactive Monitoring 36 Hour Battery Back-Up Scheduled Automatic Internal Test Compatible with Fall Detector Pendant Waterproof Pendant or Wristband 	<ul style="list-style-type: none"> Does Not Require a Landline or cell phone Two-Way Voice Interactive Monitoring 36 Hour Battery Back-Up Operates on AT&T 3G Network** Waterproof Pendant or Wristband Compatible with Fall Detector Pendant 	<ul style="list-style-type: none"> No cellular contract required Allows for use at Home and Away Two-Way Voice Interactive Monitoring Provides Customer's Latest Location Operates on AT&T 3G Network** 36 hour battery life Compatible with Fall Detector Pendant 	<ul style="list-style-type: none"> Automatically Detects a Fall and Summons Help (Without Having to Push Their Button) Compatible With Traditional, Cellular and GPS Mobile Devices Wearable as a Pendant Waterproof 	<ul style="list-style-type: none"> Wearable Unit for use at home and away Wearable Two-Way Voice Interactive Monitoring 30 Day Rechargeable Battery Life Waterproof Operates on AT&T or Verizon Network ** Provides Latest GPS Location 	<ul style="list-style-type: none"> Wearable Unit for use at home and away--with fall detector included 5-day Rechargeable Battery Life Provides Latest GPS location Operates on AT& T Network** Waterproof
Prices	Member: \$30/Month Non-Member:\$35/Month	Member: \$35/Month Non-Member: \$45/Month	Member: \$45/Month Non-Member: \$55/Month	Member: Additional \$10/Month Non-Member:Additional \$12/Month	Member: \$50/Month Non-Member: \$55/Month	Member: \$55/Month Non-Member: \$60/Month
Benefits of enrolling with Partners In Care:	<ul style="list-style-type: none"> No contract, cancel anytime for any reason without penalty All units include a FREE lockbox for your spare key Personal phone calls from Partners In Care staff after an incident Free and easy installation and testing done by our Repairs with Care Program Troubleshooting and equipment replacement done through our offices <p>**Please note that coverage varies and is not guaranteed. We will try our best in helping select the device that best fits your home and your lifestyle.</p>					

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