

# The Merry-Go-Round of Goodness

Life happens to us all! Thank God His Word promises us that all things work together for good to those who love God and are called according to His purpose! (Romans 8:28). This tool will help you come out stronger, faster, & more successful when unexpected realities happen. You can transform your thinking from how life used to be to how life will be, giving you hope for "the good life"!

## Getting off the Not-So-Merry-Go-Round

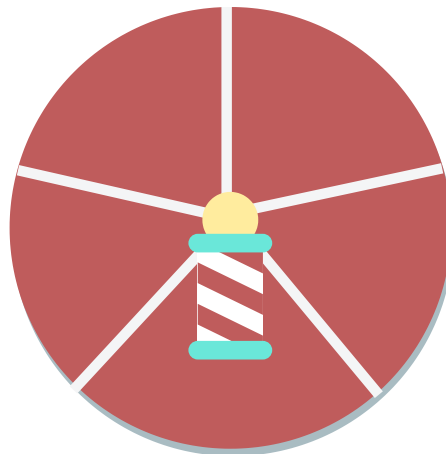
Momentum

Positive Self Talk

Take Action

Who do I want to be?

Compelling future God has called me to enjoy



Hard Realization or Inciting Incident

Negative Self Talk

Who do I not want to be?

Projected painful future without God

## The Good Life--Headed My Way!

My hard realization/  
inciting incident:

Who I don't want to be:

Who I do want to be:

My projected painful future without God:

Who I am being?

My compelling future God has called  
has called me to enjoy:

How I plan to take action:

Capabilities, resources, help needed:

Negative self talk, no more!

*"The good life" God has called us to live will draw others to Him. John 10:10; Romans 2:4*