

GLUTEN-FREE MENU



louie's is proud to offer over 35 gluten-free menu items, and while our gluten-free selections do not contain gluten in their ingredients, please note louie's is **not a gluten-free kitchen**.

substitute

sub sides

- .99 organic apples
- .99 chipotle aioli slaw
- .99 classic fries
- n/c organic brown rice
- n/c kettle chips
- 3.50 green salad (og)
- 3.50 caesar salad
- 3.50 garlic + feta fries
- 3.50 sweet potato fries

sub bread

- 1.50 gluten-free wrap
- 1.99 gluten-free bread
- 2.50 gluten-free bun

add sauce

- .99 sriracha ranch
- .99 jack daniel's bbq
- 2.50 tomato pesto
- 2.50 basil pesto
- .99 chipotle aioli
- .99 thai peanut
- .99 sweet chili
- .99 frank's hot sauce
- .99 whole grain dijon
- .99 organic marinara
- .99 organic salsa
- .99 soy sauce (gf)

add dressing

- .75 oil + vinegar
- .75 honey mustard
- .75 1000 island
- .75 balsamic
- .75 bleu cheese
- .75 caesar
- .75 ranch

add cheese

- 1.25 swiss
- 2.75 bleu crumbles
- 1.25 cheddar
- 1.25 american
- 2.25 oregonzola
- 1.25 pepper jack
- 2.25 parmesan

add toppings

- 2.25 guacamole (og)
- .75 grilled onions (og)
- .75 jalapeños
- 5.50 portobello

add protein

- 2.75 bacon
- 4.50 all natural chicken
- 7.50 alaskan salmon
- 5.50 natural beef patty
- 3.50 organic tofu
- 5.99 black bean patty (og)

specialties

ASK YOUR SERVER TO "SKIP THE CROUTONS"

SERVED WITH YOUR CHOICE OF ORGANIC ROMAINE CAESAR OR ORGANIC MIXED SPRING GREENS

oregon blackberry ribs a half-rack of meaty pork ribs, dry-rubbed, flame-grilled, garnished with blackberries + served on a bed of steamy organic brown rice. 14.99

wild alaskan salmon fillet flame-grilled + served on a bed of steamy organic brown rice. 13.99

coconut chicken skewers tender, juicy, all-natural hormone-free chicken fillets, marinated, flame-grilled, topped with toasted coconut flakes + served with steamy organic brown rice. 11.99

small plates

thai tofu canoes crisp organic romaine boats topped with flame grilled, local organic tofu, marinated and chopped with fresh, crunchy mixed cabbage with delicious sweet chili + thai peanut sauce, topped with organic carrot laces. 5.99

bbq bleu canoes crisp organic romaine boats topped with chopped bacon, flame-grilled hormone-free chicken, fresh crunchy mixed cabbage, drizzled with jack daniel's bbq sauce + topped with bleu cheese crumbles. 6.99

flame-grilled skewers two juicy all-natural hormone-free coconut chicken skewers or two marinated, local, organic tofu skewers, served with your choice of thai peanut or sweet chili sauce. 6.99

hummus platter delicious, organic, red pepper hummus served with grilled gluten-free flats, organic carrots, celery + organic balsamic marinated red onions. 7.99

sweet potato waffles deliciously rich + satisfying waffle-cut sweet potatoes. 6.99

garlic + feta fries our classic fries tossed with garlic + rich feta cheese. 6.99

classic fries voted "ashland's favorite" since 1998. 3.99

kettle chips a perfect light nibble of our crisp + delicious golden brown chips. 2.99

salad+rice

ASK YOUR SERVER TO "SKIP THE CROUTONS"

SMALL 4.99 LARGE 7.99 / CUP 1.99 BOWL 2.99

organic mixed spring greens healthy, fresh, organic spring greens topped with organic carrot laces, organic sliced tomatoes, organic red onion + your choice of dressing.

organic romaine caesar salad crisp organic romaine lettuce, lightly tossed with classic caesar dressing topped with parmesan cheese + a lemon wedge.

organic brown rice steamy + organic.

combo enjoy a small organic romaine caesar or organic mixed spring greens salad with your cup or bowl of organic brown rice. add 3.99

wraps

ASK FOR OUR ALL-NATURAL GLUTEN-FREE WRAP

ALL WRAPS SERVED WITH KETTLE CHIPS

mediterranean delicious organic red pepper hummus wrapped with feta cheese, crisp organic romaine, organic carrots, organic tomatoes, organic balsamic marinated red onions + sun-dried tomato pesto. 11.49

chicken club all-natural, hormone-free, juicy chicken breast with bacon, swiss, organic tomatoes + organic romaine lettuce, organic onion + mayo. 11.49

chicken caesar crisp organic romaine lightly tossed with classic caesar dressing, sprinkled with parmesan cheese + wrapped with juicy, all-natural, hormone-free, flame-grilled chicken breast. 11.49

salmon caesar crisp organic romaine lightly tossed with classic caesar dressing, sprinkled with parmesan cheese + wrapped with a flame-grilled wild alaskan salmon fillet. 13.49

thai peanut marinated + grilled local organic tofu spun in thai peanut sauce, wrapped with shredded cabbage, organic red onion + organic carrots, served with sweet chili dipping sauce. 11.49

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sandwiches

ASK YOUR SERVER FOR OUR LOCAL GLUTEN-FREE BREAD SERVED WITH LOUIE'S KETTLE CHIPS

portobello swiss marinated + grilled portobello mushroom topped with organic grilled onions, swiss cheese + sun-dried tomato pesto. 12.99

grilled pesto tofu 1/4 lb marinated + flame-grilled local, organic tofu topped with fresh organic tomatoes + lettuce, melted pepper jack + garlic basil pesto. 11.99

mama louie's gourmet grilled cheese oregonzola, cheddar, swiss + pepper jack cheeses with sliced organic tomatoes + garlic basil pesto. 11.99

chicken + swiss club all-natural, hormone-free, juicy chicken breast, swiss cheese, bacon, organic tomato, organic lettuce + organic red onion, with mayo. 12.99

grilled wild alaskan salmon a whole fillet, flame-grilled + prepared with fresh organic sliced tomatoes, organic lettuce + chipotle aioli. 14.99

flame-grilled chicken breast fillet all-natural, hormone-free, juicy chicken breast topped with honey mustard, melted pepper jack, organic tomatoes + organic romaine lettuce. 12.99

burgers

ASHLAND'S FAVORITE SINCE 1998
100% LOCAL, FRESH, HORMONE-FREE, PASTURE-RAISED,
ALL-NATURAL FLAME-GRILLED BEEF

ASK YOUR SERVER FOR OUR LOCAL GLUTEN-FREE BUN
ALL BURGERS ARE 1/4 LB, SERVED WITH ORGANIC TOMATOES,
ORGANIC LETTUCE, ORGANIC RED ONION, PICKLES,
1000 ISLAND DRESSING + A GENEROUS SIDE OF CLASSIC FRIES

recession louie's famous classic. 9.49

oregonzola creamy southern oregon gorgonzola cheese perfectly paired with bacon. 13.49

jack daniel's flame-grilled with our jack daniel's bbq sauce, bacon + american cheese. 13.49

turkey healthy option of 1/3 lb perfectly seasoned flame-grilled all white meat turkey patty. 12.49

ashlandia two patties, bacon + american cheese. 15.49

chipotle black bean delicious 1/4 pound organic + vegan patty with all the fixings. 12.49

kid's menu

FOR KIDS OF ALL AGES

ASK FOR OUR GLUTEN-FREE BREAD, WRAPS + BUNS
CHOICE OF FRESH ORGANIC APPLES

OR ORGANIC BROWN RICE OR LOUIE'S KETTLE CHIPS

organic pb + j made with organic peanut butter + organic strawberry jelly. 6.99

cheese quesadilla blend of monterey jack + cheddar cheeses melted together + served with organic salsa. 8.49

add all-natural hormone-free grilled chicken 4.50

add organic guacamole 2.25

nathan's hot dog all-beef frank with pickle relish + chopped organic red onions upon request. 8.99 add jack + cheddar 1.25

grilled cheese the classic with american cheese. 6.99

add fresh organic sliced tomatoes. .99

recession burger 100% local, fresh, hormone-free, pasture-raised, all-natural flame-grilled beef with organic lettuce, organic tomatoes, organic red onion, pickles + 1000 island dressing. 9.49

desserts

truffles satisfy your sweet tooth with four louie's melt-in-your-mouth chocolate truffles 2.75

lava cake served warm with a molten hot chocolate-lava center, topped with whipped cream + a drizzle of chocolate sauce 7.99