

Compass Nutrition | Insurance Script

We understand that working with insurance can seem overwhelming and at times frustrating or tricky. Unfortunately, many insurance companies do not have detailed nutrition coverage benefits listed under their in-network provider section. The purpose of this script is to give you guidance in navigating the insurance process and to ensure that our time together is covered by your insurance plan since it is your responsibility to know your nutrition coverage including any charges that are not covered by your insurance company.

While we are an in-network provider with many insurance companies and plans, it is important to understand that every plan is different and has different in-network benefits because nutrition is typically considered a specialty even if you have comprehensive health coverage.

All insurance claim billing is billed under the practice. That means the following dietitians bill under Adiana Castro OR Nikita Kapur.

- Adiana Castro
- Jennifer Calo
- Alyssa Tucci
- Nikita Kapur
- Melissa Sirolli
- Laura Khan

When verifying your insurance, check to see if at least Adiana Castro or Nikita Kapur are in-network with your insurance company.

We strongly recommend that you complete this form before your initial appointment.

Gather the information below **PRIOR** to your first appointment:

Insurance Company	Insurance ID Number	Date of Birth

Call the member services number on the back of your card.

Here are the important questions to ask:

1. Does my plan cover outpatient nutrition counseling for the following CPT Codes: 97802, 97803, 97804, 99401, G0270, G0271? (Circle all that apply)
 - If yes, how many visits or hours are allowed per plan year?
 - Does my plan cover diagnosis code(s) (**look up visit code on page 4**) with CPT codes 97802, 97803, 97804, 99401, G0270, G0271? (Circle all that apply)
 - Does my plan only cover medical nutrition therapy visits that are considered “medically necessary”? Yes or No (Circle which applies)
 - Does my plan only cover visits that are billed as preventative? Yes or No (Circle which applies)
 - Do I need a referral, an authorization number, pre-determination letter, or referral prior to my appointment? (Circle all that apply)

2. If my plan will only allow coverage if billed as preventative:
 - Does my plan cover diagnosis code(s) (**look up visit code on page 4**) with CPT code 97802 and 97803 with modifier 33? Yes or No (Circle which applies)
 - How many sessions are allowed per plan year? _____

3. Do I have a deductible to meet first? Yes or No (Circle which applies)
 - If yes, how much? _____

4. Do I need a physician referral? Yes or No (Circle which applies)

5. What is my co-pay amount for outpatient nutrition counseling? _____

*Note: physician referral must be brought to the initial appointment.

- Ask for the name of the representative: _____
- Ask for the reference number for this phone call: _____
- Mark the date and time: _____

Please bring this filled out script to your first appointment. Thank you!

National Provider Identifier Number (NPI)	
Adiana Castro	1831495258
Nikita Kapur	1760748875
In-Network Insurance Provider Numbers	
Aetna	
Adiana Castro	0009718627
Nikita Kapur	0009285840
BlueCross BlueShield	
Adiana Castro	1831495258
Nikita Kapur	1760748875
Cigna	
Adiana Castro	462195585 0004
Nikita Kapur	462195585 0006
Emblem Health	
Adiana Castro	1224488P
Nikita Kapur	1025198P
GHI	
Adiana Castro	3483326
Nikita Kapur	3483530
HIP	
Adiana Castro	007095
Nikita Kapur	PNJ435353
Medicare	
Adiana Castro	PTAN A400119099
Nikita Kapur	PTAN A400106921
Oxford (Freedom Plan Only)	
Adiana Castro	P4525043
Nikita Kapur	P4954870
United HealthCare	
Adiana Castro	1831495258
Nikita Kapur	1760748875

REASON FOR VISIT	VISIT CODE
Allergy Nutrition Consultation	Z71.3
Breast Feeding Nutrition Consultation	Z71.3
Diabetes (Type 1) Consultation	E10.9, Z71.3
Diabetes (Type 2) Consultation	E11.9, Z71.3
Digestive Problem Consultation	Z71.3
Eating Disorder Nutrition Consultation	F50.9, Z71.3
IBD Diet Consultation	K58.9, Z71.3
Infertility Nutrition Consultation	Z71.3
Irritable Bowel Syndrome (IBS) Consultation	K58.0, Z71.3
General Nutrition and Wellness Consultation	Z71.3
Heart Health Consultation	Z71.3
High Blood Pressure Diet Consultation	R03.0, Z71.3
High Cholesterol/Lipids Consultation	E78.0, Z71.3
Kidney Health Diet Consultation	N28.9, Z71.3
Liver Diet Health Consultation	Z71.3
Pregnancy Nutrition Consultation	Z71.3
Reflux/Heartburn Diet Consultation	Z71.3
Sports Nutrition Consultation	Z71.3
Underweight Nutrition Consultation	R63.6, Z71.3
Weight Loss Consultation	E66.3, E66.9, E66.01, Z71.3
Weight Loss Surgery Consultation	E66.3, E66.9, E66.01, Z71.3