

Be Still

A Day Apart for Prayer and Reflection
Camp Swatara — Bethel, PA. — East Lodge
Saturday April 21, 2018 — 9:00 am - 4:30 pm

"Be still and know that I am God." – Psalm 46:10

We live in a busy, noisy world. The demands of jobs, ministry, and family, along with personal challenges and societal expectations, often prevent us from slowing down long enough to listen for God's gentle voice inviting us into His presence.

This day-long retreat will provide an opportunity to slow down, to quiet our noisy minds, to be still. With times of guided reflection, teaching, contemplative prayer practices, and personal silence amid the natural beauty at Camp Swatara, the day is a chance to connect deeply with God without the usual distractions.



Retreat leadership is provided by Spiritual Directors Ann Bach and Karen Haldeman.

Ann Mason Bach, MDiv, is a trained spiritual director, ordained minister, and a member of Stevens Hill Church of the Brethren. She provides end-of-life care with Hospice & Community Care.

Karen B. Haldeman is a trained spiritual director and a member of Palmyra Church of the Brethren. She is also an avid gardener, a writer, and office manager for Manada Conservancy.

Your \$20 registration fee includes your lunch and a snack on the retreat day. Please wear comfortable clothing and shoes for optional walking. Remember to bring your Bible, a journal or notebook, and a candle (preferably unscented and in a glass holder). Bring an open heart and a willingness to wait upon the Lord.

If you have questions about the retreat day or would like help with registration please contact the camp office via E-Mail at info@campswatara.org or by calling (717) 933 - 8510.

"To take time to be apart is not a luxury, it is essential. The gift of space for myself seems so simple, and in a way it is: but it is also surprisingly difficult to do without some form of external encouragement." -- Esther de Waal

"BE STILL: A DAY APART FOR PRAYER AND REFLECTION" REGISTRATION FORM

Online registration available at www.campswatara.org
Registration deadline is Monday, April 16th, 2018

Name: _____

Address: _____

Phone Number(s): _____

Email Address: _____

Congregation: _____

Special Needs: _____



Return form with your \$20 registration payment to 2905 Camp Swatara Road, Bethel, PA 19507