

<b>GROUP 1</b>	<b>GROUP 2</b>						
Team B.A.N.E.	Foundation Crossfit						
Viking Family	Young Guns and 'ol Greg						
Stoneway CF	THORBECKES BLACK						
Town Athletics	Trouble Unders						
Town Athletics FT	CrossFit Devotion						
Team Pilchuck	Inveniam Athletics						
CrossFit Interbay	Blonyx						
Crossfit West Seattle	CrossFit Marysville						
CrossFit Rewired	Duratus						
Are We Masters Yet?	Spokane Valley						
THORBECKES BLUE	CrossFit Coeur d'alene						
	CrossFit Bel Red						
<b>Quadsimodo</b>							
8:00	8:30						
<b>GROUP 1</b>	<b>GROUP 2</b>						
<b>Clean and Press...ish</b>							
9:30	9:42	9:54	10:06	10:18	10:30	10:42	10:54
Team B.A.N.E.	Stoneway CF	Town Athletics	CrossFit Interbay	CrossFit Bel Red	Foundation Crossfit	CrossFit Devotion	CrossFit Coeur d'alene
Viking Family	Team Pilchuck	Are We Masters Yet?	Crossfit West Seattle	Thorbeckes Blue	Young Guns and 'ol Greg	Inveniam Athletics	CrossFit Marysville
	Town Athletics FT	Thorebeckes Black	CrossFit Rewired	Trouble Unders	Spokane Valley	Duratus	Blonyx
<b>Choose Wisely</b>							
11:45	12:15						
<b>GROUP 1</b>	<b>GROUP 2</b>						
<b>Scout Troop 247365</b>							
1:00	1:15	1:30	1:45				
Team B.A.N.E.	Team Pilchuck	Foundation Crossfit	Blonyx				
Viking Family	CrossFit Interbay	Young Guns and 'ol Greg	CrossFit Marysville				
Stoneway CF	Crossfit West Seattle	THORBECKES BLACK	Duratus				
Town Athletics	CrossFit Rewired	Trouble Unders	Spokane Valley				
Town Athletics FT	Are We Masters Yet?	CrossFit Devotion	CrossFit Coeur d'alene				
	THORBECKES BLUE	Inveniam Athletics	CrossFit Bel Red				
<b>Team Final:TBA</b>							
2:15	2:45						
Heat 1	Heat 2						