



ADELAIDE SAILING CLUB

Sailing Instructions 2016 - 2017

1. RULES

Racing shall be governed by the rules as defined in the Racing Rules of Sailing, applicable at the time of race.

2. ENTRY

2.1 Boats shall enter for each club race on the form provided.

2.2 Entry fees as specified on the Notice Board shall accompany each entry except where such fees are paid in advance.

3. ELIGIBILITY

3.1 GENERAL

3.1.1 Visiting competitors who are financial members of an Australian Sailing affiliated club shall pay a fee as specified on the Notice Board. Visitors are not eligible for points or trophies in club races unless open entry is specified.

3.1.2 Members restricted under any by-law of the club shall be ineligible to compete.

3.1.3 Competitors shall be at least 8 years of age on 1st October 2016 to be eligible to compete in club racing.

3.2 CLUB CHAMPIONSHIP

3.2.1 The helm and crew shall be financial sailing members for Club Championship races except under 3.2.4.

3.2.2 There shall be a minimum of 4 boats of a class/division starting in each of 5 club championship races to constitute a club championship series for the class/division.

3.2.3 Any race with less than 4 starters shall not constitute a Club Championship race.

3.2.4 A crew may sail a maximum of 2 club championship races in one season where he/she is not a financial sailing member providing the required fee as specified on the Notice Board is paid and the crew's name has been recorded in the nomination.

3.3 CLUB EVENTS

3.3.1 The helm and crew shall be financial sailing members for Club races except under 3.3.2. to be eligible for points and trophies in the race.

3.3.2 A crew may sail a maximum of 3 club race days where he/she is not a financial sailing member providing the required fee as specified on the Notice Board is paid and the crew's name has been recorded in the nomination.

3.3.3 Any race with less than 4 starters shall not constitute a Club Event race.

4. NOTICE TO COMPETITORS

4.1 Notices to competitors shall be displayed on the Notice Board located downstairs under the balcony.

5. CHANGE TO SAILING INSTRUCTIONS

5.1 Any changes to the Sailing Instructions shall be posted on the Notice Board at least 60 minutes prior to the warning signal for the first race that the change will affect.

6. SIGNALS MADE ASHORE

6.1 Signals made ashore shall be displayed on the flag pole(s) adjacent to the northern end of the balcony.

6.2 Signals over a Green flag will only apply to the North course. Signals over a Red flag will only apply to the South Course.

6.3 The warning signal shall be made not less than 15 minutes after the AP is lowered. This changes RRS "Race Signals".

7. SCHEDULE OF RACES

7.1 The schedule of races as published on the club web site in the club sailing program is a part of these Sailing Instructions.

7.2 Any changes will be indicated as per Sailing Instruction 5.

8. CLASS/DIVISION FLAGS

8.1 Class/division flags shall be displayed on the Notice Board not less than 30 minutes before the warning signal.

9. COURSE & COURSE SIGNALS

The courses and course signals will be displayed on the Notice Board not less than 30 minutes before the warning signal.

10. MARKS

The description of the marks shall be displayed on the Notice Board not less than 30 minutes before the warning signal.

11. THE START

- 11.1 Races shall be started using RRS 26 with the warning signal given 5 minutes before the starting signal.
- 11.2 The start line will be between a staff displaying an orange flag on the race committee boat and a buoy displaying an orange flag.
- 11.3 The time of starts for the first race for all classes/divisions shall be displayed on the Notice Board not less than 30 minutes before the warning signal.
- 11.4 If flag U has been displayed as the preparatory signal, no part of a boat's hull, crew, or equipment shall be in the triangle formed by the ends of the starting line and the first mark during the last minute before her starting signal. If a boat breaks this rule and is identified, she shall be disqualified without hearing but not if the race is restarted or resailed or postponed or abandoned before the starting signal. This changes rule 26.

12. GENERAL RECALL

- 12.1 When a general recall is signalled the recalled class/division shall then accept the start signal for the last scheduled start as its preparatory signal.
- 12.2 If more than one class/division has had a general recall they shall restart in the sequence as set out initially.
- 12.3 The general recall flag shall remain displayed for approximately 4 minutes after the starting signal. This changes RRS 29.2.

13. THE FINISH

The finish line will be between a staff on the race committee boat displaying a blue flag and a buoy displaying a blue flag.

14. TIME LIMIT

- 14.1 The time limit for each class/division shall be 150 minutes.
- 14.2 Boats failing to finish within 30 minutes after the first boat sails the course and finishes will be scored DNF. This changes RRS 35 and A4.
- 14.3 When approximately half of the boats in a race have rounded the last mark, the Race Committee may, at its absolute discretion, award finishing points (FPA) to boats still on the course. Boats who are informed of this decision shall immediately follow the directions of the race committee. This changes rule 28.1, 35 and A4.

15. SIGN ON / SIGN OFF

- 15.1 All competitors are required to sign on prior to racing and sign off within 30 minutes of finishing. Failure to comply with this rule may result in the helm/boat combination being awarded a DNE (do not discard) for that race.
- 15.2 The helm of a boat that entered and does not start (DNS), or fails to finish the course (RET), or retires after finishing (RAF) shall sign off and fill in the retirement sheet within 30 minutes of the finish of the last boat in the last race on the day. Failure to comply with this rule may result in the helm/boat combination being awarded a DNE (do not discard) for that race.

16. PROTESTS

- 16.1 Protests shall be in writing and lodged with the Race Committee within 60 minutes of the finishing time of the last boat in the last race on the day.
- 16.2 Protests will be held the following Friday evening unless otherwise notified.

17. SCORING

- 17.1 Points will be awarded to a boat helm combination
- 17.2 Appendix A4 Low Point System shall be used for each class/division, with the following variations.
- 17.3 Appendix A4.1, Low Points System will be used for each class/division then A9 for penalty places.
- 17.4 Discards for Club Championship points and Club events points shall be allocated as follows:-
 - 5 races – no discard
 - 6 to 7 races - 1 discard
 - 8 to 10 races - 2 discards
 - 11 to 14 races – 3 discards
 - 15 or more races – 4 discards
- 17.5 Results for multi class divisions shall be calculated on corrected time using the Yachting Victoria yardstick. The Race Committee may modify the standard Yachting Victoria yardsticks where necessary for individual classes. The yardsticks to be used shall be displayed on the Notice Board.

18. PRIZES

- 18.1 Prizes will be awarded to each class/division as follows:
 - 4 - 6 starters – fastest
 - 7 - 9 starters – fastest and 2nd
 - 10 or more starters – fastest 2nd and 3rd

18.2 Prizes for classes/divisions may be awarded on aggregate for all races completed on the day.

18.3 Other prizes may be awarded by the Race Committee.

19. SAFETY

19.1 Penalties for breaches of rule 41 (Outside Help) shall be at the discretion of the Race Committee. Any outside help shall be reported to the Race Officer before the end of protest time of the day concerned.

Explanation:

A crew that is recovered from the water by another boat (racing or not) does not break rule 41 provided the crew's boat is in the same area as the recovery when they are reunited. Receiving help to right a capsize or having made progress in the race when a recovered crew is reunited with their boat does break rule 41.

Any occurrence of help must be reported to the Race Officer on the required form. The sailing instructions provide that the penalty is at the discretion of the Race Officer and / or protest panel. If the Race Officer deems a penalty may be appropriate he / she will refer it to the protest panel. There will be no penalties for actions based solely on safety.

19.2 All competitors shall wear approved Personal Flotation Device (PFD) whilst afloat.

20. COACHING

Coaches appointed by Sailing Development Group may be on the course area, acting under the policies as established by SDG. Coaches operating under these guidelines shall be listed on the Notice Board each race day. Boats receiving help from these nominated coaches are exempted from RRS 41. This varies RRS 41.

21. DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision of Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

22. INSURANCE

22.1 Each participating boat shall be insured with valid third-party liability insurance of not less than AUD \$5,000,000 (recommended AUD \$10,000,000) or equivalent thereof. The Adelaide Sailing Club Race Management Committee reserves the right to view currency of insurance.

23. PENALTIES

23.1 Rule 44.2 (Two-Turn Penalty) is replaced for all Classes by a One-Turn Penalty.

One-Turn Penalty

After getting well clear of other boats as soon after the incident as possible, a boat takes a One-Turn Penalty in the same direction, including one tack and one gybe. When a boat takes the penalty at or near the finish line, she shall sail completely to the course side of the line before finishing.

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