





# ALLERGY CHART

	Dairy	Eggs	Wheat	Cilantro	Onion	Garlic	Ginger	Nuts	Soy	Coconut	Shellfish	Jainism	Spicy (Heat)
Avocado													
<b>DRESSINGS + CHUTNEYS</b>													
Strawberry Rhubarb Chutney							x					x	
Tamarind Ginger Chutney							X					x	X
Coriander Chutney					x							x	X
Mint Cilantro Chutney	x			X			x					x	
Sweet Tamarind Chutney												x	
Toasted Cumin Yogurt	x											x	
Mango Coconut Yogurt	x					x	x			X		x	
House Vinaigrette						X						X	
Kokum Vinaigrette													
That Fire Hot Sauce						x						x	x
<b>CRUNCH</b>													
Roasted Lentils													
Roasted Sunflower Seeds													
Roasted Pumpkin Seeds													
Tamarind+Coconut Powder										X			
Dehydrated Green Chili	x											x	
<b>SIDES + SWEETS</b>													
Indian Yogurt	x							X				x	
Mini Samosas			x									x	
Cucumber Raita	x											x	
Lentil Chips													
Masala Chai Cookies	x	x	x									x	
Mango Lassi	x											x	
Naan	x	x	x									x	
Garlic Naan	x	x	x	X		X						x	
Soft Serve									X				