**Discussion:**

1. What is one worry you remember having as a child?

2. Derek talked about how our worries can drive a wedge in between us and God. Have you experienced this? What did it feel like?

3. In 1 Kings 19, we read about Elijah, who’s worried that his actions are going to lead to him being found and killed. What’s a time in the recent past where you’d felt worried about something?

4. What would it look like for you to experience God as Elijah experiences God - the God who’s empathetic to Elijah’s worries and takes care of him? What would you say to this God?

5. Would you have the courage like Elijah to invite God in to your worries - not the tough love one, not the indifferent one - the one who has promised that he cares and wants to be with you?

**Remember:**

Whether you are connecting with your group online, over the phone, or in person, the five things that make small groups so transformative (Accountability, Guidance, Encouragement, Vulnerability, and Application) can STILL HAPPEN. Think about how these things are happening in your group!