



PART 3
ROAD CYCLING

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These Rules and Regulations of Cycling SA are to be read in conjunction with the Rules and Regulations of the UCI, which will take precedence in the event of any conflict in content, context or interpretation.

SECTION 1: OVERVIEW- GENERAL PROVISIONS

3.1 THE ROLES AND OBLIGATIONS OF THE NATIONAL FEDERATION

South African Road Cycling events are primarily events, targeted and organised for the majority of cyclists in South Africa which includes a variety of cyclists from all of the groups below.

3.1.1 The aim of the Cycling SA Road Commission is to promote and manage a safe environment for road cycling in South Africa and all road cycling events held under the auspices of Cycling SA.

3.1.2 The aim of the Cycling SA Recreation Commission and the Events Safety and Security Commission is to promote and manage a safe environment for recreational road cycling events Cycling SA held under the auspices of Cycling SA.

3.1.3 The aim of the Cycling SA Youth, Transformation and Development Commission is to promote and manage a safe environment for road cycling events held under the auspices of Cycling SA in which Youth Riders (16 years and younger) participate.

3.1.4 Within this framework, it is the responsibility of the Technical and Commissaires Commission and the administrative organisation of Cycling SA to assist and regulate road cycling events which may be in one of the following formats:

3.1.4.1 Road race event.

3.1.4.2 A recreational event which may be timed or not-timed, seeded or unseeded, include specific age category starting bunches, but offers any form of reward (time, prizes).

3.1.4.3 A youth specific event which may include the Junior and Youth age categories and which may form part of multi-discipline events.

3.2 CYCLING SOUTH AFRICAN AND OTHER ROLE PLAYERS

3.2.1 In order to organise its tasks effectively, Cycling SA makes use of provincial affiliates and external service providers when needed. This work piece makes an important contribution in an area that is of vital importance in our sport, which is practised in an open space, on the road, where dangers are not always easy to control.

3.2.2 The provincial cycling body affiliated to Cycling SA governs all levels of cycling in its area of jurisdiction.

3.3 CATEGORIES OF RIDERS

3.3.1 The age categories for riders up to Elite level shall be;

- Under 11: A cyclist who turns 9 or 10 years of age in a registration year.
- Under 13: A cyclist who turns 11 or 12 years of age in a registration year.
- Under 15: A cyclist who turns 13 or 14 years of age in a registration year.
- Under 17: A cyclist who turns 15 or 16 years of age in a registration year.
- Under 19: A cyclist who turns 17 or 18 years of age in a registration year. Also referred to as the Junior age category
- Under 23: A cyclist who turns 19, 20, 21 or 22 years of age in a registration year.

3.3.2 The age categories for veteran cyclists shall be determined by Cycling SA from time to time in either five (5) or ten (10) year age categories. A veteran cyclist becomes eligible to compete in an age category in the year in which he or she has a birthday in the youngest age group in each age category. Provided that a veteran cyclist may apply for a Full Racing Licence in a younger age category (including the Elite category), in which event that cyclist shall not be permitted to change to another age category during the registration year.

For the avoidance of doubt and by way of example, a cyclist who turns 30, 31, 32, 33, 34, etc. up to and including the year in which he or she turns 39 years of age in a registration year shall be eligible to apply for a Full Racing Licence in the Veterans 30+ age category and so for the for the older veterans age categories.

3.3.3 YOUTH / SCHOOL

3.3.3.1 Youth or school riders shall comprise cyclists who are persons in the following age categories:

- 3.3.3.1.1 Under 11: a male or female person who is 10 years of age or younger on or before 31 December of the registration year.
- 3.3.3.1.2 Under 13: a male or female person of 11 or 12 years of age on or before 31 December of the registration year.

3.3.3.1.3 Under 15: a male or female person who is 13 or 14 years of age on or before 31 December of the registration year.

3.3.3.1.4 Under 17: a male or female person who is 15 or 16 years of age on or before 31 December of the registration year.

3.3.3.2 Maximum Distances – Road Races:
The following maximum race distances will apply:

3.3.3.2.1 Under 11 boys and Under 13 girls: 20 km

3.3.3.2.2 Under 13 boys and Under 15 girls: 30 km

3.3.3.2.3 Under 15 boys and Under 17 girls: 60 km

3.3.3.2.4 Under 17 boys: 80 km.

The Road Director and the Director of the TCC shall approve all race distances in excess of these.

3.3.3.3 Maximum Distances – Time Trials:
The following maximum distances will apply for Time Trials:

3.3.3.3.1 Under 11 boys and Under 13 girls: 10 km

3.3.3.3.2 Under 13 boys and Under 15 girls: 12 km

3.3.3.3.3 Under 15 boys and Under 17 girls: 15 km

3.3.3.3.4 Under 17 boys: Individual 20 km
Team 30 km

3.3.3.4 While the above categories may be grouped together in events, organisers should be conscious of the range of abilities of riders within the Youth categories. This can be overcome by hosting events for different age groups, different sizes, similar ability, by forming suitable handicaps or by offering separate awards for different groups. Girls are permitted to compete in events open to, and for awards available to, those boys of the next youngest age category at the discretion of the President Commissaire.

- 3.3.3.5 With effect from 1 January 2018, the following gear restrictions as measured by one full revolution of the chain wheel set will apply:
- 3.3.3.5.1 Under 11: Equal to and not more than 6,227 metres.
 - 3.3.3.5.2 Under 13: Equal to and not more than 6,227 metres.
 - 3.3.3.5.3 Under 15: Equal to and not more than 6,626 metres.
 - 3.3.3.5.4 Under 17: Equal to and not more than 6,897 metres.
 - 3.3.3.5.5 Under 19 Equal to and not more than 7.93 metres.
- 3.3.3.6 Blocked gears are not permitted.

SECTION 2: RACES

3.4 PARTICIPANTS AT ROAD CYCLING EVENTS

- 3.4.1 All cyclists participating in road cycling events sanctioned by Cycling SA are required to hold a licence issued by Cycling SA Cycling or recognised by the UCI. Licenses may consist of one of the following:
- 3.4.1.1 International Licence recognised by the UCI.
 - 3.4.1.2 Full Racing Licence.
 - 3.4.1.3 Schools Competitive Membership
 - 3.4.1.4 Cycling SA Membership.
 - 3.4.1.5 Day Licence issued to cyclists not holding one of the above. A day licence is only valid for participation in the “open” batches where prize money is not allocated and not in specified age categories.
- 3.4.2 The President Commissaire will be responsible to make sure a National Commissaire is present at the registration of cyclists participating in road cycling events to check all competitive racing group licenses and seeding.
- 3.4.3 No cyclist holding a Cycling SA licence may participate in any non-sanctioned cycling event.
- 3.4.4 The Organiser shall make available a start list of each of the Age categories to the Commissaires panel and the racing clubs and teams.
- 3.4.5 The Organiser shall make available to the Province and Cycling SA a full participation list of the entire event.

- 3.4.6 In accordance with the directive of the UCI, the use of disc brakes is not permitted to be used on bicycles participating in events sanctioned by Cycling SA.
[Refer to footnote]¹

3.5 NATIONAL ROAD AND TIME TRIAL CHAMPIONSHIPS

- 3.5.1 Date and participation rules
- 3.5.1.1 The National Road and Time Trial Championships will take place annually by no later than the end of February.
- 3.5.1.2 All riders must be in possession of a Full Racing licence issued by Cycling SA or any other body recognised by the UCI.
- 3.5.1.3 The Championships are closed events for the following classes: Elite men and women, Under 23 men, Junior boys and girls. All other races will be open and riders from other nations may ride in each event.
- 3.5.1.4 As a closed Championship, only South-African Citizens with a RSA UCI licence number can be awarded medals and the winner's National Champion Jersey.
- 3.5.2 Awarding of medals and jerseys at Provincial and National Championships,
- 3.5.2.1 Gold, silver and bronze medals and championship jerseys shall be awarded to holders of a Full Racing Licence or a Schools Competitive Membership in the specified age categories of U11 through to veteran men and women aged 64 (i.e. the 60+ age category). Provided that in:
- 3.5.2.1.1 the Elite, Junior (men and women) and U23 (men) age categories, eight (8) or more riders start the race;
- 3.5.2.1.2 all other specified age categories from U11 to 60+ (men and women), five (5) or more riders start the race;

¹ *With effect from 27 February 2018, the use of disc brakes on road bicycles in road races is permitted for all age categories of Under 23 and older. Disc brakes are forbidden on road bicycles in road races for the age categories of Under 19 and younger. This is in accordance with a directive received from the UCI which permits Cycling SA, at its discretion, to allow the use of disc brakes.*

Should the number of riders starting be less than eight (8) or five (5) respectively, then no medals or jerseys shall be awarded and the Provincial or National Champion position shall be recorded as vacant.

3.5.2.2 In the event that less than five (5) riders start in the veteran men and women 65+ and older age categories medals will be awarded, irrespective of the number of participants, as follows:

3.5.3.2.1 Four (4) or three (3) riders starting – silver and bronze medals.

3.5.3.2.2 Two (2) riders starting – bronze medal only.

3.5.3.2.3 One (1) rider starting – no medal.

3.6 **ONE-DAY EVENTS: A1 – National Classics**

3.6.1 National Classics shall have exclusivity as a National Classic for a radius of 500km from their venue and total prize money shall be in excess of R40 000. .

3.6.2 A National Classic shall be open to and cater for the following levels of participation:

3.6.2.1 All Cyclists holding a valid Full Racing Licence.

3.6.2.3 Members of Cycling SA, inclusive of all Veterans Groups, will be seeded. Veterans holding a Full Racing Licence will receive no preferential seeding for their respective age categories.

3.6.2.4 Members of Cycling SA (Seeded).

3.6.2.5 Non Members of Cycling SA (Temporary Licenses).

3.6.3 “A” category Events – Racing Groups:

3.6.3.1 Elite and Under 23 men.

3.6.3.1.1 Open to riders holding an Elite, Under 23 licence, as well as Junior riders holding a Full Racing Licence, limited to a number of 6 riders per club or team. Races that include Juniors may not exceed 120km and prize money for the first 3 Juniors must be paid out.

3.6.3.2 Junior Category

3.6.3.2.1 Open to riders holding a UCI recognised Junior Licence.

- 3.6.3.3 Women Category
 - 3.6.3.3.1 Open to all women holding a Full Racing Licence as well as women with a qualifying seeding index.
- 3.6.3.4 Veterans
 - 3.6.3.4.1 Open to riders in 5 or 10 year age category racing groups, dependent on number of entries.
 - 3.6.3.4.2 Riders only require Full Racing Licence.
 - 3.6.3.4.3 The Organiser may apply the seeding index of the timing company.
- 3.6.3.5 Under 17 Category
 - 3.6.3.5.1 A separate race category should exist for the youth racing category. This may be on route as per the allowed distance or as a separate criterium event.
- 3.6.4 Prize giving will be conducted within 30 minutes or as soon as is practical thereafter after the finish of the Elite and Under 23 men's race.
- 3.6.5 Adequate photo finish equipment must be used.
- 3.6.6 One frame and two body numbers, conforming to the UCI standard, shall be provided for each Full Racing age category.
- 3.6.7 The use of electronic timing devices for all competitors / categories shall be compulsory. The service provider shall timeously produce provisional results and update these once the official results have been made available by the President Commissaire.
- 3.6.8 A complete set of race results shall be forwarded to Cycling SA within 48 hours of the event.
- 3.6.9 A team managers meeting prior to the event is compulsory.

3.7 **ONE-DAY EVENTS: B1 – Provincial Classics**

As per A1 events except the following:

- 3.7.1 Provincial Classics shall have exclusivity as a Provincial Classic for a radius of 200km from their venue.
- 3.7.2 Total prize money shall be between R10 000 and R40 000.00. The maximum may be made up as follows: Either R30 000 cash plus R10 000 in value or R40 000.00 cash.

3.7.3 The Organiser shall provide a comprehensive breakdown of all prize monies applicable.

3.8 **ONE DAY EVENTS: C1 – Regional Events**

3.8.1 Regional Events shall have exclusivity as negotiated by its Provincial Affiliate and total prize money shall be between R5 000 and R10 000.

3.8.2 An event shall be open to and cater for all levels of participants as follows:

3.8.2.1 Full Racing Licence holders, Cyclospor and Cycling SA members (seeding qualification required).

3.8.2.2 Non-members of Cycling SA (Unseeded temporary licenses).

3.8.3 “C” category events – Racing Groups

3.8.3.1 Elite, Under 23 and Junior (Full racing Licence if prize money or a league event).

3.8.3.2 Veterans and Women

3.8.3.2.1 The second racing group will consist of a combination of Veteran and Women riders through individual or team entries.

3.8.3.2.2 Riders wishing to enter in any Cycling SA age category league have to obtain a Full Racing Licence.

3.8.3.3 Junior age category

3.8.3.3.1 Open to riders holding a UCI recognised Junior Licence

3.8.3.4 Under 17 age category

3.8.3.4.1 A separate race category should exist for the youth racing category. This may be on route or as a separate criterium event.

3.8.4 The total prize money shall be a maximum of R10 000. The Organiser shall provide a comprehensive breakdown of all prize monies applicable.

3.8.6 Prize giving will be conducted within 30 minutes after the finish of the Elite and Under 23 men’s race.

3.8.7 Provision shall be made to utilize qualified officials appointed by the Provincial Technical Director.

- 3.8.8 All entrants to have a minimum of one back number
- 3.8.11 Provision of suitable and adequate radio communication is compulsory.
- 3.8.12 Complete set of race results and entrants shall be forwarded to Cycling SA within 48 hours after event.

3.9 **ONE DAY EVENTS: D1 – Local Community events**

- 3.9.1 Fun Races shall have exclusivity as negotiated by its Provincial Affiliate.
- 3.9.2 A Fun Race shall be open to and cater for all levels of participant as follows:
 - 3.9.2.1 Full Racing Licence holders shall be permitted to compete but shall not be permitted to compete as teams or utilise Team Managers, without the express prior consent of the President Commissaire, and shall not be eligible for prize money.
 - 3.9.2.2 Non Members of Cycling SA (i.e. Day Licence holders).
 - 3.9.2.3 Riders from Continental Teams may not participate in ‘D’ category events.
- 3.9.3 Mainly lucky draw prizes but minimum prize money up to a maximum R5 000 may be allowed. The Organiser shall provide a comprehensive breakdown of all prize monies applicable
- 3.9.4 Provision shall be made to utilize qualified officials appointed by the Province Technical Director.
- 3.9.5 All entrants to have a minimum of one back number.
- 3.9.6 Radio communication is essential.
- 3.9.7 A complete set of race results and entrants shall be forwarded to the Provincial Body.
- 3.9.8 The Provincial Body will determine the starting orders.

3.10 **STAGE EVENTS: A2 – National Tours**

- 3.10.1 These events will be open to Elite, Under 23, Junior and Veterans holding Full Racing Licences
- 3.10.2 Veterans will compete in their own categories provided that the Technical & Commissaires Commission has given approval for these specific race combinations (e.g. 30-39, 40-49, 50+, etc.) and will have a separate classification.

3.10.3 Juniors will have a separate classification.

3.11 **STAGE EVENTS: B2 – Provincial, Youth and Youth Development Tours**

3.11.1 These events will be open to cyclists who are members of Cycling SA

3.11.2 The focus of Youth Tours should be on identification and development of the youth and incorporating transformation.

3.11.3 Provinces may combine to create and host tours.

3.11.4 The T&D Commission has set out separate additional criteria for the multi discipline events.

3.12 **STAGE EVENTS: C2 – Recreational Tours**

3.12.1 These events will be open to Members or Youth riders.

3.12.2 Rules and Regulations will be the same as for Full Racing Licensed Tours.

This Part 3 of the Rules of Cycling was adopted by the Ordinary Members of Cycling SA at the Annual General Meeting of Cycling South Africa held on 17 February 2018.