

PART 6: TRACK RACES

Table of Contents

6.1	GENERAL	1
6.2	TRACK MEASUREMENTS.....	1
6.3	APPOINTMENT OF OFFICIALS FOR TRACK MEETINGS	1
6.4	RECORDS	2
6.5	AGE CATEGORIES AND GEAR RATIO RESTRICTIONS	
6.6	HEATS.....	4
6.7	HANDICAPS.....	5
6.8	COACHING.....	5
6.9	SCRATCHING.....	5
6.10	STARTS FOR TRACK RACES	5
6.11	RACE REGULATIONS	6
6.12	PROGRESSIVE POINTS RACES	6
6.13	ITALIAN TEAM PURSUIT	6
6.14	AUSTRALIAN PURSUIT.....	6
6.15	TWO MAN TIME TRIAL.....	7
6.16	SA TRACK CHAMPIONSHIPS.....	7

These Rules and Regulations of Cycling SA are to be read in conjunction with the Rules and Regulations of the UCI, which will take precedence in the event of any conflict in content, context or interpretation.

**Approved by the Annual General Meeting of Cycling South Africa
on 19 November 2016**

6.1 GENERAL

- 6.1.1 In all events stated to be held under the Rules of the UCI and Cycling SA, these regulations and those of the UCI shall be enforced in respect of all types of track races.
- 6.1.2 Associations affiliated to Cycling SA and their clubs shall hold all their races under the Rules of Cycling SA and the UCI, stating so in their advertisements, programs and official notices. The rules for competition must be strictly enforced and observed.
- 6.1.3 Only officials of the meeting and Cycling SA representatives shall be allowed in the enclosure and, except by special permission of the Secretary of the meeting or the President Commissaire, competitors and their attendants only during the heat proceeding and those in which they are engaged.

6.2 TRACK MEASUREMENTS

- 6.2.1 A certified copy of the plan of the track, showing the markings, lap distance and the number of laps plus any extra distance, for each officially recognised race distance shall be lodged with Cycling SA.
- 6.2.2 The Provincial Body or Cycling SA reserves itself the right to refuse to sanction racing upon a track, which considers being unsuitable for such purposes.

6.3 APPOINTMENT OF OFFICIALS FOR TRACK MEETINGS

- 6.3.1 At all open meetings the officials shall be appointed as set out in Part 7 of the Rules and Regulations of Cycling SA.
- 6.3.2 At all meetings held under the Rules of UCI and Cycling SA only officials licensed by Cycling SA shall be allowed to officiate
- 6.3.3 No official shall be permitted to compete and officiate in the same event.
- 6.3.4 The following list of officials will be needed for the satisfactory control of track meetings:
 - 6.3.4.1 Management Officials: Race director/Clerk of course, Secretary, Technical Manager.
 - 6.3.4.2 Competition Officials: President Commissaire, Judge Referee, Starter.
 - 6.3.4.3 Corner Commissaires, Judges (3 or more), Timekeepers (3 or more).
 - 6.3.4.4 Starter's assistant, Machine Examiner, Announcer.
 - 6.3.4.5 Lap Scorer (2 or More), Recorders (1 or more).



6.3.4.6 Competitors and Press.

6.4 **RECORDS**

- 6.4.1 Cycling SA shall adjudicate on claims for South African records, and shall:
- 6.4.1.1 Procure and use any evidence bearing upon the claim and shall retain all documents in connection therewith.
 - 6.4.1.2 Decline to consider any claim it may consider to be contrary to the interests of the sport. Any person claiming or improperly supporting a record renders himself liable to be dealt with by EXCO.
 - 6.4.1.3 Insist on the rider submitting to a medical control test after any individual record attempt on track. If the record attempt is part of the program, the test shall be undertaken by medical control if available. If the attempt is a private record, the medical control shall be at the cost of the cyclist.
- 6.4.2 No claim for a record shall be considered unless:
- 6.4.2.1 the record attempt has been undertaken on a track measured in accordance with UCI and Cycling SA Rules and certified by a surveyor;
 - 6.4.2.2 the record attempt has been undertaken in the presence of a UCI or National Commissaire, who shall be appointed by the Provincial Officials Body or National Officials Body, having jurisdiction;
 - 6.4.2.3 the record attempt has been timed by at least three official timekeepers;
 - 6.4.2.4 the particulars on the official application form has been certified by the Commissaire, Chief Timekeeper and in the case of a bunch race by the Chief Judge.
- 6.4.3 The results of the record attempt must be submitted by the Provincial Body to Cycling SA within 14 days of the attempt, upon the official form provided to Cycling SA.
- 6.4.4 EXCO shall consider an application after a period at its discretion provided other similar records have not been recorded in the interim and EXCO must ratify any national record
- 6.4.5 The application to attempt a record in a private time trial shall be made to Cycling SA through the Provincial Body concerned. All arrangements regarding officials and timing of the attempt shall be sanctioned by the Technical and Commissaires Commission.
- 6.4.6 All costs that may be incurred shall be borne by the applicant.
- 6.4.7 In private record attempts in any multiple lap time trial, recorded lap times must be compiled by the timekeepers and claims for the records must be accompanied by the lap score chart with recorded times, certified as to its accuracy by the Chief Timekeeper.
- 6.4.8 South African Records will be recognised only when established by riders holding a current Full Racing License. Categories in which records will be recognised are as



follows:

- | | | |
|---------|--------------------|---|
| 6.4.8.1 | All Comers Record: | Records established by Elite or Junior Riders |
| 6.4.8.2 | Elite Records: | Records established by any rider confined to Elite Riders. |
| 6.4.8.3 | Junior Records: | Records established by any Junior Rider. |
| 6.4.8.4 | Youth Records: | Records established by Youths in the age groups recognised by Cycling SA. See paragraph 6.4.9 below. A record established by a rider in a younger age group can, if good enough be recognised for older age groups as well. |
| 6.4.8.5 | Masters Records: | Records established by Masters. |
| 6.4.8.6 | Ladies Records: | Records established by Ladies. |

6.4.9 Events for South African Records

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|---------|-------------------|--|
| 6.4.9.1 | Elite & Under 23: | 200m, 1km Time Trial, 4km Individual Pursuit, 4km Team Pursuit, One hour, 1500m (Bunch), 750m Team Sprint. |
| 6.4.9.2 | Ladies: | 200m, 500m Time Trial, 3km Individual Pursuit, 4km Team Pursuit, One Hour, 1500m (Bunch), 750m Team Sprint |
| 6.4.9.3 | Juniors: | 200m, 1km Time Trial, 3km Individual Pursuit, 4km Team Pursuit, 1500m (Bunch), 750m Team Sprint |
| 6.4.9.4 | Under 17: | 200m, 500m Time Trial, 2km Individual Pursuit, 3km Team Pursuit, 1500m (Bunch) |
| 6.4.9.5 | Under 15: | 500m Time Trial, 2km Team Pursuit, 500m and 1500m (Bunch) |
| 6.4.9.6 | Under 11 & 13: | 500m Time Trial, 2km Team Pursuit, 500 m and 1500m (Bunch) |
| 6.4.9.7 | Junior Ladies: | 200m, 2km Individual Pursuit, 500m Time Trial |
| 6.4.9.8 | Masters: | 200m, 500m, 750m, 1000m Time Trial, 3km or 2km Individual Pursuit, 1500m (Bunch) |

6.5 AGE CATEGORIES AND GEAR RATIO RESTRICTIONS

6.5.1 The age categories for riders up to Elite level shall be;

- Under 11: A cyclist who turns 9 or 10 years of age in a registration year.
- Under 13: A cyclist who turns 11 or 12 years of age in a registration year.



- Under 15: A cyclist who turns 13 or 14 years of age in a registration year.
- Under 17: A cyclist who turns 15 or 16 years of age in a registration year.
- Under 19: A cyclist who turns 17 or 18 years of age in a registration year. Also referred to as the Junior age category
- Under 23: A cyclist who turns 19, 20, 21 or 22 years of age in a registration year.

6.5.2 The age categories for veteran cyclists shall be determined by Cycling SA from time to time in either five (5) or ten (10) year age categories. A veteran cyclist becomes eligible to compete in an age category in the year in which he or she has a birthday in the youngest age group in each age category. Provided that a veteran cyclist may apply for a Full Racing Licence in a younger age category (including the Elite category), in which event that cyclist shall not be permitted to change to another age category during the registration year.

For the avoidance of doubt and by way of example, a cyclist who turns 30, 31, 32, 33, 34, etc. up to and including the year in which he or she turns 39 years of age in a registration year shall be eligible to apply for a Full Racing Licence in the Veterans 30+ age category and so for the for the older veterans age categories.

6.5.3 The regulations regarding the restrictions on gear ratios have been amended to conform with international standards. With effect from 1 January 2017, the following gear restrictions as measured by one full revolution of the chain wheel set will apply:

6.5.3.1 Under 11: Equal to and not more than 5,66 metres.

6.5.3.2 Under 13: Equal to and not more than 5,66 metres.

6.5.3.3 Under 15: Equal to and not more than 6,10 metres.

6.5.3.4 Under 17: Equal to and not more than 6,94 metres.

6.5.4 In order to enable Youth / School cyclists to change gear components, compliance with the amended rules relating to the restrictions on gear ratios will not be enforced during the period 1 January 2017 to 31 December 2017 and the following gear restrictions as measured by one full revolution of the chain wheel set will be tolerated during that period:

6.5.4.1 Under 11: Equal to and not more than 6,227 metres.

6.5.4.2 Under 13: Equal to and not more than 6,227 metres.

6.5.4.3 Under 15: Equal to and not more than 6,626 metres.

6.5.4.4 Under 17: Equal to and not more than 6,897 metres.

6.5.5 Blocked gears are not permitted

6.6 HEATS

6.6.1 Preliminary heats shall be held in track events in which the number of competitors is too large to allow the competition to be conducted satisfactorily in a single race.

6.6.2 In qualifying heats and finals of all scratch races, the maximum number of competitors



shall be as follows (unless otherwise sanctioned by Cycling SA):

- 6.6.2.1 Masters, Elites, Ladies & Juniors: 1500m – 16
- 6.6.2.2 Youth:
 - 6.6.2.2.1 Up to and including 500m – 6
 - 6.6.2.2.2 From 500m to 3km inclusive – 12
 - 6.6.2.2.3 Over 3km – 20 depending on track size
- 6.6.3 These limits will also apply to handicap races except that in events of 500m or less the number of riders may be increased to a maximum of 12 in all categories.
- 6.6.4 The heats and qualifying criteria shall be arranged by the Organiser conducting the meeting. Competitors representing a Province or Club shall be placed as far as possible in different heats.
- 6.6.5 In all preliminary heats, except Sprint races at least the first and second in each heat shall qualify for the next round.
- 6.6.6 A competitor shall not be allowed to compete in a heat other than the one in which his or her name appears, except in circumstances, which the Commissaires may rule.
- 6.6.7 No late, made up or supplementary heats will be permitted, but the President Commissaire may order that heats be consolidated or divided in cases where the number of competitors justify it.
- 6.6.8 In all races where the distance of the qualifying heats varies from the distances of the final, full details shall be given in the prospectus of the meeting. Qualifying heats shall be over a constant distance.
- 6.6.10 In the event of a dead heat in a heat, the tying competitors shall qualify for the next round.
- 6.6.11 In the event of a dead heat in a final of:
 - 6.6.11.1 a handicap or scratch race (other than championships) the Commissaires will order the prizes to be equally divided.
 - 6.6.11.2 National and Provincial Championship events, the competitors dead-heating shall jointly hold the title, and each shall receive the appropriate award.

6.6 HANDICAPS

- 6.6.1 All handicaps (except Club Events) shall be handicapped by an Official Handicapper appointed by the Provincial body organising the event or the Commissaires.
 - 6.6.1.1 The distance of handicaps in track events shall be in metres.
 - 6.6.1.2 The time handicap shall be in minutes or fraction of minutes.



6.6.1.3 The handicap mark or time allowance must appear on all programmes or start sheets.

6.6.1.4 Once a list of entrants, together with their handicaps, has been published no alteration shall be made therein unless in the opinion of the Commissaire, a clerical error or omission has occurred or penalties have to be enforced.

6.6.1.5 There shall be no record attempts during a handicapped race.

6.8 COACHING

6.8.1 Only one qualified bona fide Manager or Coach shall be permitted to coach from the inside of the track at the discretion of the President Commissaire.

6.8.2 Managers or Coaches shall report their presence to the President Commissaire before the commencement of a track meeting.

6.8.3 Coaching from the inside of the track by persons other than provided for above is strictly forbidden. Offenders shall be liable to disciplinary action and the competitors concerned may be liable to a summary disqualification.

6.9 SCRATCHING

6.9.1 In the event of scratching from the preliminary heats of a race the Commissaire may rearrange the heats in such a way as to divide the riders more evenly between the heats and, if necessary, may reduce the number of heats.

6.9.2 If the number of riders in a heat is reduced to the point where all riders will qualify for the next round, then such riders may go forward to the next round automatically without having to ride the heat.

6.10 STARTS FOR TRACK RACES

6.10.1 Every competitor must be ready to start when required, failing which the race shall be started without them. Any competitor refusing or delaying to proceed to their position may be disqualified.

6.10.2 Each competitor must start from their proper mark, and in default may be disqualified, but with the consent of the Commissaire he may start from a mark behind the one allotted.

6.11 RACE REGULATIONS

6.11.1 These regulations in particular apply to the organisation of the National Track Championships and in a modified form to all similar type races organised at any meeting held under the UCI and Cycling SA Rules.

6.12 PROGRESSIVE POINTS RACES

6.12.1 The race is run over varying distances and is on a points winning basis.

- 6.12.2 Points are given each and every lap for the first rider to cross the line and the points are awarded as one point for the first lap, two points for the second etc. If it be a ten lap event then the tenth lap will be worth 10 points to the first rider crossing the finish line.
- 6.12.3 The winner is the rider with the greatest number of points. No double points shall be awarded on the last lap.
- 6.12.4 Starting shall be by means of a push or rolling start.
- 6.13 **ITALIAN TEAM PURSUIT**
- 6.13.1 The race is contested over four laps by a team of four riders, although this may be increased to five or more riders.
- 6.18.2 Two or more teams will start at equal distances around the track. The leading rider of each team rides one complete lap and at the completion of that lap he shall drop out of the race. As each rider finishes his lap he takes no further part in the race. The result is judged by the last rider in each team crossing his respective finish line or by the team recording the fastest time to complete the distance.
- 6.13.3 Starting and timekeeping as for Individual Pursuit.
- 6.13.4 A team will be disqualified if any of the riders do not ride a complete lap before being overtaken by the next rider in the team, except in the case of a puncture, or mechanical failure to the machine of the leading rider.
- 6.13.5 Each rider must lead one complete lap and must relinquish the lead after the finishing line and before passing the red flag, which is placed 15 meters before and beyond the finishing line. The lead is deemed to have been relinquished, if the leading rider has been overtaken or has swung out and disassociated himself or herself from the race.
- 6.13.6 In the case of a recognised mishap a re-ride will be run.
- 6.14 **AUSTRALIAN PURSUIT**
- 6.14.1 This race has two or more competitors evenly spaced around the track and may be run over any number of laps.
- 6.14.2 The object is to catch the rider in front, at the same time keeping away from the competitors behind.
- 6.14.3 Anyone caught is automatically eliminated, and the winner is the competitor who covers the greatest distance (in a specified time) or the fastest time (specified distance) or catches all the other competitors
- 6.14.4 Starting, timekeeping etc. are the same as for Individual Pursuit.
- 6.15 **TWO MAN TIME TRIAL**
- 6.15.1 The changeover may take place at any point during the race. Flags will not be placed on the track to mark change over points.
- 6.15.2 The change will be effected by a seat sling or push, a touch or hand-sling.



6.16 SA TRACK CHAMPIONSHIPS

All riders riding individual pursuit and time trials events will have to ride qualifying times to qualify for the National Championships.