



Westerville Central High School

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Sign up for Challenge Day!

Challenge Day is returning to Westerville Central High School in November! All students, especially freshmen, are invited to participate. Challenge Day is a powerful and transformational day that changes the way our students view each other. It helps stop the teasing, violence, peer-pressure and alienation that is part of the high school experience for many young people by increasing understanding, acceptance and friendship among the students.

Since 2008, **Challenge Day** programs have been presented in Westerville high schools and helped to transform the lives of thousands of teenagers. **Challenge Day** has not only received numerous awards, but has also been featured in the best-selling book, *Chicken Soup for the Teenage Soul*, the Emmy Award-winning documentary, *Teen Files: Surviving High School*, and on the *Oprah!* television show. More information on **Challenge Day** may be found at www.challengeday.org.

Challenge Day will be presented at school during a regular school day and students will be excused from their classes for the day. The cost to bring this program to our school is \$35 per student, however, not required for participation. To defray the cost of the program, donations of any amount toward Challenge Day are graciously accepted.

Sign up! Participation in **Challenge Day** is limited and on a first-come, first-served basis. To register, please complete and return the permission slip below. We are excited to be able to offer this unique opportunity. For more information about **Challenge Day**, please contact Stephanie Martin at martins@wcohs.org

Permission Slip for Challenge Day

I give permission for my child to participate in the **Challenge Day** program. I understand that the event is not required and that my child's participation is voluntary. I further understand that **Challenge Day** and the sponsoring school/organization, its officers, employees or agents assume no liability either directly or indirectly for injury or accident resulting from or in any way connected with this event.

I understand that the **Challenge Day** program will deal with a wide range of issues such as leadership, self-esteem, social oppression, drug abuse, violence, racism, and teasing. I also understand that the program will be fun, empowering, eye-opening, and emotional. I have read this letter and have discussed confidentially with my child and support his/her participation.

I have carefully read this statement and fully understand its contents. I am aware that this is a release of liability of Challenge Day and the sponsoring school/organization, its officers, employees and agents.

I give permission for my child (print name) _____ in grade _____ to participate in **Challenge Day** at Westerville Central High School.

Parent Name (print) _____ Parent Signature _____

Donation \$ _____ (The actual program cost is \$35/student. All donations are appreciated.)

Please make checks payable to Westerville City Schools. Thank you!