



# 2017 SA National Cross Country Cup # 2

Wolwefontein - Pretoria - 15th April 2017



Group or Category	Athlete Details					Split Times						Final Results		
	Pos	No	Cat	First Name	Last Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Time	Laps	Remarks
Nipper Boys	1	601	NB	Luca	Zietsman	00.09.01	00.06.58	00.06.44				00.22.43	3	
	2	608	NB	Logan	Stander	00.09.04	00.07.01	00.06.43				00.22.48	3	
	3	607	NB	Jed	Bridger	00.09.03	00.07.29	00.07.17				00.23.49	3	
	4	611	NB	Liam	Badenhorst	00.10.05	00.07.39	00.07.55				00.25.39	3	
	5	603	NB	Fourie	Van Wyk	00.10.13	00.08.07	00.08.10				00.26.30	3	
	6	605	NB	Matthew	Horter	00.10.18	00.08.09	00.08.13				00.26.40	3	
	7	609	NB	Cade	Smith	00.10.33	00.08.34	00.08.36				00.27.43	3	
	8	606	NB	Frederick	Willemse	00.11.25	00.08.33	00.09.32				00.29.30	3	
	9	610	NB	Taylon	Stander	00.12.48	00.11.40					00.24.28	2	LPD
	--	602	NB	Robert	Nieuwenhuizen									
--	604	NB	Hanro	Ehlers										DNS
<b>Category</b>	<b>Pos</b>	<b>No</b>	<b>Cat</b>	<b>First Name</b>	<b>Last Name</b>	<b>Lap 1</b>	<b>Lap 2</b>	<b>Lap 3</b>	<b>Lap 4</b>	<b>Lap 5</b>	<b>Lap 6</b>	<b>Time</b>	<b>Laps</b>	<b>Remarks</b>
Nipper Girls	1	651	NG	Hannah	Elliott	00.09.31	00.07.25					00.16.56	2	
	2	654	NG	Danel	De Jager	00.09.39	00.07.36					00.17.15	2	
	3	653	NG	Megan	Botha	00.10.51	00.09.00					00.19.51	2	
	4	652	NG	Jana	Kotze	00.11.47	00.10.01					00.21.48	2	
	5	655	NG	Madison	Bateson	00.15.01	00.11.30					00.26.31	2	
<b>Category</b>	<b>Pos</b>	<b>No</b>	<b>Cat</b>	<b>First Name</b>	<b>Last Name</b>	<b>Lap 1</b>	<b>Lap 2</b>	<b>Lap 3</b>	<b>Lap 4</b>	<b>Lap 5</b>	<b>Lap 6</b>	<b>Time</b>	<b>Laps</b>	<b>Remarks</b>
Sprog Boys	1	501	SB	Alec	Coleske	00.08.10	00.06.22	00.06.24	00.06.28			00.27.24	4	
	2	502	SB	Ernest	Roets	00.08.14	00.06.18	00.06.41	00.06.50			00.28.03	4	
	3	511	SB	Francois	De Jager	00.08.24	00.06.36	00.06.31	00.06.37			00.28.08	4	
	4	504	SB	Hendre	Schoeman	00.08.54	00.06.26	00.06.30	00.06.43			00.28.33	4	
	5	503	SB	Andre	Van Rooyen	00.08.44	00.06.49	00.06.59	00.06.58			00.29.30	4	
	6	509	SB	Jomar	Prinsloo	00.08.52	00.06.59	00.07.17	00.07.07			00.30.15	4	
	7	507	SB	Stephan	Grove	00.09.34	00.08.32	00.08.19	00.07.57			00.34.22	4	
	8	510	SB	Willie	Willemse	00.10.35	00.08.06	00.07.45	00.08.18			00.34.44	4	
	9	508	SB	Daniel	Johns	00.11.10	00.08.51	00.09.02	00.08.44			00.37.47	4	
	10	505	SB	Liam	Hoffmann	00.10.50	00.08.48	00.09.32				00.29.10	3	LPD
<b>Category</b>	<b>Pos</b>	<b>No</b>	<b>Cat</b>	<b>First Name</b>	<b>Last Name</b>	<b>Lap 1</b>	<b>Lap 2</b>	<b>Lap 3</b>	<b>Lap 4</b>	<b>Lap 5</b>	<b>Lap 6</b>	<b>Time</b>	<b>Laps</b>	<b>Remarks</b>
Sprog Girls	1	556	SG	Lilian	Baber	00.08.59	00.06.55	00.06.54				00.22.48	3	
	2	551	SG	Olivia	Penfold	00.09.00	00.07.52	00.07.07				00.23.59	3	
	3	558	SG	Riley	Smith	00.09.44	00.07.32	00.07.21				00.24.37	3	
	4	554	SG	Caitlin	Mccoy	00.10.21	00.08.26	00.07.59				00.26.46	3	
	5	559	SG	Jeanine	Badenhorst	00.10.22	00.08.45	00.07.57				00.27.04	3	
	6	553	SG	Lianke	Fourie	00.10.44	00.08.29	00.07.57				00.27.10	3	
	7	552	SG	Carla	Kotze	00.11.00	00.08.19	00.08.34				00.27.53	3	
	8	557	SG	Sarah-Dene	Wyllie	00.12.00	00.10.23	00.10.04				00.32.27	3	
	9	555	SG	Tashane	Ehlers	00.12.08	00.10.46					00.22.54	2	LPD
<b>Category</b>	<b>Pos</b>	<b>No</b>	<b>Cat</b>	<b>First Name</b>	<b>Last Name</b>	<b>Lap 1</b>	<b>Lap 2</b>	<b>Lap 3</b>	<b>Lap 4</b>	<b>Lap 5</b>	<b>Lap 6</b>	<b>Time</b>	<b>Laps</b>	<b>Remarks</b>
Sub Junior Boys	1	401	JB	Luca	Ruwiel	00.20.36	00.18.24	00.17.16				00.56.16	3	
	2	404	JB	Ben	Du Plessis	00.20.37	00.19.18	00.19.05				00.59.00	3	
	3	415	JB	Jordan	Bold	00.21.02	00.19.21	00.18.57				00.59.20	3	
	4	417	JB	Jooste	Coetzee	00.21.53	00.19.17	00.19.41				01.00.51	3	
	5	402	JB	Marcell	Swartz	00.21.01	00.20.23	00.19.29				01.00.53	3	
	6	416	JB	Joshua	Baber	00.21.46	00.20.10	00.21.14				01.03.10	3	
	7	412	JB	Herman	Fourie	00.21.00	00.21.21	00.21.31				01.03.52	3	
	8	411	JB	Ruan	Jansen Van Vuuren	00.22.11	00.21.14	00.20.42				01.04.07	3	
	9	414	JB	Zack	Aaron	00.22.06	00.22.56	00.21.11				01.06.13	3	
	10	409	JB	Erik	Van Rooyen	00.22.59	00.22.29	00.23.07				01.08.35	3	
	11	405	JB	Mauritz	Kotze	00.23.02	00.22.27	00.23.07				01.08.36	3	
	12	418	JB	James	Stewart	00.23.00	00.23.39	00.23.59				01.10.38	3	
	13	406	JB	Lourens	Spies	00.23.26	00.24.21	00.23.48				01.11.35	3	
	14	421	JB	Dillon	Botha	00.25.26	00.24.37	00.24.16				01.14.19	3	
	15	408	JB	Jarred	Watridge	00.24.06	00.25.31	00.25.31				01.15.08	3	
	16	419	JB	Christo	Lombard	00.26.34	00.25.32	00.23.37				01.15.43	3	
	17	426	JB	Bertus	Anderson	00.25.19	00.25.16	00.28.12				01.18.47	3	



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	Pos	No	Cat	First Name	Last Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Time	Laps	Remarks
	18	407	JB	Wernu	Snyman	00:28.09	00:31.24					00:59.33	2	LPD
	19	410	JB	Bartel	Herbst	00:31.58	00:33.10					01:05.08	2	LPD
	--	423	JB	Nicholas	De Bruyn	00:26.12	00:27.31					00:53.43	2	DNF
	--	422	JB	Kyle	Du Toit									DNF
	--	403	JB	Aidan	Penfold									DNS
	--	413	JB	Liam	Mccooy									DNS
	--	425	JB	Francois	Moolman									DNS
	--	424	JB	Jacobus	Smith									DNS
Category	Pos	No	Cat	First Name	Last Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Time	Laps	Remarks
Sub Junior Girls	1	451	JG	Chante	Olivier	00:22.20	00:21.14					00:43.34	2	
	2	452	JG	Chloe	Bateson	00:23.54	00:22.50					00:46.44	2	
	3	453	JG	Sarah	Van Der Walt	00:25.20	00:24.34					00:49.54	2	
	4	454	JG	Jessica	Svacha	00:26.19	00:24.52					00:51.11	2	
Category	Pos	No	Cat	First Name	Last Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Time	Laps	Remarks
Youth Men	1	301	YM	Luke	Moir	00:17.05	00:16.10	00:15.39				00:48.54	3	
	2	302	YM	Jamie	Penfold	00:17.04	00:16.10	00:15.45				00:48.59	3	
	3	335	YM	Daniel	Van Der Walt	00:17.39	00:15.37	00:15.44				00:49.00	3	
	4	304	YM	Tristan	Nortje	00:17.26	00:16.18	00:16.38				00:50.22	3	
	5	952	YM	Stehan	Wolmarans	00:17.28	00:17.05	00:17.17				00:51.50	3	
	6	305	YM	Hennie	Van Wyk	00:18.17	00:17.14	00:17.02				00:52.33	3	
	7	303	YM	Evan	Louw	00:17.55	00:17.32	00:17.09				00:52.36	3	
	8	309	YM	Andreas	Schalekamp	00:18.33	00:17.24	00:17.29				00:53.26	3	
	9	314	YM	Matthiam	Hoffmann	00:18.41	00:17.34	00:17.26				00:53.41	3	
	10	306	YM	Camelius	Van Der Riet	00:18.47	00:17.47	00:17.44				00:54.18	3	
	11	308	YM	Heinie	Beukes	00:19.04	00:18.12	00:17.33				00:54.49	3	
	12	954	YM	Ryan	Kellerman	00:19.01	00:18.27	00:17.28				00:54.56	3	
	13	307	YM	Travis	Stedman	00:19.02	00:18.52	00:17.02				00:54.56	3	
	14	334	YM	Nathan	Kurensky	00:20.11	00:17.50	00:17.15				00:55.16	3	
	15	330	YM	Jaedon	Terlouw	00:20.07	00:17.36	00:17.51				00:55.34	3	
	16	325	YM	Reinhart	Viljoen	00:20.15	00:17.49	00:18.02				00:56.06	3	
	17	323	YM	Matteo	Damilano	00:20.31	00:18.06	00:18.07				00:56.44	3	
	18	316	YM	Juan	Van Rooyen	00:20.34	00:18.09	00:18.03				00:56.46	3	
	19	337	YM	Benjamin	Baber	00:20.23	00:18.22	00:18.09				00:56.54	3	
	20	319	YM	Liam	Edwards	00:21.40	00:17.42	00:18.23				00:57.45	3	
	21	951	YM	Rayé	Moolman	00:20.09	00:19.07	00:19.12				00:58.28	3	
	22	315	YM	Marnus	Prinsloo	00:20.28	00:19.18	00:19.06				00:58.52	3	
	23	310	YM	Francois	Oosthuizen	00:20.20	00:18.51	00:19.47				00:58.58	3	
	24	340	YM	Paul	Koedoeder	00:21.43	00:19.35	00:18.44				01:00.02	3	
	25	312	YM	Franco	Mcleod	00:20.13	00:20.09	00:20.10				01:00.32	3	
	26	313	YM	Cwynton	Collett	00:21.21	00:19.19	00:19.52				01:00.32	3	
	27	955	YM	Jahn	De Bruyn	00:20.17	00:20.50	00:19.58				01:01.05	3	
	28	327	YM	Jean	Van Der Merwe	00:21.11	00:20.09	00:20.08				01:01.28	3	
	29	333	YM	Francois	Botha	00:20.52	00:20.25	00:20.22				01:01.39	3	
	30	318	YM	Estian	Schoeman	00:22.38	00:20.28	00:19.07				01:02.13	3	
	31	311	YM	Thys	Van Der Riet	00:22.11	00:20.09	00:20.23				01:02.43	3	
	32	957	YM	Jean	Van Staden	00:21.32	00:20.50	00:20.26				01:02.48	3	
	33	336	YM	Daniel	Coetzee	00:22.32	00:21.25	00:21.30				01:05.27	3	
	34	339	YM	Johannes	Beneke	00:23.25	00:21.02	00:21.08				01:05.35	3	
	35	332	YM	Thomas	Hudson	00:20.05	00:19.02	00:26.39				01:05.46	3	
	36	320	YM	Mitchel	Potgieter	00:23.52	00:23.11	00:21.34				01:08.37	3	
	37	953	YM	Pieter-Jan	Pretorius	00:22.26	00:23.02	00:23.18				01:08.46	3	
	38	321	YM	Henco	Marais	00:22.54	00:22.28	00:23.29				01:08.51	3	
	39	328	YM	Rohan	Cronje	00:24.03	00:23.45	00:22.48				01:10.36	3	
	40	331	YM	Rofhiwa	Kutama	00:23.48	00:23.30	00:26.10				01:13.28	3	
	41	317	YM	Jean	Le Roux	00:25.48	00:26.31	00:26.39				01:18.58	3	
	42	338	YM	Ruan	Quinn	00:24.20	00:24.37					00:48.57	2	LPD



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	43	322	YM	Zwivhuya	Mureri	00.39.52	00.29.03					01.08.55	2	LPD
	--	341	YM	Nathan	Calitz									DNS
	--	329	YM	Ryan	Scrimgeour									DNS
	--	326	YM	Anrich	Du Plessis									DNS
	--	324	YM	Jonathan	Ribeiro									DNS
Category	Pos	No	Cat	First Name	Last Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Time	Laps	Remarks
Youth Women	1	351	YW	Zandri	Strydom	00.19.38	00.19.26	00.18.20				00.57.24	3	
	2	360	YW	Christelle	Coetzer	00.22.18	00.21.27	00.22.10				01.05.55	3	
	3	357	YW	Andrea	De Waal	00.22.07	00.22.29	00.22.40				01.07.16	3	
	4	353	YW	Jone	Van Eeden	00.22.51	00.22.45	00.23.19				01.08.55	3	
	5	355	YW	Hannah	Oelofsen	00.23.37	00.22.38	00.23.44				01.09.59	3	
	6	352	YW	Simone	Grove	00.24.07	00.23.47	00.24.29				01.12.23	3	
	7	363	YW	Kelly	Randle	00.24.52	00.24.50	00.25.02				01.14.44	3	
	8	356	YW	Christi	Marais	00.26.55	00.25.01	00.25.32				01.17.28	3	
	9	358	YW	Kaylin	Gombos	00.26.12	00.25.47	00.26.10				01.18.09	3	
	10	362	YW	Jade	Slabbert	00.26.30	00.27.12	00.26.58				01.20.40	3	
	11	359	YW	Karla	Van Zyl	00.29.00	00.29.55					00.58.55	2	LPD
	12	361	YW	Jennavieve	Truter	00.29.31	00.31.25					01.00.56	2	LPD
		--	354	YW	Robin	Stewart								
Category	Pos	No	Cat	First Name	Last Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Time	Laps	Remarks
Men Junior	1	203	JM	Pieter	Du Toit	00.16.19	00.14.35	00.14.45	00.14.57			01.00.36	4	
	2	202	JM	Ryan	Conradie	00.16.22	00.15.32	00.15.28	00.15.21			01.02.43	4	
	3	208	JM	Mulder	Oosthuizen	00.16.51	00.15.18	00.15.27	00.15.12			01.02.48	4	
	4	201	JM	Johann	Trotzky	00.16.18	00.15.45	00.15.46	00.15.50			01.03.39	4	
	5	216	JM	Wicus	Breytenbach	00.16.35	00.15.41	00.16.13	00.15.45			01.04.14	4	
	6	229	JM	Brendan	Van Eeden	00.17.08	00.15.52	00.16.18	00.16.25			01.05.43	4	
	7	204	JM	Rossouw	Bekker	00.16.59	00.16.17	00.16.37	00.16.26			01.06.19	4	
	8	205	JM	Keagan	Bontekoning	00.16.50	00.16.36	00.16.33	00.16.54			01.06.53	4	
	9	209	JM	Jared	Cowan	00.18.17	00.16.03	00.16.23	00.16.21			01.07.04	4	
	10	206	JM	Chad	Fikkert	00.17.33	00.16.52	00.16.53	00.16.17			01.07.35	4	
	11	207	JM	Dawie	Grobbelaar	00.17.30	00.16.36	00.17.10	00.16.36			01.07.52	4	
	12	212	JM	Gerrit	Rautenbach	00.18.11	00.16.37	00.17.00	00.17.20			01.09.08	4	
	13	210	JM	Hanno	Erwee	00.17.40	00.17.10	00.17.34	00.17.13			01.09.37	4	
	14	214	JM	Lehan	Janse Van Vuuren	00.18.23	00.17.02	00.17.38	00.17.33			01.10.36	4	
	15	231	JM	Rudi	Koen	00.18.21	00.17.35	00.17.31	00.17.15			01.10.42	4	
	16	215	JM	Casper	Pretorius	00.18.14	00.17.08	00.17.34	00.17.57			01.10.53	4	
	17	220	JM	Nico	Marais	00.18.24	00.17.37	00.17.23	00.18.07			01.11.31	4	
	18	230	JM	Cian	Leveridge	00.18.19	00.17.19	00.17.58	00.18.12			01.11.48	4	
	19	222	JM	Richard	Lambert	00.19.06	00.17.19	00.18.15	00.17.21			01.12.01	4	
	20	217	JM	Eric	Ramohanoe	00.18.39	00.18.09	00.17.35	00.17.43			01.12.06	4	
	21	221	JM	Armand	Terblanche	00.18.38	00.17.54	00.18.11	00.17.46			01.12.29	4	
	22	233	JM	Constant	Furstenberg	00.19.17	00.17.57	00.18.06	00.18.09			01.13.29	4	
	23	235	JM	Riku	Le Roux	00.18.37	00.17.43	00.18.55	00.19.05			01.14.20	4	
	24	218	JM	Brydan	Liebenberg	00.19.02	00.18.17	00.18.51	00.18.34			01.14.44	4	
	25	223	JM	Kirsten	Pieters	00.19.01	00.18.15	00.19.07	00.19.27			01.15.50	4	
	26	211	JM	Johan	Jooste	00.20.15	00.20.23	00.19.31	00.20.16			01.20.25	4	
	27	225	JM	Evan	Prinsloo	00.20.16	00.20.49	00.19.08	00.20.14			01.20.27	4	
	28	213	JM	Hendrik	Bester	00.17.31	00.17.44	00.26.06				01.01.21	3	LPD
29	232	JM	Andrew	Hill	00.21.54	00.20.18	00.20.22				01.02.34	3	LPD	
	--	219	JM	C G	Grobbelaar	00.24.22	00.23.52					00.48.14	2	DNF
	--	227	JM	Brandon	Conradie	00.27.44						00.27.44	1	DNF
	--	226	JM	Chris	Du Plessis									DNS
	--	224	JM	Melcolm	Botes									DNS
	--	234	JM	Henno	Smith									DNS
	--	228	JM	Henry	Stone									DNS
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	Pos	No	Cat	First Name	Last Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Time	Laps	Remarks
Women Junior	1	272	JW	Tiffany	Keep	00.19.17	00.18.39	00.18.39				00.56.35	3	
	2	271	JW	Danielle	Strydom	00.19.27	00.19.27	00.18.45				00.57.39	3	
	3	274	JW	Azulde	Britz	00.20.13	00.19.59	00.20.16				01.00.28	3	
	4	273	JW	Mia	De Villiers	00.23.32	00.22.40	00.21.57				01.08.09	3	
	5	277	JW	Chloe	Gardner	00.24.16	00.23.22	00.23.41				01.11.19	3	
	6	278	JW	Monique	Swart	00.26.26	00.25.37	00.27.49				01.19.52	3	
	--	276	JW	Giulia	Damilano									
--	275	JW	Nicola	Van Der Walt										DNS
Category	Pos	No	Cat	First Name	Last Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Time	Laps	Remarks
Men Elite	1	3	EM	Alan	Hatherly	00.14.53	00.13.22	00.13.35	00.13.33	00.13.48	00.13.43	01.22.54	6	
	2	1	EM	Philip	Buys	00.14.53	00.13.45	00.13.46	00.13.44	00.13.41	00.13.49	01.23.38	6	
	3	10	EM	Matthys	Beukes	00.15.00	00.14.10	00.14.00	00.13.44	00.14.06	00.14.21	01.25.21	6	
	4	8	EM	Jan	Withaar	00.15.15	00.14.10	00.14.03	00.14.12	00.14.23	00.14.29	01.26.32	6	
	5	4	EM	Stuart	Marais	00.15.19	00.14.13	00.14.04	00.14.15	00.14.39	00.14.19	01.26.49	6	
	6	6	EM	Arno	Du Toit	00.15.20	00.14.35	00.14.39	00.14.33	00.14.31	00.14.41	01.28.19	6	
	7	5	EM	Julian	Jessop	00.15.17	00.14.34	00.14.44	00.14.53	00.14.54	00.15.01	01.29.23	6	
	8	15	EM	Dominic	Calitz	00.15.37	00.14.45	00.14.31	00.14.49	00.14.52	00.15.01	01.29.35	6	
	9	13	EM	Franco	Pelser	00.15.35	00.15.13	00.14.55	00.15.27	00.15.17	00.15.09	01.31.36	6	
	10	12	EM	Tristan	De Lange	00.16.13	00.15.09	00.15.07	00.15.25	00.15.31	00.15.02	01.32.27	6	
	11	38	EM	Reinhard	Zellhuber	00.15.50	00.14.57	00.14.56	00.15.33	00.15.36	00.16.00	01.32.52	6	
	12	14	EM	Gert	Heyns	00.15.18	00.14.36	00.15.34	00.15.50	00.16.01	00.16.18	01.33.37	6	
	13	21	EM	Josef	Bester	00.17.26	00.15.09	00.15.27	00.15.31	00.15.30	00.15.32	01.34.35	6	
	14	2	EM	Phetetso	Monese	00.16.20	00.15.05	00.15.16	00.15.57	00.16.17	00.16.39	01.35.34	6	
	15	7	EM	Tumelo	Makae	00.16.52	00.15.37	00.15.42	00.16.33	00.15.52	00.16.07	01.36.43	6	
	16	18	EM	Frans	Nel	00.16.50	00.15.35	00.15.43	00.16.02	00.16.26	00.16.32	01.37.08	6	
	17	16	EM	Marc	Fourie	00.16.25	00.15.39	00.16.01	00.16.34	00.16.47	00.17.02	01.38.28	6	
	18	39	EM	William	Mokgopo	00.17.34	00.15.47	00.16.02	00.16.44	00.16.49		01.22.56	5	LPD
	19	27	EM	Brandon	Van Der Berg	00.17.11	00.16.02	00.16.30	00.16.57	00.17.00		01.23.40	5	LPD
	20	32	EM	Mboneni	Ngcobo	00.18.08	00.16.08	00.16.18	00.16.32	00.16.52		01.23.58	5	LPD
	21	24	EM	Michael	Maine	00.17.33	00.16.01	00.16.26	00.17.58	00.16.47		01.24.45	5	LPD
	22	11	EM	Malefetsane	Lesofe	00.17.22	00.16.24	00.16.32	00.17.12	00.17.49		01.25.19	5	LPD
	23	9	EM	Teboho	Khantsi	00.17.25	00.16.11	00.16.47	00.17.18	00.17.44		01.25.25	5	LPD
	24	30	EM	Sithembiso	Masango	00.17.59	00.16.01	00.16.34	00.17.29	00.17.24		01.25.27	5	LPD
	25	19	EM	Thomas	Jessop	00.17.05	00.16.43	00.17.27	00.17.30	00.17.23		01.26.08	5	LPD
	26	33	EM	John-Paul	Pearton	00.17.57	00.17.19	00.17.02	00.17.28	00.17.40		01.27.26	5	LPD
	27	40	EM	Christiaan	Lamprecht	00.18.01	00.16.53	00.17.39	00.18.16	00.18.26		01.29.15	5	LPD
	28	25	EM	Cobus	Van Den Berg	00.17.24	00.24.28	00.16.37	00.16.21	00.16.31		01.31.21	5	LPD
	29	20	EM	Komborero	Bere	00.17.09	00.17.48	00.23.36	00.17.25	00.18.33		01.34.31	5	LPD
	30	35	EM	Marno	Van Zyl	00.20.34	00.19.34	00.19.49	00.19.08	00.20.12		01.39.17	5	LPD
	31	29	EM	Kyle	Bradford	00.20.15	00.18.57	00.19.16	00.20.05	00.21.29		01.40.02	5	LPD
	32	31	EM	Dylan	Marsberg	00.19.58	00.20.41	00.22.42	00.28.10			01.31.31	4	LPD
	--	22	EM	Henry	Liebenberg	00.16.18	00.15.15	00.15.24	00.15.58	00.16.48		01.19.43	5	DNF
	--	28	EM	Christopher	Pearton	00.19.47	00.19.49	00.19.40	00.22.10			01.21.26	4	DNF
--	36	EM	Milan	De Beer	00.17.39						00.17.39	1	DNF	
--	23	EM	Jan-Louis	De Sousa	00.21.04						00.21.04	1	DNF	
--	37	EM	Kyle	Laing	00.25.50						00.25.50	1	DNF	
--	26	EM	Reuben	Vorster										DNS
--	17	EM	Matthew	Beers										DNS
--	34	EM	Wessel	Botha										DNS
Category	Pos	No	Cat	First Name	Last Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Time	Laps	Remarks
Women Elite	1	101	EW	Mariske	Strauss	00.17.57	00.16.43	00.17.28	00.17.37	00.17.30		01.27.15	5	
	2	102	EW	Ariane	Lüthi	00.19.30	00.18.12	00.18.46	00.18.32	00.18.30		01.33.30	5	
	3	104	EW	Frances	Du Toit	00.19.26	00.18.40	00.18.38	00.19.09	00.19.14		01.35.07	5	
	4	107	EW	Bianca	Haw	00.19.15	00.19.26	00.19.17	00.19.06	00.20.02		01.37.06	5	
	5	113	EW	Sarah	Hill	00.20.04	00.19.09	00.19.49	00.19.44	00.19.39		01.38.25	5	



# 2017 SA National Cross Country Cup # 2

Wolwefontein - Pretoria - 15th April 2017



Group or Category	Athlete Details					Split Times						Final Results			
	Pos	No	Cat	First Name	Last Name	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Time	Laps	Remarks	
	6	114	EW	Julia	Kotzé	00:20.14	00:20.10	00:20.42	00:20.35	00:20.29		01:42.10	5		
	7	108	EW	Jessica	Alcock	00:20.57	00:20.26	00:20.31	00:20.53	00:20.33		01:43.20	5		
	8	111	EW	Kristen	Louw	00:21.20	00:20.42	00:21.08	00:21.54	00:21.30		01:46.34	5		
	9	103	EW	Likeleli	Masitise	00:23.10	00:22.32	00:23.18	00:23.04			01:32.04	4	LPD	
	10	109	EW	Marli	Van Eeden	00:23.26	00:23.14	00:23.37	00:22.19			01:32.36	4	LPD	
	11	110	EW	Melanie	Roux	00:23.43	00:23.21	00:23.36	00:24.22			01:35.02	4	LPD	
	12	105	EW	Matshidiso	Ebudilwe	00:30.11	00:30.00	00:28.41				01:28.52	3	LPD	
	--	106	EW	Hanli	Cilliers	00:31.05						00:31.05	1	DNF	
	--	112	EW	Ronel	Odendaal	00:35.22						00:35.22	1	DNF	
	<b>Category</b>	<b>Pos</b>	<b>No</b>	<b>Cat</b>	<b>First Name</b>	<b>Last Name</b>	<b>Lap 1</b>	<b>Lap 2</b>	<b>Lap 3</b>	<b>Lap 4</b>	<b>Lap 5</b>	<b>Lap 6</b>	<b>Time</b>	<b>Laps</b>	<b>Remarks</b>
Sub Vet Men	1	707	SV	Armand	Du Toit	00:16.58	00:15.59	00:16.22	00:16.40			01:05.59	4		
	2	704	SV	Matthys	Koekemoer	00:17.31	00:16.24	00:16.19	00:16.32			01:06.46	4		
	3	701	SV	Petrus	Malherbe	00:18.06	00:17.06	00:17.03	00:16.59			01:09.14	4		
	4	708	SV	Tom	Wetton	00:18.07	00:16.55	00:17.25	00:17.23			01:09.50	4		
	5	709	SV	Duane	Stander	00:18.02	00:17.37	00:17.45	00:17.43			01:11.07	4		
	6	710	SV	Dwain	Butler	00:18.41	00:17.58	00:18.14	00:18.13			01:13.06	4		
	7	711	SV	Anton	Moolman	00:19.17	00:18.31	00:18.37	00:17.53			01:14.18	4		
	8	705	SV	Uno	De Waal	00:22.00	00:21.37	00:22.52				01:06.29	3	LPD	
	--	703	SV	Dion	Froneman	00:17.03	00:16.39	00:17.23				00:51.05	3	DNF	
	--	702	SV	Koos	Groenewald	00:22.34	00:25.22					00:47.56	2	DNF	
--	706	SV	Dan	Fowler										DNS	
<b>Category</b>	<b>Pos</b>	<b>No</b>	<b>Cat</b>	<b>First Name</b>	<b>Last Name</b>	<b>Lap 1</b>	<b>Lap 2</b>	<b>Lap 3</b>	<b>Lap 4</b>	<b>Lap 5</b>	<b>Lap 6</b>	<b>Time</b>	<b>Laps</b>	<b>Remarks</b>	
Sub Vet Women	1	851	SW	Theresa	Ralph	00:21.20	00:19.59	00:20.04				01:01.23	3		
	--	751	SW	Nadine	Nunes	00:27.24						00:27.24	1	DNF	
<b>Category</b>	<b>Pos</b>	<b>No</b>	<b>Cat</b>	<b>First Name</b>	<b>Last Name</b>	<b>Lap 1</b>	<b>Lap 2</b>	<b>Lap 3</b>	<b>Lap 4</b>	<b>Lap 5</b>	<b>Lap 6</b>	<b>Time</b>	<b>Laps</b>	<b>Remarks</b>	
Veteran Men	1	801	VM	Mark	Moir	00:18.49	00:17.40	00:17.47	00:18.55			01:13.11	4		
	2	803	VM	Rynard	Van Hoven	00:18.56	00:17.51	00:18.50	00:18.34			01:14.11	4		
	3	806	VM	Xavier	Berteau	00:21.07	00:19.49	00:20.45	00:20.10			01:21.51	4		
	--	804	VM	Andre	Terlouw										DNS
	--	802	VM	David	Cooke										DNS
	--	805	VM	Casper	Badenhorst										DNS
	--	807	VM	Gavin	Pelser										DNS
	--	808	VM	Ewan	Cochran										DNS
<b>Category</b>	<b>Pos</b>	<b>No</b>	<b>Cat</b>	<b>First Name</b>	<b>Last Name</b>	<b>Lap 1</b>	<b>Lap 2</b>	<b>Lap 3</b>	<b>Lap 4</b>	<b>Lap 5</b>	<b>Lap 6</b>	<b>Time</b>	<b>Laps</b>	<b>Remarks</b>	
Master Men	1	901	MM	Colin	Gibbings	00:22.20	00:21.55	00:22.03				01:06.18	3		
	2	902	MM	Marc	Ruwiel	00:23.04	00:22.36	00:22.14				01:07.54	3		
	3	903	MM	Daniel	Marneweck	00:28.19	00:23.49	00:23.36				01:15.44	3		