

# KEY NOTES



South Atlantic Region of National Garden Clubs, Inc.

April 2018  
Volume 14, Issue 4

“The Beauty of Nature: Protect, Preserve, Enjoy ”

## Inside This Issue

|   |    |
|---|----|
| Director’s Message  | 1  |
| State Presidents  | 2  |
| Kentucky  |    |
| North Carolina  |    |
| South Carolina  |    |
| Virginia  |    |
| West Virginia   |    |
| Chairman Reports  | 5  |
| Arbor Day   |    |
| Arboretum/Botanical Gardens Awards                          |    |
| Birds   |    |
| Book Review   |    |
| Calendar—Vision of Beauty                                   |    |
| Environmental Ed./Energy Conserv. Gardens/Community Gardens |    |
| Garden Therapy/Healing Gardens                              |    |
| Garden Study Schools/Consultants                            |    |
| Hist. Gard./Heritage & Heirloom Plants                      |    |
| Litter Control/Recycling                                    |    |
| Media/Videos/DVD Programs                                   |    |
| National Garden Week  |    |
| New & Improved Cultivars                                    |    |
| Scholarship   |    |
| SAR Directors Project                                       |    |
| Youth Proj./Girl Scouts                                     |    |
| SAR Convention 2018   | 13 |
| NGC News  | 15 |
| Odds’n’Ends   | 16 |
| Awards List   | 16 |

## Key Notes issues

Key Notes will be published in early July, October, January, and April.

The deadlines for the respective issues are:

### June 20

September 20

December 20

March 20

Please submit your articles by email, if at all possible, to

mfloyd3570@aol.com

Subject: SAR Key Notes

## THE DIRECTOR'S MESSAGE

### *The Beauty of Nature: Protect, Preserve, Enjoy "*

Dear SAR Friends,

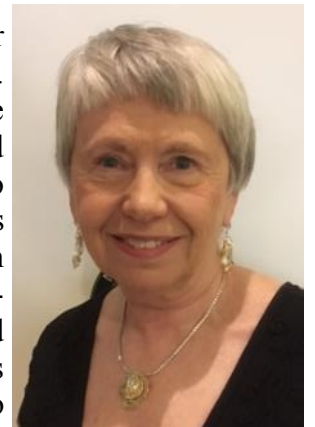
Your Region Director has returned from our SAR Annual Meeting held in Covington, KY. The meeting was educational and well run. The committee, chaired by Ann Fiel, certainly did an amazing job. She and her committee had to overcome numerous obstacles to make this meeting happen, from the hotel informing them (last November) that it would be under construction, to snow making roads slippery. And issues in between. The meals and meetings were held in the Metropolitan Club next door to the Embassy Suites and that was a very, very nice venue. Ann and her committee deserve a round of applause from all the attendees and Kentucky membership. Clap, clap!

I do enjoy hearing what is going on in our five states. It amazes me how our members and clubs can make so much happen to educate our communities, bring along our youth, sponsor scholarships, and erect Blue Star Markers. And that is just to name a few. I took notes to bring back to my state of North Carolina. These meetings provide opportunities to network as well as opportunities to find new garden friends that we enjoy seeing year after year.

I visited the Kentucky meeting that was held right after the SAR Meeting, visited Virginia and South Carolina in April and will visit West Virginia in September. I have already made my “official” visit to North Carolina but will be attending their meeting in a couple of weeks.

I hope many of you will be going to the NGC Convention to be held in Philadelphia May 21-24. This is an opportunity to have access to tours that are available all in one week, as well as hear special speakers. Chanticleer Garden, Historic Philadelphia, Boat trip to Bartram’s Gardens, Green Roof Tour, Longwood Gardens are just a few of the locations on the tour list. Check out the NGC Website for complete information. And join me for a fun and educational experience.

*Judy Barnes*



## State Presidents' Themes and Reports



### **The Garden Club of Kentucky, Inc. Paula Hyatt, President “Plant America—Kentucky”**

First I want to thank all of those who attended the SAR meeting hosted by Kentucky. I think we were very fortunate to miss the ugly weather and to enjoy our meeting and dining rooms. The meetings were very informative and a special thanks to Judy Barnes for handling all of the information in two days. Also, we were honored to host NGC President, Nancy Hargroves who enlightened us after our meal. Such an interesting program was presented after dinner about the Wild, Wonderful Women of Kentucky with flower arrangements to portray their history. The third day began our GCKY meeting. Judy Barnes was our guest speaker with a very encouraging and insightful after-dinner speech. With special planning and help from each committee, we managed to hold our state meeting in one day. WHEW!! Spring has finally arrived for most of the SAR states BUT KY was

in the 30's this morning. (At the time this was written). Please let the warmth of spring arrive and stay put. Daffodils and tulips are in bloom along with our tulip trees. Beautiful sights in every direction. It is time to start planting our beautiful landscapes for the cities plus our milkweed for the butterfly waystations. Presidents and Treasurer reports are due and it is time to make arrangements for the county fairs. How I love spring (if it would only make itself known). Again a big thank you to our fellow SAR members and I hope to see many of you again at the NGC meeting at Philadelphia in May. We will PLANT KENTUCKY - From the Bluegrass to the Lakes to the Mountains.

*Paula Hyatt*

### **The Garden Club of North Carolina, Inc., Gail Hill, President**

**Theme: "Growing Forward Together to Plant America "**



Welcome to spring or is it? The Bradford pears were in bloom and the jonquils, forsythia were blooming, when what should appear but 4 inches of snow on March 12<sup>th</sup>. Boy, old man winter doesn't want to let go, but I think most of us are ready for him to leave. I know of one southern gal who's ready for spring to get here and hopefully better weather, better health and I'm ready to get out and enjoy some fresh air and sunshine. Welcome, sweet springtime!!! The Garden Club of North Carolina, Inc. is experiencing a loss in membership, as most organizations are, with a loss of around 400 members for this past year. This can be attributed to age (deaths), increase in the amount of dues and a number of other reasons. As our senior member's numbers dwindle, our youth numbers seem to grow with 40 clubs and 1,332 youth members.

Our Blue Star/Gold Star Memorial Program continues to grow with 91 markers state-wide and more to be installed this month and in the next few months.

\$24,000.00 in scholarships is being awarded to four students (\$6,000.00 each) for the upcoming year which is a great achievement for our scholarship program.

We have been very fortunate to have the Winston-Salem/Forsyth Judges Council hold a Flower Show School, Course

I in January with Course II scheduled for July 16-18, 2018 in Winston-Salem with Gina Jogan doing Table Design and Sue Kirkman from Kentucky doing horticulture. Course III is scheduled for November 5-7, 2018.

We had a very successful Landscape Design Course I, February 12-13 in Raleigh, which will be followed up by Course II, August 13-14, 2018. Also scheduled is Gardening School, Course I, June 4-5 in Raleigh with Course II being offered October 22-23 in Raleigh.

Our club members continue to support their communities and their causes by channeling their efforts through health organizations, churches, gardens, libraries, town halls, civic organizations, schools and other opportunities.

We continue our association with the NCDOT and their wild-flower program and it is a testament to the beautiful highways throughout our state. We are working with them to cut back on pesticides to help bring back our pollinators.

Several of our floral designers took part in Art in Bloom at the NC Museum of Art in Raleigh in March. It's a special opportunity and an honor to be recognized as designers for an event that attracts over 15,000 people. We want to recognize and congratulate our designers: Erica Winston, Susan Hooper, Jane Barbot, Vandy Bradow, and Catherine Phelps. We are so proud of them! It was a fabulous show.

*Gail Hill*

Key Notes

April 2018

[www.southatlanticregiongardenclubs.org](http://www.southatlanticregiongardenclubs.org)

**The Garden Club of South Carolina, Inc.**  
**Donna Donnelly, President**  
**Theme: "Birds of a Feather Garden Together"**



The Garden Club of South Carolina, Inc. has acquired several new members during 2017. We have experienced growth in membership including youth, seniors, men and couples, mainly due to the creativeness of our clubs. Specifically by advertising club meetings at the local Library, Grocery, Laundromat and Pet Shelter!

We have 9 dues-paying Affiliates that we work closely with sharing information and together we broaden our outreach for events and educational opportunities.

South Carolina is a state with magnificent scenic beauty, natural wonders and many beautiful formal established gardens. We work diligently to promote conservation, environmental responsibility, successful beautification projects and educational endeavors so we may leave lasting legacies to the citizens of our state.

My President's Projects embody my theme 'Birds of a Feather Garden Together' and my main fundraiser 'Feed the Birds'. This has resulted in a tremendous response from the membership. We are all truly excited about our birds! The funds collected during the two year term will support: A Birding Garden Project at the State Botanical Garden, Clemson; Interactive bird feeding stations, including a bird migration-tracking antenna at the Riverbanks Children's Garden, Columbia; and Bird walks, programs and a pollination garden at the Gover-

nor's Mansion in partnership with Audubon SC.

This year we will award over \$15K in scholarship monies to students across the state, and we are working on ways to add additional scholarship awards to our portfolio. Several of our clubs have made applications for the NGC Plant America grants and GCSC will sponsor Flower Show Course II + III and a Landscape Design School.

Our clubs have erected 4 Blue Star Markers and 1 Gold Star Marker and GCSC has a grant program in place to help our clubs refurbish older markers.

Since 1954 GCSC clubs annually sponsor 135 high school students to Camp Wildwood, a high-energy environmental leadership camp where recreation is combined with instructional field trips emphasizing the idea of living *with* rather than *against* nature and learning to respect and conserve the environment. The GCSC Youth Symposium will honor 50 Youth award winners with lunch, a free t-shirt, free admission to the Riverbanks Zoo, and a gift certificate to Wal-Mart. We will award over \$1K to the Youth at this event!

The presentation of GCSC District and State Awards started at the recent Spring District Meetings will continue at the 88th State Meeting in April when SAR Director Judy Barnes will be our honored guest

*Donna Donnelly*



**Virginia Federation of Garden Clubs, Inc.**  
**Marty Bowers, President**  
**Theme: "Planting Today For Future Generations"**

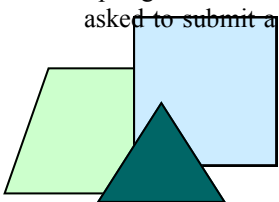
It was such an enjoyable time to be at the SAR Convention in Covington, KY in March. It is always great to see members from other states and realize that we are all friends with a desire to always enjoy the "Beauty of Nature" and to protect and preserve it. Thanks to Ann Fiel and all the committee chairmen for a wonderful experience.

Spring is here with its flurry of District Meetings some even with Mother Nature's flurry of snow challenges. But all District Meetings that were scheduled for March were held with some great programs.

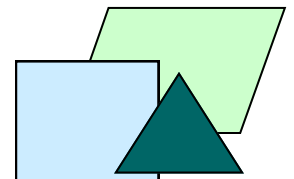
Spring is also the time each of our Virginia Club Presidents are asked to submit a report of what has happened during the club

year. It is so rewarding to read what has been happening at the local level – an indication that members are out there doing a whole lot of work and proving that garden clubs are not dead. I'm seeing more and more clubs working with young children. Virginia's grant program, "Grants to Beautify and Restore" has awarded funds to two garden clubs and a district: Chilhowie Garden Club in partnership with the Chilhowie City Council to create a Butterfly Station in the heart of town next to the City Hall; Rapid Ann for their ongoing "beauty spot" in the town of Orange; and Blue Ridge District to restore the Margaret Healey Memorial Garden at the O. Winston Link

*(Continued on page 4)*







*(Continued from page 3)*

Museum and Roanoke Valley Visitor's Center adjacent to the Hotel Roanoke. Margaret Healey was the VFGC President, 2003-2005.

The "Keys to the Future Youth Project Grants" awarded a total of \$7,300 for projects to work with school students. Every project receiving funding helps to instill gardening knowledge that they will appreciate during their lifetime.

Education is an important part of the mission of VFGC. A very successful Flower Show School Course II was held in Richmond, February 26-March 1, 2018. Landscape Design School was held April 16 & 17 in Williamsburg, VA. Williamsburg in the spring is a beautiful place to be so we really looked forward to a great school. The VFGC Judges Symposium will be held November 13-15 in Richmond. Plans are

still being worked on before we can offer our newest school: Gardening. More information later.

The VFGC Convention was held April 8-10 at the Westin Hotel in Richmond. Speakers included Tony Tedesco and Ellen Ogden and SAR Director, Judy Barnes was our Honored Guest. SAR members are always invited to Virginia Federation of Garden Clubs Convention. SAR Convention 2019 will be held in Williamsburg and hope you all will come.

To all SAR members please remember that "Friends are the flowers of life."

*Marty Bower*

**West Virginia Garden Club, Inc.**  
**Carolyn Mc Cafferty, President**  
**Theme: "Opening the Doors to the Future"**



Most of us recently returned home from the SAR Convention, held in Covington, Kentucky. (What a nice city to visit, and the view of Cincinnati, Ohio from the Metropolitan Club was just breathtaking!! I really enjoyed the speakers, Ron Wilson and Rita Nader Heikenfeld, who were not only providing us with lots of information about gardening, but were also entertaining!

The flower designs and program that the Kentucky Judges Council gave were wonderful! I think that was the best design program that I have seen. Hats off to those who choose the programs!

It has now been about a year, since I took the oath, to serve as the West Virginia Garden Club, Inc. President. And a quote I recently read, comes to my mind: *Today, I have closed the door to the past, opened the door to the future, took a deep breathe, and stepped on through to a new chapter in my life.* How true I have found that to be.

It has been a delight to travel throughout our beautiful state, making new friends, and learning lots of new things, about gardening.

As part of my "Opening the Doors to the Future," theme, I set up four keys to focus on. One of my keys, was Youth Involvement. Gateway Garden Club, has done something no other garden club in West Virginia has done—they opened a Children's Garden in Martinsburg, and to show my

support of this undertaking, I am asking that gifts given in my name, go to their garden.

The "key" to educating our members is in full swing. With the following opportunities available, not only to West Virginia members, but to all of you:

*Wildflower Pilgrimage: May 10-12, at Blackwater Falls; Landscape Design School: May 16-17, in Morgantown, WV; Flower Show School, Course 2: August 9-11, Moundsville WV.*

There is always more we can learn.

We are supporting the Blue Star Memorials, with our 83rd Marker, being dedicated on Saturday, June 9th in New Cumberland, WV.

I am thankful to the members of West Virginia Garden Club, for the opportunity to experience this chapter in my life. And I look forward to whatever lies ahead.

*Carolyn McCafferty*



## Chairman Reports



### ARBOR DAY

Geneva Hunt

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Did any of your garden clubs do anything special to celebrate Arbor Day this past spring? We need to promote Arbor Day by planting trees or other plantings or by cleaning up an area or any other way to promote Arbor Day. Many of our students (and maybe some parents) don't know about the history of this day and how our projects can help our environment. After planning and/or carrying out your celebration, try to get publicity for your club and state while celebrating in your own way. Try to involve other groups with you. This could become a community project.

This visibility could be a chance to open a door to a new member, too.

Let this chairman know what you did. She would like to hear from clubs and states so she can highlight some of the activities. She heard only from several clubs/Councils in Virginia. We know there were lots more! They were not reported to this chairman for recognition!

Cape Fear Botanical Gardens, Fayetteville Founded in 1989, there is a natural beauty situated on an impressive 80 acres nestled between the Cape Fear River and Cross Creek just two miles from downtown Fayetteville.

Flourishing with beautiful specialty gardens and blooming ornamental plants, Cape Fear Botanical Garden's highlights include Camellia, Daylily and Shade Gardens, Butterfly Stroll and Children's Garden, and the Heritage Garden featuring 1886 agricultural structures and a homestead.

<https://www.capefearbg.org>

DeHart Botanical Gardens at Louisberg The 91-acre Gardens have been deeded to the Louisberg College by the DeHart Family

The Gardens are open daily from sunrise to sunset. Call (919) 496-4771 for information or for a guided tour. Azaleas bloom in late May. For June and July, the multi-colored 3,000 Day Lilies will bloom throughout the lake area.

<http://www.louisburg.edu/about/botgarden>

### ARBORETUM/BOTANICAL GARDENS

Mary Reeves

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SPOTLIGHT shines on the home state of our SAR Director, Judy Barnes.

The state is fortunate to have many gardens from the coastal area up into the mountains of Western North Carolina, a 500 mile trip with elevations from sea level to Mount Mitchell at 6,500ft and includes at least 3 growing zones and providing diverse horticulture.

In this this issue we will visit the area called Eastern NC (ENC) on the coast- and next issue will be the drive up and over to the Piedmont Region into the mountains with even more Rhododendron, Flame Azalea and Spring Ephemerals in the Smoky Mountains.

Airlie Gardens encompasses 67 acres of quintessential Southern gardens with 10 acres of freshwater lakes. Features include azaleas, camellias, statuary and the Historic Airlie Oak. This once privately owned garden was purchased for the public by New Hanover County in January, 1999. The gardens are located near Wrightsville Beach on Airlie Road. Admission is \$9 and the garden is open 9-4, closed Mondays in January and February.

<http://airliegardens.org/plan-your-visit/>

300 Airlie Road, Wilmington, NC 28403, Tel: 910-798-7700



### AWARDS

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This chairman thanks all those who took the time to prepare their awards applications. And a thank you to the Awards Chairmen in each of our states for encouraging the applications and forwarding the state winner to this chairman.

Also thanks to all those who helped judge these applications. That was not an easy task.

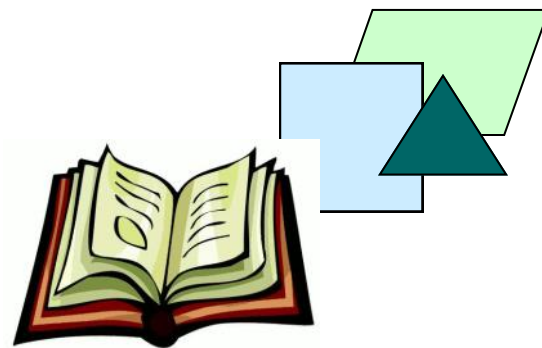
We hope to have even more next year. Now is the time to begin your application process by collecting all the info and photos you will need.

The list of all SAR winners can be found beginning on page 16 of this publication.

Key Notes

April 2018

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### BIRDS

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It is almost time for the Hummers to be arriving. Some of you in the warmer climates may already have put out your feeders and are enjoying their antics. My Hummer has not arrived as yet but will let me know when he (I say he because the males usually arrive first) is here. He flies from window to window like a peeping tom if the feeder is not there. And guess what.....I jump to do his bidding.

Unfortunately, their breeding and nesting grounds are under attack by logging, urbanization and agriculture development. The pesticides that are used also quickly kill off the insects that are a crucial part of their diets.

There are great benefits from planting Natives. Learn about the Native Plants for your area. A few of the benefits are: they flourish without fertilizers, pesticides, rarely need watering and provide food and habitat for wildlife.

And of course, the added bonus is the beautiful butterflies, birds and bees and other pollinators that will be visiting your garden.

So it's time to learn about the plants native to your area and get planting.!



### BOOK REVIEW

Susan Hooper

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A Passion for Flowers

Carolyn Roehm; Harper Collins Publishers 1999;

ISBN 0-06-757-513-7; non-fiction

From the cover photograph to the collection of beautiful floral arrangements inside this book, you will be inspired to enhance your own home with original, seasonally appropriate designs. Roehm draws from her background as a fashion designer as she applies the same design principles to arranging flowers.

Opening with Spring, the photographs show how she conditions and organizes the flowers to create large mass arrangements for entries and tables as well as smaller delicate arrangements. With full page pictures of daffodils, sweet peas, tulips, pansies and peonies, she lays out the possibilities and then shows how to combine them or use singularly for the best effect. Of special note, are the conditioning tips she includes in text boxes.

As Spring fades into Summer, the flowers intensify in fragrance, color and texture. While the calendar notes weddings, Fourth of July, outdoor celebrations, she demonstrates how the bounty of lilies, hydrangeas, sunflowers and zinnias can be matched to appropriate containers. Hints include what flowers partner well together, how to condition and care for fickle hydrangeas, how to show off hot colored flowers with cool colored accessories and when repetition of a particular flower can give punch to a setting.

"Autumn, the year's last loveliest smile" (William Cullen Bryant) infuses the garden with rich colors, fragrances that bring back memories of earlier times and an abundance of berries that can add texture and support to blooms. Drawing from deep burgundy to rich gold to warm russet blooms, foliage and berries, Carolyn gives arrangements that span the frivolity of Halloween parties to the intimate family gatherings at Thanksgiving.

Winter brings a sense of restraint and peace in the garden that can be an inspiration for floral designs. She shows how to include fruits and flowers from a floral supplier into designs that rely on evergreens that are ripe for cutting. Carolyn discusses how variegated flowers, combined with solid colors can add sparkle and fun to arrangements. She advises how to condition plant material and how to equip the container to support larger materials often used in urns, cache pots and baskets.

In conclusion, she offers what might be the most useful information of all. How to design using color, texture, proportion and complementary containers has answers to most questions. The basics for picking, conditioning and special care techniques for specific flowers is invaluable. This book continues to be among the favorites in my library of flower arranging books.



## Chairman Reports (continued)

### CALENDARS

Linda McLendon

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For those going to the NGC Convention in Philadelphia, check out the Member Services area for the 2019 Vision of Beauty Calendar.

For groups within the sstae, consider purchasing these in bulk and selling the through your group.

### ENVIRONMENTAL EDUCATION /ENERGY CONSERVATION

Karen Prewitt

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#### *Grassroots Green Tree Partners*

A reminder that the month of April is a special time for Environmentalists for two reasons:

April 22<sup>nd</sup> is the Annual Celebration of Earth Day, and if your club didn't celebrate Arbor Day in December you have another opportunity to celebrate the event, because April 27<sup>th</sup> is also celebrated as Arbor Day nationwide.

When I think of these two events I envision our clubs planting multiple trees - not just one. The importance of planting multiple trees *in close proximity to one another* is a new idea that came to my attention through an article by Peter Whollenben written for the April issue of *The Rotarian* magazine in conjunction with Rotary International's challenge to members to plant 1.2 million trees around the world. Mr. Whollenben is a professional forester living in Germany and is the author of a book entitled The Hidden Life of Trees [Greystone Books]. This fascinating article has included some rather surprising information about the "social life of trees". While trees as 'social beings' may sound a bit far-fetched, there is scientific evidence to support the fact that trees are in fact capable of helping each other through inter-connecting root systems, as long as the trees are of the same species and are planted in the same stand. Whollenben noted several instances of healthy trees supporting sick trees in the same stand through a nutrient exchange in their root network in times of need. Planted together, trees are able to create their own ecosystem that moderates the climate around them. They protect each other from extremes of heat and wind and in that manner every tree does not have to look out for itself. Keeping a tree canopy together is important to the whole tree community in order to help sick or weak adjoining trees. Whollenben also noted that the average tree grows its branches out until it encounters the branch tips of a neighboring tree of the same height. It doesn't grow any wider because it recognizes that air and light in this space are already taken by another tree. In this fashion trees 'partner'

with one another.

There is still much to be learned from studying mother nature, and considering the ever increasing daily loss of trees in my own community as developers clear cut more and more acres for industrial sites and housing subdivisions, it behooves us to learn whatever we can about partnering with mother nature. Please consider planting a row of trees to honor your fellow members... it will serve as our commitment to the future.

### GARDENS: COMMUNITY GARDENS/ CONTAINER GARDENING

Gail Hill

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#### TIPS FOR GREAT LOOKING CONTAINER GARDENS

Recipes for Success!

Designing great containers, hanging baskets and combination planters is easier than it seems. Here are five tips to help you create containers that will get noticed.

**Combine flowering plants with foliage or component plants** in a ratio of 3 to 4 flowering plants to 1 component plant.

**Choose contrast or have harmony** by the colors you select. The easiest high impact color combination is the combination of red, yellow and blue.

**Maintain proportion.** The basic guideline is for the plant material to be twice as tall as the visible part of the container.

**Don't forget texture.** Combine different flower and foliage textures that compliment each other.

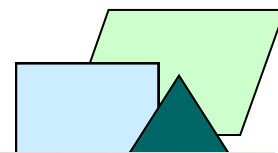
**Use your imagination and have fun.** Most times there are really no bad combinations. So, mix your left-over annuals together and maybe work in those vegetables.



Key Notes

April 2018

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### GARDEN THERAPY HEALING GARDENS

By Lea Ann Terrell  
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As I was preparing to host my local Garden Club meeting I was looking for Quotes for spring and came across a couple that made me stop and think. Charles Dickens said, "Spring is the time of year, when it is summer in the sun and winter in the shade". Margaret Atwood said, "In the spring, at the end of the day, you should smell like dirt". But what if you could not get out in the fresh air and experience both seasons at the same time or feel and smell the scent of fresh turned soil. So many times, we take what we have for granted and don't pause to think how much we would miss these simple pleasures if they were taken away from us.

Garden Therapy projects give those with disabilities or inabilities the opportunity to experience the pleasure of gardening. My small local club of 8 members is planning to visit the residents of a local Skilled Nursing Unit and plant small container gardens for their rooms. It's a small inexpensive project but well worth the effort when you see the joy and smiles it brings. Sharing our love of gardening is what Garden Club is all about so remember those that can't and help them find the joy that we know by planning a Garden Therapy project for your club.

### GARDENING SCHOOL/CONSULTANTS COUNCIL

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For all SAR Gardeners!

The past year has been dedicated to Gardening Schools and Gardening Consultant Council growth for this Chairman. The Cardinal Council of Bowling Green, Kentucky has seen the planning and completion of Course 1 in September, 2017 and the planning and completion of Course 2, March 27 and 28, 2018. 14 eager students took the exams to become Consultants following Course 1 and 13 took the exams following Course 2. The members of the Cardinal Council planning committee for these courses would like very much to sit down, have a glass of sweet tea and pat ourselves on the back but no time for such dilly-dallying! On to setting the date and planning for Course 3 this fall, if possible.

It has been a pleasure to talk with Linda and Charles McLendon of North Carolina as they plan Gardening School courses for the enthusiastic gardeners of their state. It would be great if all 5 of the states of SAR would join together in stirring the pot of energy and enthusiasm for Gardening Schools in the National Garden Club's program of gardening study and action. As members of this great organization, we are gardeners asking only to learn more so that we can garden more efficiently and live more intelligently.

### HISTORIC GARDENS PRESERVATION, HERITAGE AND HEIRLOOM PLANTS

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The words heritage and heirloom are similar in meaning and both are used in referring to plants. Around the year 1533 the word *herit* became *inherit*. Heritage means, that which has been or may be inherited. Heritage is the act of inheriting, inheritance and hereditary succession. The meaning of heirloom derives from someone who inherits land, but it also refers to inheriting a thing, like a weaving loom. Does the word heirloom suggest the importance of the weaving loom as a tool passed down in families in times past?

Other meanings of inherit include; any piece of property that has been in a family for several generations. Anything inherited from a line of ancestors, or handed from generation to generation. In the plant world, an **heirloom** variety is a plant variety that has a history of being passed down within a family or community, similar to the generational sharing of heirloom jewelry or furniture.

Now that we understand the definitions of heritage and heirloom, let's turn our attention to what historic preservation means and how this pertains to garden clubs. The quote below is from the list of awards for garden club projects in the South Atlantic Region Directory for Historic Preservation. "A \$25 award to a club, group of clubs or council for the most outstanding project, continuing or completing work on a historic preservation project, such as a trail, park, cemetery, garden or grounds around a historic building and/or garden of importance to local, state or national heritage."

"Our heritage landscapes are our regional identity". This is a quote from Lucinda Brockway's article, *Planting the Seeds for Citizen Advocacy for Heritage Landscapes*, in National Gardener, Spring 2017. She explains that the way one views a landscape depends on each person's own perspective, experience and values. In my home state of West Virginia, heritage farms are beginning to be valued and preserved. At one time, they were plentiful throughout the state. Now that they are becoming rare, they are being valued, not only a food source, but also as a tourist experience demonstrating simpler times. Many of these farms grow heirloom plants.

Heirloom vegetables, fruits, flowers and herbs are varieties that have remained popular with home gardeners because they grow well and taste great. Heirloom plants are loosely defined as plant varieties that have been grown for at least three generations and sometimes for three or more *centuries*! When plants of an open-pollinated variety self-pollinate, or are pollinated by another representative of the same variety, the resulting seeds will produce plants roughly identical to their parents. *An heirloom variety must be open-pollinated, but not all open-pollinated plants are heirlooms.* Some companies create heirloom labels based on dates, such as a variety that is more than 50 years old.

Because heirloom plants come from open-pollinated plants that pass on similar characteristics to the offspring plants, it then becomes important to save the seeds of these plants. Seed Savers Exchange is an underground storage area in Iowa. They identify heirlooms by verifying and documenting generational history by preserving and passing on the seed. Seed can be saved by garden-

(Continued on page 9)



## Chairman Reports (continued)

*(Continued from page 8)*

ers from year to year, which is an important consideration for food security and self-sufficiency. Heirloom seeds are never genetically engineered. Hybrid seeds can be stabilized, becoming open-pollinated varieties, by growing, selecting, and saving the seed over many years.

There are many popular heirloom tomato varieties. For example, Abraham Lincoln consistently produces huge crops of extra-large, meaty fruit, and resists foliage diseases, making it ideal for organic growers. It has a wonderful, summery tomato flavor, and it produces heavily right up to the first killing frost. These traits will be passed on to the next crop that you grow. 'Abraham Lincoln' was introduced in 1923, and over the years it has proven to be one of the great tomato classics that happily survived the big shift to hybrids during the 1940s.

In Midwinter, we gardeners begin to get nursery catalogs in the mail. The only heritage plant advertised in the catalogs I received in early spring 2018 featured Heritage Raspberries. A quick search online helps you find the best deal to purchase these plants.

In the area near the Seneca Rocks Discovery Center, WV there is wonderful heritage site, complete with a heritage garden. Kaila St. Louis oversees this garden. She says the mission of the Sites Homestead is to interpret and depict home and family life in the 1800s. The kinds of plants cultivated in gardens of that time were vegetables, flowers, herbs and shrubs, often grown in the one, large garden. Sites Homestead has a heritage orchard, as well as flower and vegetable gardens. These plants are heirloom varieties. In pioneer times there was a tradition that seeds and plants were shared with neighbors. You can get seeds and plants from the Sites Homestead by making a small donation or exchange with Kaila. Knowing that these seeds and plant starts come from pioneer days is very satisfying, since you become part of the line passing down an heirloom variety. The Sites Homestead hours are Thursday, Friday, Saturday, mid-April to mid-September.

Seed Savers Exchange is another good place to start when it comes to buying heirloom seeds. Their mission is to protect America's heirloom varieties, because once an heirloom plant is gone, it is gone forever. I searched their catalog online and found Suttons Harbinger Pea and this is what it says about this variety. English introduction by Suttons Seeds in 1898; "won an Award of Merit from the Royal Horticultural Society in 1901. This is a very early, heavy-cropping variety, excellent quality eating pea. Plants are 28-32" tall. Shell in 52-60 days." This gives you an idea of what you will find when you start searching for heirloom seeds and plants. In conclusion, here are some tips on storing seeds.

1. Keep seeds at a cool to cold temperature of 40 degrees or less in a place without fluctuations in temperature. A paper bag is a useful way to collect seeds. Be sure to label and dates these bags.

2. To store your own saved seeds, spread them out and allow them to air dry. Once dry, put them in paper envelopes and label them. You can then store them in your refrigerator or

freezer just like store-bought seeds.

3. Avoid light and never store seeds in direct sunlight or a well lit room.

4. It is possible to keep your seeds in moisture proof containers. A Mylar bag or mason jar is perfect as is a food saver bag. Even a standard Ziploc bag will work if you take care to squeeze out all of the air first.

5. As with your food stores, rotate seeds every few years. This is not 100% necessary, but if you are gardening anyway, why not rotate?

6. When you are ready to use your seeds, keep them in their closed storage container until the seeds come to room temperature. This will prevent unwanted condensation from settling on the seed packets.



### LITTER CONTROL/ RECYCLING IDEAS

Jill Rogers

6211 Lowergate Dr. Waxhaw NC 28173-6747

704-256-9091 [jill.rogers@newchurch.org](mailto:jill.rogers@newchurch.org)

#### Tins Cans and Watering Techniques

Most of you have probably recycled tin cans for a variety of uses, but maybe need reminding that they can be great plant containers and seed starting pots. You can make a can ready in minutes by:



1. Getting rid of metal shards and a thorough washing with soap and warm water.

2. Punch holes in the bottom with a nail and hammer.

3. Put rocks on the bottom for drainage and fill with soil and plant.



Although the cans are pretty on their own, they can be painted (use outdoor paint), dressed with string, punched with a hammer and nail to create a design, or use your imagination.



#### Saving Water with Good Watering Techniques

"Efficient watering techniques keep your garden growing strong and

*(Continued on page 10)*

Key Notes

April 2018

[www.southatlanticregiongardenclubs.org](http://www.southatlanticregiongardenclubs.org)

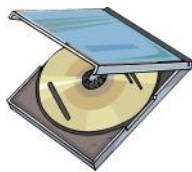
## Chairman Reports (continued)

(Continued from page 9)

save money on your monthly water bills. Plant your garden in level soil to prevent runoff waste. Level soil surfaces give your plants plenty of time to absorb water before it runs downhill. Water your garden in accordance how much water Mother Nature provides your plants. Install a rain gauge in your garden, and decrease watering time if there is a significant amount of water in the gauge. Keep water pressure low, and point the spout directly at the plants to avoid watering sidewalks or driveways. Wake up a little early and water your garden before the day gets too hot. Watering before 9 a.m. prevents water loss through evaporation.

### Water Saving Extras – Mulching and Composting

Evaporation is a major factor in water loss while gardening, and mulches and composts not only minimize moisture loss, they provide a host of nutrients for hungry plants. Organic mulch is the most common type of mulch, and most often includes small bits of bark or wood chips, lawn trimmings, old leaves, and small bits of hay or straw. Dampen the soil around each plant with an inch of water, and spread a 2-inch deep layer of compost around the plant. Water the mulch with another inch of water to lock in moisture and nourishment. Make your own compost for an extra bit of water control in your garden by throwing lawn clippings, leaves, wood chips, and food waste such as peels and coffee grounds in a large plastic tub, and set it in a sunny location. Turn the compost every few days with a shovel until it breaks down into a dark brown, earthy-scented paste. Add small scoops of compost to the soil near the roots in the early spring, and mix it gently into the dirt to feed the plants and conserve water throughout the growing season.” From gardenforever.com



### MEDIA/VIDEOS/DVD PROGRAMS

Dorothy Richardson  
P.O.Box 14 Loris SC 29569  
843-756-7413

This Chairman would like to let you know that we have lots of exciting garden-related Programs. If you need a program on a particular subject please contact NGC Headquarters, MEMBER SERVICES.

Email: [headquarters@gardenclub.org](mailto:headquarters@gardenclub.org), phone 314-776-7574,  
Address: 4401 Magnolia Avenue, St. Louis, MO 63110.

Key Notes

April 2018

[www.southatlanticregiongardenclubs.org](http://www.southatlanticregiongardenclubs.org)

## NATIONAL GARDEN WEEK

Mary Dixon

132 Moonlight Point Suffolk VA 23434-9300

757-934-3420 [mdixon2643@aol.com](mailto:mdixon2643@aol.com)

Members please encourage your clubs to have projects during National Garden Week. Simple little things like a small arrangement in your favorite bank, library, School, post office or any even a welcome center in your area with a sign that it is from a National Garden Club Member Club celebrating National Garden Week. This lets people know we are there and appreciate them. Go to the website, [gardenclubs.org](http://gardenclubs.org) and find other suggestions for projects, a poster to print and a proclamation you can print also. Most important is to then submit your project for an award in your state.

## NEW AND IMPROVED CULTIVARS

Charlotte Croft

725 N. Pine Valley Rd.

Winston-Salem NC 27106-5507

336-416-4871 [cchudgens@mindspring.com](mailto:cchudgens@mindspring.com)

### Get Your Spring On with these new cultivars!

How many of us have our mailboxes and emails filling up this time of year with catalogs full of colorful photos of new varieties of familiar plants. Here are a few suggestions I found interesting.

First out of the garden gate is a new *Monarda* that will help us attract those pollinators!

### *Monarda* x ‘Mojo’ PPAF



This *Monarda* features a chocolate red foliage emerges early with short silvered hairs and chocolate red stems too. By the time the purple flowers bloom in June, the mildew-resistant foliage turns to green. Grows to 24-30” tall. Plant prefers full sun and average to well-drained soil.

Next up on the path is a blueberry that produces TWO Crops of Blueberries. So would that be blueberry  $\pi$  (pi) squared? How sweet is that? Also, foliage has winter interest!

*Vaccinium corymbosum* x *angustifolium* Perpetua® blueberry



(Continued on page 11)

(Continued from page 10)

Perpetua produces two crops of delicious blueberries. The first fruit will appear in mid-summer and then the plant will flower and set fruit a second time in the fall. The dark green leaves will turn to deep red and greens in the winter, making it a beautiful year-long addition to any landscape.

For our fennel fans there is *Foeniculum vulgare* 'Fino'. This is a new fennel with a larger, heavier bulb with good bolt tolerance. This is a good vegetable for succession planting because it can be planted in summer for fall harvest. In field test this plant has been reliable and high-yielding. Crisp, with a strong licorice flavor. Plant has a heavier bulb than the old classic Zefa



Fino.

The Perennial Plant Association has named the 'Millenium' allium its Plant of 2018. It is a compact allium with rosy purple rounded clusters of blossoms.



It blooms in late July and August. Alliums are easy care plants, increase nicely and attract pollinators, especially butterflies. We should all be more aware and vigilant with our actions and plantings in the garden when it comes to the importance of pollinators and their needs.



Last but not least is the 'Super Hero Spry' is a compact 10-12 inch French marigold with beautiful colors that needs no dead-heading. Plants that are self cleaning, that need no deadheading, are one of the great gifts of hybridizers.

### THE CORRIE WHITLOCK MEMORIAL SCHOLARSHIP FROM SAR

Phebe Kirkman

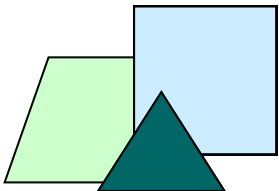
101 Brampton Court Winston-Salem NC 27106  
336-774-0118 pinkland2@aol.com

A rising Junior or Senior in College and/or a graduate student are eligible to receive the Corrie Whitlock Memorial Scholarship or the SAR Scholarship. Each state within the South Atlantic Region may submit one application to be in competition for a Scholarship. A qualifying student is one majoring in the study of Horticulture, Floriculture, Landscape Design, Botany, Plant Pathology, Biology, Forestry, Agronomy, Environmental Concerns, City Planning, Land Management and/or allied subjects.

Two Scholarships are given each year. The Scholarship amount is determined by the SAR Board of Directors, and the winners announced each year at the SAR Conventions. Applications will be judged on the following scale:

|                                    |      |
|------------------------------------|------|
| Academic Record                    | 40 % |
| Applicant's Letter                 | 30 % |
| Listing of Honors/ Extracurricular |      |
| Activities/ Work Experience        | 10 % |
| Financial Need                     | 15 % |
| Recommendations                    | 5 %  |

Applications must be sent to the state scholarship chairman by February 1. This chairman will forward it to the regional chairman by March 1.







### SOUTH ATLANTIC REGION DIRECTORS PROJECT 2017-2019

Sandra Dutton

4429 Smithfield Rd. Knightdale NC 27545

919-26691329 r\_dutton@bellsouth.net

Plant, Protect, and Preserve our South Atlantic Region: Its national parks, state parks, public lands and community spaces.

Happy New Year to all SAR members. I am looking forward to reading all the many activities that the clubs in the SAR have participated in during the year. I am sure many of you did projects to *Protect, Preserve, Enjoy, The Beauty of Nature*. It is only three pages to be used to document and be sure to add pictures. This is an important project to ensure how we protect our national and state parks, public land and communities. Deadline is January 25, 2018.

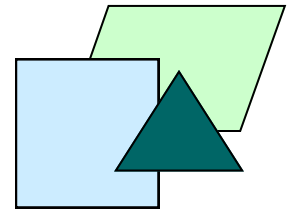
**Plant, Protect, and Preserve our South Atlantic Region:** Its national parks, state parks, public lands and community spaces.

There are many ways SAR members can contribute to the beauty of our lands, such as: picking up litter, educate the public on plants that thrive in our five state regions, repair and replace damaged plants and help preserve the quality of our water. It is our responsibility to take the lead and **PLANT, PROTECT, and PRESERVE Our South Atlantic Region**.

To encourage our clubs, an award has been established by the South Atlantic Region Director, Judy Barnes. This award will be in effect for her two year term. A \$100.00 award will be presented in 2018 and 2019 to the clubs who have shown the most effort in Protecting and Preserving our public lands.

- The club must be in good standing of it's state organization.
- Application should be sent to the State SAR Director's Project Chairman. That Chairman will select inept entry to forward to the SAR Director's Project Chairman.
- The application should contain a description of the project, the club members involved and any outside organization assistance (monetary or physical).
- The application should be no more than 3 pages and one side only. It may include pictures (preferably before and after), and any published information such as newspaper or other media coverage.
- Applications may be submitted electronically.
- Deadline for submission to the State Chairman is December 1.
- Deadline for State Chairman to submit an application to the SAR Chairman is January 10th.
- Awards will be presented at the SAR Regional Meetings in 2018 and 2019

The crucial portion of the application should explain why the club decided on the project, purpose of the project, what did they hope to gain and did the project accomplish its purpose. Express if those who participated in the finished project, finished the project with a sense of being a part of protecting and preserving our lands.



### YOUTH PROJECTS GIRL SCOUTS

Carolyn King

16 Wappoo Creek Place

Charleston, SC 29412 843-364-6401

[cskingworld@aol.com](mailto:cskingworld@aol.com)

Recently in the Post and Courier in Charleston, SC, I read an interesting article by Hannah Alani on Girl Scout Troop 048 made up of 30 Daisies, Brownies and Girl Scouts. They donated a box of Girl Scout cookies to 419 North Charleston police officers and 257 fire fighters. They even gave a box of Thin Mints to Mayor Keith Summey. The Girl Scouts were able to do this by asking customers to buy an extra box so they could meet their goal. What a wonderful project these girls did by thinking of our firefighters and police officers.

This was also in Hannah Alani's article. "DID YOU KNOW? The Girl Scouts organization was founded before women in America had the right to vote. Juliette Gordon Low, affectionally know as "Daisy", gathered 118 young girls in Savannah, Georgia on March 12, 1912. As the Progressive Era raged, these first Girl Scouts played sports, went camping and studied foreign languages. Today there are nearly 1.8 million girls and 800,000 adults who are Girl Scouts in more than 92 countries. Before girls wear the bright green Girl Scout vest, they start as Daisies (blue) or Brownies (brown)".

This chairman is always willing to help you in any way I can. Our youth are the future of our country. Please plan to work with the Girl Scouts on the Native Plant Badge.



Girl Scouts.



# SAR Convention 2018



## SAR IN “RIVER CITY” March 18 & 19, 2018

### Here is What Happened...

For those who came to join us for all or part of the South Atlantic Region Annual Convention, we had a wonderful tour, exciting speakers and a delightful design program for all to enjoy!

One highlight was a guided tour of the Spring Grove Cemetery and Arboretum with over 733 acres offering picturesque landscapes, champion trees and world-class gardens. It is the 4th largest cemetery in the United States dating back to 1844.

“From The Garden To The Kitchen” with herbal expert Rita Heikendorf and ‘yardening’ expert Ron Wilson was a very informal open formatted session to kick off the Spring 2018 ‘Yardening Season! They showed us new plants and gardening products, what’s hot and what’s not, timely topics and tips.

Scott Beuerlein presented a program on “How To Become a Better Gardener Faster”. Scott is a horticulturist at the Cincinnati Zoo & Botanical Garden. Scott is involved with the Zoo’s plant trials, educational and community outreach.

Our own Joanna Kirby presented an informative program on the Monarch butterfly and Monarch Way Stations.

And the Kentucky Judges Council entertained us with their interpretation of the designs each had made.

Our own Nancy Hargroves, NGC President, was our honored guest And Loy Holt (chairman) and Mary Dixon (vice-chairman) entertainingly invited all to attend the 2019 SAR Convention March 28-30, 2019 in Williamsburg, VA. So mark your calendar for next March and plan to attend.

And as you saw in the presidents’ messages, they enjoyed the convention and the programs.

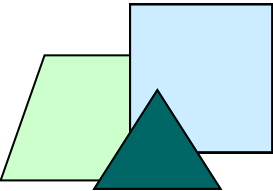
As you can see from the above passages, if you didn’t attend you missed a great time.



Ron Wilson and Rita Heikendorf



Scott Beuerlein



Key Notes April 2018  
[www.southatlanticregiongardenclubs.org](http://www.southatlanticregiongardenclubs.org)





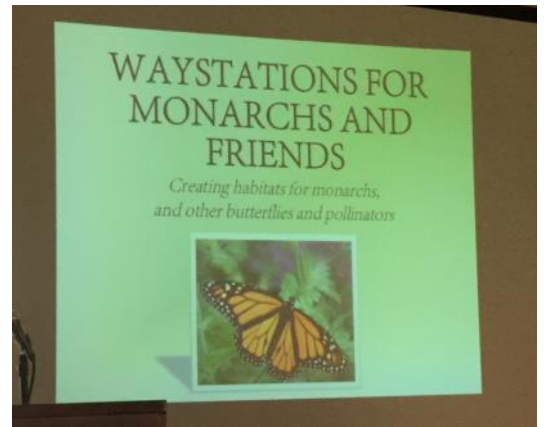
Design Honoring  
SAR Director  
Judy Barnes



Joanna Kirby



Design Honoring  
NGC President  
Nancy Hargroves



Honor Guard at Opening of Convention





# National Garden Clubs



Nancy Hargroves  
2017-2019 NGC President

Theme:  
“Plant America”



**LOVE BLOOMS in PHILADELPHIA**  
**NATIONAL GARDEN CLUBS CONVENTION**  
 May 21-24, 2018  
 Philadelphia PA  
 Lowes Hotel

Mark your calendar now and make your plans to attend this convention. It is always fun to see our South Atlantic Region friends at these conventions.  
 Remember — May 21-24 at the Loews Philadelphia Hotel in Philadelphia PA.  
 The details are in the Winter issue of *The National Gardener* and on the NGC website.  
 Some of the speakers/programs are Kent Russell, “Candy in the Garden”; Kirk Brown, “John Bartram, the King’s Gardener”; Jane Godshalk, “Philadelphia Style—Love it!”; Sam Lemheney and Matt Rader, “PHS and the Philadelphia Flower Show, Engaging Gardeners and Transforming Communities”.  
 There are a total of six workshops/seminars during the convention, and two post-convention tours as well as several tours during the convention.  
 When filling out the Registration Form, don’t forget to sign up separately for the Life Member Banquet on Tuesday and the Regional Breakfast on Thursday. These are in addition to the Registration Fee and Meal Plan (for full time attendees).  
 The room rate prior to January 31 is \$219 (single or double), \$244 (triple), and \$269 (quad). After January 31 the rates increase by \$20.  
 There is a \$48/day valet parking charge; or alternate parking of \$28 day rate and \$28 overnight.  
 Make your reservations early to get the best rate.  
 Looking forward to seeing all of our SAR members in May.  
 Loews Philadelphia Hotel, 1200 Market Street, Philadelphia PA 19107; phone 215-627-1200



## YOUTH PROJECTS

National Garden Clubs is continuing “The Frightened Frog” program with the book. This year there is another book to use with children, “The Saved Seed”, tracing the life of a pumpkin seed. This book is also \$10 and can be ordered from NGC Member Services.

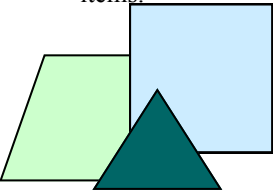


As has been done for many years, we will continue to sponsor the Smokey Bear/Woodsy Owl Poster Contest. Don’t forget the Poetry Contest for K-9. This year’s topic is “Let It Grow”. The HS Essay contest for grades 9-12 has the topic “Community Gardens—A Solution to Blight, Crime, and Hunger”. All rules may be found on the NGC website.

And finally there is the Youth Sculpture Contest open to grades 4-8. The sculpture is to be made of recycled, reused, or reduced items.

**We hope** you are reading the interesting/informative articles in each issue *The National Gardener*. Don’t receive it?? Check with your SAR or state chairman or go online to NGC to subscribe. You’ll be glad you did!

Key Notes April 2018  
[www.southatlanticregiongardenclubs.org](http://www.southatlanticregiongardenclubs.org)



# Odds 'N' Ends

## Schools Coming Up

Landscape Design School: Course 1 May 15-16 Bowling Green KY

Course 2 Aug. 13-14 Raleigh NC; Sept. 18-19 KY

Course 4 May 15-16 Morgantown WV; Oct. 1-2 Richmond VA

Flower Show School: Course 2: July 16-18 Winston-Salem NC; Aug. 9-11 Moundsville WV; Oct. 5-7 NC

Course 3 Aug. 27-30 Lynchburg VA; Sept. 10-12 SC

Course 4 Feb. 19-20, 2019 SC

Flower Show Judges Symposium: July 25-26 SC; Nov. 13-15 Richmond VA

Gardening School: Course 1 June 4-5 Raleigh NC

Course 2 Oct. 22-23 Raleigh NC

## YEARBOOK CHANGE:

Carolyn Smith King, Chairman Youth Projects/Scouts

New Address April 20, 2018. 16 Wappoo Creek Place, Charleston, SC 29412

843-364-6401 cell. [cskingworld@aol.com](mailto:cskingworld@aol.com)

## AWARDS

**SAR#1 ARBORDAY TREE PLANTING/ACTIVIES** SPONSOR: Geneva Hunt

SAR# OVER ALL WINNER GREENVILLE COUNCIL OF GC INC., SC SAR#1iv BLUE

EMERALD ISLE GC, NC SAR#1i BLUE

MADISON GC, VA-SAR#1ii BLUE

LAKE HILLS GC, SC -SAR#1iii BLUE

**SAR#2 BIRD PROTECTION** SPONSOR: Betty Gorrie

OVER ALL WINNER HARBOR ISLAND GC, NC- SAR#2ii BLUE

MERRIFIELD GC, VA-SAR#2i BLUE

**SAR#3 PROTECTING OUR POLLINATORS** SPONSOR: Donna Donnelly

OVER ALL WINNER LAUREL OAKS GC, KY-SAR#3ii BLUE

YAUPON GA, SC-SAR#3i BLUE

**SAR#4 COMMUNITY BEAUTIFICATION/LANDSCAPE DESIGN** SPONSOR: Carol Patterson

OVER ALL WINNER WILLAMSON WILDWOOD GC, WV-SAR#4ii BLUE

WOODLAND GC, NC- SAR#4i BLUE

THE CAPE FEAR GC, NC -SAR#4iv BLUE

**SAR#5 ENVIRONMENTAL/CONSERVATION** SPONSOR: Karen Prewitt

OVER ALL WINNER CLARICE WILSON GC, SC- SAR# 5ii BLUE

THE CAPE FEAR GC, NC SAR#5iv BLUE

**SAR#6 GARDEN THERAPY/HEALING GARDEN** SPONSOR: Lea Ann Terrell

OVER ALL WINNER FOUNTAIN INN GC, SC -SAR#6i BLUE

FRED BROOKS GC, WV -SAR# 6ii BLUE

THE GARDEN CLUB OF CHARLESTON, SC- SAR#6iv BLUE

**SAR#7 GARDEN THERAPY HORTICULTURE PROJECT** SPONSOR: Lee Ann Terrell

OVER ALL WINNER GREENVILLE GC, SC SAR#7ii BLUE

SEASONS IV GC, VA SAR#7i BLUE

**SAR#8 HISTORIC PRESERVATION** SPONSOR: Kathy McClane

OVER ALL WINNER FRANCIS FAQUIER GC, VA SAR#8i BLUE

RIVERLAND TERRACE GC, SC SAR#8ii BLUE

THE CAPE FEAR GC, NC SAR#8iv BLUE

**SAR#9 PUBLICATION: CLUB NEWSLETTER** SPONSOR: Mary Sue Floyd

OVER ALL WINNER WESTERCHESTER GC, VA SAR#9i BLUE

THE MADISON GC, VA SAR#9ii BLUE

THE AVID GARDENERS GC, SC SAR#9iii BLUE

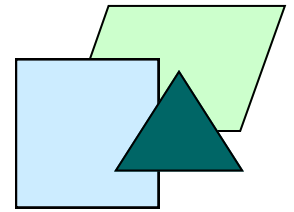
SALISBURY GC, VA SAR#9iv BLUE

**SAR# 10 NATIVE FLOWERING TREES LANDSCAPE** SPONSOR: Carolyn Augustine

OVER ALL WINNER FRANKLIN GC, KY SAR#10ii BLUE

**SAR#11 NATIONAL GARDEN WEEK:** Mary Goodman

OVER ALL WINNER HILLARD PARK GC, VA SAR#11i BLUE



ABINGDON GC, VA, SAR#11ii BLUE  
THE GARDEN CLUB OF DANVILLE, KY SAR#11iii BLUE  
SALISBURY GC, VA SAR#11iv BLUE

**SAR# 12 PROGRAMS**

**A. BEST SLIDE, VIDEO OR POWER POINT PROGRAM** SPONSOR: *Dorthey Richardson*  
OVER ALL WINNER TOWN AND COUNTRY GARDEN CLUB OF WISE, VA SAR#A. 12ii BLUE

**B. BEST PROGRAM** SPONSOR: *MARTY BOWERS*  
OVER ALL WINNER WOODLAND OAKS GC, WV SAR#12Bi BLUE  
EMERALD ISLE GC, NC SAR#12Bi BLUE

THE GARDEN CLUB OF CHARLESTON, SC SAR#12Biv BLUE  
**SAR#13 PUBLIC RELATIONS** SPONSOR: *Barbara Miller*  
OVER ALL WINNER WILLIAMSON WILDWOOD GC, WV SAR#13ii BLUE  
THE GARDEN CLUB OF CHARLESTON, SC SAR#13iv BLUE

**SAR# 14 ROADSIDE IMPROVEMENT** SPONSOR: *Bud Qualk*  
GLASGOW GC, KY SAR#14ii BLUE

**SAR# 15 STANDARD FLOWER SHOW SCHEDULE**

**A. SINGLE CLUB** SPONSOR: *Sarah Ann Parler*  
OVER ALL WINNER SALISBURY GC, VA SAR#15A BLUE

**B. TWO OR MORE CLUBS OR COUNCIL** SPONSOR: *SANDY HOUCK*  
OVER ALL WINNER TIDEWATER DISTRICT, VA SAR#15B BLUE

**SAR# 17 “PLANT IT PINK”** SPONSOR: *Edith Nelson*  
OVER ALL WINNER NEW HANOVER GC, NC SAR# 17ii BLUE

**SAR# 18 “VISION OF BEAUTY” CALENDAR SALES** SPONSOR: *Val Storie*  
OVER ALL WINNER GREEN PINE GC, VA SAR#18i BLUE

**SAR#19 BLUE STAR MEMORIAL LANDSCAPING** SPONSOR: *Mary Dixon*  
OVER ALL WINNER MONTICELLO GC, VA SAR#19i BLUE  
OLDE BERKRLRY GC, WV SAR#19 BLUE

**SAR#21 WATER CONSERVATION AWARD** SPONSOR: *Carolyn McCafferty*  
OVER ALL WINNER SEASONS IV GC, VA SAR#21i BLUE

**SAR#22 WEBSITE** SPONSOR: *Teresa Langley*  
OVER ALL WINNER MIDLOTHIAN GC, VA SAR#22ii BLUE  
MAGNOLIA GC, SC SAR#22i BLUE  
CHAPEL HILL GC, NC SAR#22iv BLUE

**SAR# 23 SAR LIFE MEMBERSHIP** SPONSOR: *Jenene Smith*  
OVER ALL WINNER STATE OF NORTH CAROLINA SAR# 23 BLUE

**SAR# 25 YOUTH EDUCATION** SPONSOR: *EDITH NELSON*  
OVER ALL WINNER SEASONS IV GC, VA SAR# 25i  
LAUREL OAK GC, KY SAR#25ii BLUE

**SAR#26 YEARBOOKS** SPONSOR: *Marilyn Wright*  
OVER ALL WINNER TOWN AND COUNTRY GC, VA SAR#Y 26iii BLUE  
LYNN HERITAGE GC, VA SAR#Y26i BLUE  
FLOWERTOWN GC, SC SAR#26iv BLUE  
CHESAPEAKE BAY GC, VA SAR#26v BLUE

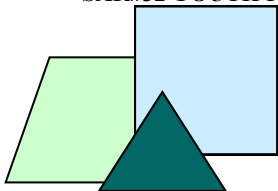
**SAR#27 SAR PUBLICITY PRESS BOOK** SPONSOR: *Judy Ann Fray*  
OVER ALL WINNER GARDEN CLUB OF DANVILLE, KY SAR#27iv BLUE  
THE YELLOW JASMINE GC, SC SAR#27i  
HARBOR ISLAND GC, NC SAR#27ii  
Columbia Garden Club, SC SAR# 27iv

**SAR#29 YOUTH ACTIVITIES** SPONSOR: *Sharon Jones*  
OVER ALL WINNER THE AVID GARDENERS GC, SC SAR#iii  
LAUREL OKE GARDEN CLUB, KY SAR#29ii  
GREENVILLE COUNCIL OF GARDEN CLUBS, SC SAR#29iv

**SAR#30 NGC YOUTH POETRY CONTEST** SPONSOR: *Susan Throneberry*  
*June Crews* “Let it Grow” 1st Grade Alvaton Elementary Submitted by: *Two Creeks Garden Club Alvaton, KY*  
*Miles Goetzman* 3<sup>RD</sup> Grade Mead Hall Episcopal School Submitted by: *Garden Club of Aiken, SC*  
*Isabelle Wilkie* 4<sup>TH</sup> Grade Davis Memorial After School Program Submitted by: *Emma Scott* Garden Club, WV  
*Natalie Quattlebaum* 5<sup>TH</sup> Grade Calhoun Academy Submitted by: *Rose Garden Of St. Matthews, SC*  
*Felicity Gonzalez* Quevedo 6<sup>TH</sup> Grade Alvaton Elementary School Submitted by: *Two Creeks Garden Club Alvaton, KY*  
*Wyatt Greitner* 7<sup>TH</sup> Grade Mead Hall Episcopal School Submitted by: *Garden Clubs of Aiken, SC*  
*Laurie Ann McGee* 8<sup>TH</sup> Grade Calhoun Academy Submitted by: *Rose Garden Club, SC*  
*Avery Moody* (Two Pages) 9<sup>TH</sup> Grade Dillon High School Submitted by: *The Yellow Jessamine Garden Club SC*

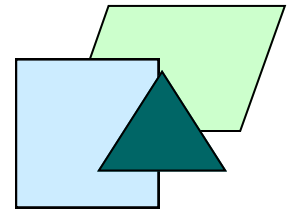
**SAR#31 NGC HIGH SCHOOL ESSAY CONTEST** SPONSOR: *Rosemary Drennen*  
CAROLINE PEAK SPONSORED BY GARDEN CLUB OF AIKEN, SC 11<sup>TH</sup> GRADE

**SAR#32 YOUTH RECYCLABLE SCULPTURE CONTEST** SPONSOR: *Jenene Smith*





## *The South Atlantic Region Member States*



### NGC Mission Statement

National Garden Clubs, Inc provides education, resources, and national networking opportunities for its members to promote the love of gardening, floral design, and civic and environmental responsibility.

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McAlley Burr 5<sup>TH</sup> 5th Grade Charleston Collegiate School Sponsor: Magnolia GC, SC

Charlie Lewis 6<sup>th</sup> Grade Charleston Collegiate School Sponsor Magnolia GC, SC

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**SAR#33 SMOKEY BEAR / WOODSY OWL POSTERS SPONSOR: Barbara S. Ohmsen**

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**SAR# 34 SOUTH ATLANTIC REGION DIRECTORS PROJECT 2017-2019.**

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Key Notes

April 2018

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Thank You**