

**PART 6 : TRACK RACES**

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## **6.1 General**

- 6.1.1 In all events stated to be held under the Rules of the UCI and Cycling SA. It shall be assumed (unless otherwise duly appearing) that the following regulations are enforced, in respect of all types of track races.
- 6.1.2 Affiliated Associations and their clubs shall hold all their races under the Rules of Cycling SA, stating so in their advertisements, programmes and official notices. The rules for competition must be strictly enforced and observed.
- 6.1.3 Only officials of the meeting, Cycling SA representatives, competitors and attendants shall be allowed in the enclosure, except by special permission of the Secretary of the meeting; competitors and their attendants only during the heat proceeding and that in which they are engaged.

## **6.2 Track Measurements**

- 6.2.1 A certified copy of the plan of the track, showing the markings, lap distance and the number of laps plus any extra distance, for each officially recognized race distance shall be lodged with Cycling SA.
- 6.2.2 The Provincial Body and the Board of Trustees of Cycling SA reserves itself the right to refuse to sanction racing upon a track, which considers to be unsuitable for such purposes.

## **6.3 Appointment of Officials for Track Meetings**

- 6.3.1 At all open meetings held it shall be the duty of the Provincial Officials Body to appoint the officials and to be generally responsible for the proper conduct of the meeting.
- 6.3.2 At all meetings held under the Rules of Cycling SA only Commissaires, Judges and Timekeepers registered by Cycling SA shall be allowed to officiate
- 6.3.3 No official shall be permitted to compete and officiate in the same event.
- 6.3.4 The following list of officials will be needed for the satisfactory control of track meetings:
  - 6.3.4.1 MANAGEMENT OFFICIALS – Race director, Secretary, Technical Manager.
  - 6.3.4.2 COMPETITION OFFICIALS – President Commissaire, Corner Commissaires
  - 6.3.4.3 Commissaires, Starter, Judges ( 3 or more), Timekeepers (3 or more)
  - 6.3.4.4 Starter’s assistant, Machine Examiner, Announcer,
  - 6.3.4.5 Lap Scorer (2 or More), Recorders ( 1 or more)
  - 6.3.4.6 Competitors and Press.

## 6.4 Records

- 6.4.1 The Board of Trustees of Cycling SA shall adjudicate on claims for South African Records, and shall:
- 6.4.1.1 Procure and use any evidence bearing upon the claim and shall retain all documents in connection therewith.
  - 6.4.1.2 Decline to consider any claim it may consider to be contrary to the interests of the sport. Any person claiming or improperly supporting a record, renders himself liable to be dealt with the Board of Trustees.
  - 6.4.1.3 Insist on the rider submitting to a Medical Control test after any individual record attempt on track.
- 6.4.2 No Claim for a record shall be considered unless the ride has been made:
- 6.4.2.1 On a Track measured in accordance with Cycling SA Rules and certified by a surveyor.
  - 6.4.2.2 In the presence of a Commissaire, who shall be appointed by the Provincial Officials Body or National Officials Body, having jurisdiction and timed by at least three registered timekeepers, the particulars on the official application form must be certified by the Commissaire, Chief Timekeeper and in the case of a bunch race by the Chief Judge.
  - 6.4.2.3 Records must be claimed by the Provincial Body within 14 days of the rider, upon the official form provided by Cycling SA.
- 6.4.3 The Board of Trustees may consider an application after a period at its discretion provided other similar records has not been recorded in the interim.
- 6.4.4 The application to attempt a record in a private time trial shall be made to Cycling SA through the Provincial Body concerned. All arrangements regarding officials and timing of the attempt to be sanctioned by the National Officials Body.
- 6.4.5 All Costs that may be incurred shall be borne by the applicant
- 6.4.6 In private record attempts in any multiple lap time trial, recorded lap times must be compiled by the timekeepers, and claims for the records must be accompanied by the lap score chart with recorded times, certified as to its accuracy by the Chief Timekeeper.
- 6.4.7 South African Records will be recognized only when established by riders holding current full Cycling SA license. Categories in which records will be recognized are as follows:
- 6.4.7.1 ALL COMERS RECORD: Records established by Elite, Under 23 or Junior Riders
  - 6.4.7.2 ELITE OR UNDER 23 RECORDS: Records established by any rider confined to Senior Riders.
  - 6.4.7.3 JUNIOR RECORDS: Records established by any Junior Rider in a Time Trial or Junior Race.
  - 6.4.7.4 YOUTH RECORDS: Records established by Youths in the age groups recognized by Cycling SA. A record established by a rider in a younger age group can, if good enough be recognized for older age groups as well.
  - 6.4.7.5 MASTERS RECORDS: Records established by Masters in a Time Trial or a race confined to masters.
  - 6.4.7.6 LADIES RECORDS: Records established by Ladies in a Time Trial or a race confined to ladies.

#### 6.4.8 Events for South African Records

##### 6.4.8.1 ELITE AND UNDER 23

200m, 1km Time Trial, 4km Individual Pursuit, 4km Team Pursuit, One hour, 1500m (Bunch), 1000m 2 man Time Trial.

##### 6.4.8.2 LADIES

200m, 500m Time Trial, 3km Individual Pursuit, One Hour, 1500m (Bunch)

##### 6.4.8.3 JUNIORS

200m, 1km Time Trial, 3km Individual Pursuit, 4km Team Pursuit, 1500m (Bunch)

##### 6.4.8.4 UNDER 16

200m, 500m Time Trial, 2km Individual Pursuit, 3km Team Pursuit, 1500m (Bunch)

##### 6.4.8.5 UNDER 14

500m Time Trial, 2km Team Pursuit, 1500m (Bunch)

##### 6.4.8.6 UNDER 10 & 12

500m Time Trial, 2km Team Pursuit, 1500m (Bunch)

##### 6.4.8.7 JUNIOR LADIES

200m, 2km Individual Pursuit, 500m Time Trial

##### 6.4.8.8 MASTERS

200m, 500m or 1000m Time Trial, 3km or 2km Individual Pursuit, 1500m (Bunch)

#### 6.5 Heats

6.5.1 Preliminary heats shall be held in track events in which the number of competitors is too large to allow the competition to be conducted satisfactorily in a single race.

6.5.2 In Qualifying heats and finals of all scratch races the maximum number of competitors shall be as follows (unless otherwise sanctioned by Cycling SA):

##### 6.5.2.1 VETS, SENIORS, LADIES and JUNIORS

6.5.2.1.1 1500m – 16

##### 6.5.2.2 YOUTH (depending on track size)

6.5.2.2.1 Up to and including 500m – 6

6.5.2.2.2 Over 500m to 3km inclusive – 12

6.5.2.2.3 Over 3km and over – 20

- 6.5.3 These limits will also apply to handicap races except that in events of 500m or less the number of riders may be increased to a maximum of 12 in all categories.
- 6.5.4 The heats and qualifying criteria shall be arranged by the Committee conducting the meeting. The representatives of each Province or Club shall be placed as far as possible in different heats.
- 6.5.5 In all preliminary heats, except Sprint races at least the first and second in each heat shall qualify for the next round.
- 6.5.6 A competitor shall not be allowed to compete in a heat other than the one in which his name appears, except in circumstances, which the Commissaire may rule.
- 6.5.7 No late, made up or supplementary heats will be permitted, but the commissaire or Director of Sport may order that heats be consolidated or divided in cases where the number of competitors is to many.
- 6.5.8 In all races where the distance of the qualifying heats varies from the distances of the final, full details shall be given in the prospectus of the meeting. Qualifying heats shall be over a constant distance.
- 6.5.9 A Competitor qualifying in a preliminary heat must ride in the next round, unless he has the sanction of the Commissaire to abstain, or be liable to suspension.
- 6.5.10 In the event of a dead heat in a heat, the tying competitors shall qualify for the next round.
- 6.5.11 In the event of a dead heat in a final:
  - 6.5.11.1 Of handicap or scratch race (other than championships) the Commissaire will order the prizes to be equally divided.
  - 6.5.11.2 In Championship events, National and Provincial, the riders dead-heating shall jointly hold the title, and each shall receive the appropriate award.

## **6.6 Handicaps**

- 6.6.1 All handicaps (except Club Events) whether road or track shall be handicapped by an Official Handicapper appointed by the Association organising the event.
  - 6.6.1.1 The distance of handicaps in track events shall be in metres.
  - 6.6.1.2 The time handicap allowed in road events shall be in minutes or fraction of minutes.
  - 6.6.1.3 The handicap mark or time allowance must appear on all programmes or start sheets.
  - 6.6.1.4 After a handicap or list of entrants together with their handicaps have been published, no alteration shall be made therein unless in the opinion of the Commissaire, a clerical error, omission has occurred or penalties have to be enforced.

## **6.7 Coaching**

- 6.7.1 Only bona-fide Managers or Coaches shall be permitted to coach from the inside of the track at the discretion of the Commissaire.
- 6.7.2 Managers or Coaches shall report their presence to the Commissaire before the commencement of a road and track meeting.

- 6.7.3 Coaching from the inside of the track by persons other than provided for above is strictly forbidden. Offenders shall be liable to disciplinary action and the competitors concerned may be liable to a summary disqualification.

## **6.8 Lapped Riders**

- 6.8.1 Any competitor who is lapped, may at the discretion of the Commissaire, be called off the track.
- 6.8.2 Competitors shall not be permitted ( in distance races ) to fall behind and continue in the race for the express purpose of pacing another competitor who is in the act of attempting to or is in the process of gaining a lap.

## **6.9 Scratching**

- 6.9.1 In the event of scratching from the preliminary heats of a race the Commissaire may rearrange the heats in such a way as to divide the riders more evenly between the heats and, if necessary he may reduce the number of heats.
- 6.9.2 If the number of riders in a heat is reduced to the point where all riders will qualify for the next round, then such riders may go forward to the next round automatically without having to ride the heat.

## **6.10 Starts for Track Races**

- 6.10.1 Every Competitor must be ready to start when required, failing which, the race shall be started without them. Any competitor refusing or delaying to proceed to their position may be disqualified.
- 6.10.2 Each competitor must start from their proper mark, and in default may be disqualified, but with the consent of the Commissaire he may start from a mark behind the one allotted to them
- 6.10.3 Youth riders are to remain in their saddles until the Starters gun/ whistle is sounded. Failure to abide by this rule will constitute a false start, and a repetition of the offence by a rider or riders will lead to disqualification.
- 6.10.4 All bunch races will be a rolling start.

## **6.11 Race Regulations**

- 6.11.1 These regulations in particular apply to the organisation of the National Track Championships and in a modified form to all similar type races organised at any meeting held under the Cycling SA Rules. Please consult the relevant UCI Rules.

## **6.12 Sprint**

- 6.12.1 At National Track Championships the entry shall be limited to a maximum of 24 (twenty four) riders, with the criteria for selection being as follows.
- 6.12.2 Current South African Champion
- 6.12.3 Provincial Championship medal winners shall be seeded according to their qualifying times.
- 6.12.4 Riders who did not win Provincial Championship medals may be included if they achieved the qualifying time prescribed for time to time by the Technical Committee.
- 6.12.5 Qualifying times may only be ridden on a bona-fide track meeting or qualifying times meeting.

**6.13 1 Kilometre and 500m Time Trial**

- 6.13.1 At National Track Championships the entry shall be limited to a maximum of 20 (twenty) riders, with the criteria for selection being as follows.
  - 6.13.1.1 Current South African Champion
  - 6.13.1.2 Provincial Championship medal winners shall be seeded according to their qualifying times.
  - 6.13.1.3 Riders who did not win Provincial Championship medals may be included if they achieved the qualifying time prescribed from time to time by the Technical Committee.
  - 6.13.1.4 Qualifying times may only be ridden on a bona-fide track meeting or qualifying times meeting.

**6.14 Individual Pursuit**

- 6.14.1 At National Track Championships the entry shall be limited to a maximum of 20 (twenty) riders, with the criteria for selection being as follows.
  - 6.14.1.1 Current South African Champion
  - 6.14.1.2 Provincial Championship medal winners shall be seeded according to their qualifying times.
  - 6.14.1.3 Riders who did not win Provincial Championship medals may be included if they achieved the qualifying time prescribed from time to time by the Technical Committee.
  - 6.14.1.4 Qualifying times may only be ridden on a bona-fide track meeting or qualifying times meeting.

**6.15 Elimination**

- 6.15.1 This event will be included on the program of the National Track Championships, with the field limited according to the track size.
- 6.15.2 In the event of too many entrants heats will be run to determine who rides the finals.

**6.16 Points Race**

- 6.16.1 This event will be included on the program of the National Track Championships, with the field limited according to the track size.
- 6.16.2 In the event of too many entrants heats will be run to determine who rides the finals.

**6.17 Progressive Points Races**

- 6.17.1 The race is run over varying distances and is on a points winning basis.
- 6.17.2 Points are given each and every lap for the first rider to cross the line and the points are awarded as one point for the first lap, two points for the second etc. If it be a ten lap event then the tenth lap will be worth 10 points to the first rider crossing the finish line.

- 6.17.3 The winner is the rider with the greatest number of points. No double points awarded on the last lap.
- 6.17.4 Method of starting – Starting shall be by means of a push start or by rolling start.

### **6.18 Italian Team Pursuit**

- 6.18.1 The race is contested over four laps by a team of four riders, though this may be increased to five or more riders.
- 6.18.2 Two or more teams will start at equal distances around the track. The leading rider of each team rides one complete lap and at the completion of that lap he shall drop out of the race. As each rider finishes his lap he takes no further part in the race. The result is judged by the last rider in each team crossing his respective finish line or by the team recording the fastest time to complete the distance.
- 6.18.3 Starting and timekeeping as for Individual Pursuit.
- 6.18.4 A team will be disqualified if any of the riders do not ride a complete lap before being overtaken by the next rider in the team, except in the case of a puncture, or mechanical failure to the machine of the leading rider.
- 6.18.5 Each rider must lead one complete lap and must relinquish the lead after the finishing line and before passing the red flag, which is placed 15 meters before and beyond the finishing line. The lead is deemed to have been relinquished, if the leading rider has been overtaken or has swung out and disassociated himself from the race.
- 6.18.6 In the case of a recognized mishap a re-ride will be run.

### **6.19 Australian Pursuit**

- 6.19.1 This race has two or more competitors evenly spaced around the track and may be run over any number of laps.
- 6.19.2 The object is to catch the rider in front, at the same time keeping away from the competitors behind.
- 6.19.3 Anyone caught is automatically eliminated, and the winner is the competitor who covers the greatest distance (in a specified time) or the fastest time (specified distance) or catches all the other competitors
- 6.19.4 Starting, timekeeping etc are the same as for Individual Pursuit.

### **6.20 Two man Time Trial**

- 6.20.1 The change over may take place at any point during the race. Flags will not be placed on the track to mark change over points
- 6.20.2 The change will be effected by (i) a seat sling or push (ii) a touch (iii) hand-sling

## 6.21 Special Licensing Conditions

- 6.21.1 Any rider who is turning 16 years of age during a calendar year and who is holding an Under 16 category license (membership), will be allowed to participate in Junior Category events from 1 October until 31 December annually. Up-riding will only be allowed for these riders in Junior specific events and will be excluded from participation in any events open to the Elite Category.
- 6.21.2 Any rider who is turning 18 years of age during a calendar year and who is holding a Full Racing Junior Category License, will be allowed to participate in Elite Category events from 1 October until 31 December annually.
- 6.21.3 Riders will be allowed to participate in the gears of the category for which the event is held.
- 6.21.4 Riders may not participate in more than one age category National Championships in the same calendar year.
- 6.21.5 Junior riders who have already turned 18 years of age from 1 October annually, may be selected for international elite participation with the permission of the Track Commission and the UCI (International Cycling Union) but can only do so by applying and being registered as a Full Racing Elite Cyclist during this period. Once a rider has upgraded his / her license as an Elite Cyclist, he / she cannot race as a junior cyclist again and will remain in this category for the remainder of the calendar year.