Online Wrap-Around Training Options for Home Visitors

Here is a selection of online training options that relate to home visitor competencies.

This is by no means a complete list of all the options available.

If you find other resources that might benefit your home visitor colleagues, please send that information to janetumble@pcadelphia.org for posting here.

Check back periodically for new additions to this list.

WHAT DO THESE ONLINE COURSES COST?

Most of the options listed here are free. You are responsible for payment if you choose an option that requires a fee.

NOTE:

The courses listed have not been approved for Delaware CNE’s.

DE THRIVES http://dethrives.com/

This website offers a 40 minute webinar on Birth Spacing and educational materials to download & share with families – along with lots more information on a wide range of topics like Safe Sleep, Oral Health, Family Shade (resources for children with special healthcare needs) and . . .
These free modules, developed by the Institute for the Advancement of Family Professionals, are based on the National Family Support Competency Framework for Family Support Professionals. Each module is linked to specific competencies from the framework; the description of each module lists the particular competencies it relates to. For example: the module titled “Abusive Head Trauma (Shaken Baby Syndrome): Prevention and Education Techniques for Home Visitors” lists the 3 competency areas it connects to: Child Health, Safety & Nutrition; Infant and Early Childhood Development; Child abuse, neglect, and maltreatment. This makes it easy to find topics that pertain to the competency you are working on. The description also tells you approximately how long it will take to complete the module.

Currently there are 60 modules available on this website, but more are being added on a regular basis. So if you don’t find exactly what you are looking for, check back periodically.

Note to supervisors: This website also offers training modules related to the supervision of home visitors.

You can find a complete description of the modules and can access the modules at this website:

https://institutefsp.org/modules

Here is a sample of the training modules based on the National Family Support Competency Framework for Family Support Professionals – there are many more options on the website. Check them out!

Breastfeeding 1: Helping Mothers Choose Breastfeeding
Breastfeeding 2: Helping Mothers Initiate Breastfeeding
Breastfeeding 3: Helping Mother Continue Breastfeeding
Child Development: Secrets of baby Behavior
Child Development: 3 to 5
Confidentiality for Family Support
Early Intervention: Impact of Perinatal Substance Abuse on Infants
Engaging Fathers in Children’s Lives

Home Visiting 102: Home Visitor Skills and Strategies
Nutrition Basics
Personal Safety for Home Visitors
Prenatal Basics for Home Visitors
Professional Conduct and Self Care
Staying Safe While Supporting Families
Supporting Dual Language Learning Families
Supporting Immigrant Families: A Culturally Humble Approach
The NO-COST resources on this website are designed primarily for home-based and/or center-based Head Start programs, but many of the topics can also be useful to home visitors employed in other programs.

Here’s a sampling of topics helpful to home visitors – there are many, many more . . .


Explore this excellent collection of early childhood development resources for teachers and administrators.

**Measuring What Children Can Do in All Languages: Developmental Assessment for Children Who Are Dual Language Learners**  
Ryan W. Pontier, Ph.D. and Christine R. Hughes, Ph.D., Florida International University

**The Role of Music in Children’s Development**  
Dr. Tal-Chen Rabinowitch, Institute for Learning and Brain Sciences at the University of Washington

**Preschool Expulsions and Suspensions, and Why We Should Care**  
Dr. Walter S. Gilliam, Yale University

**Why Young Children Need Structured Motor Play**  
Paddy Cronin Favazza, University of Massachusetts Boston

**Challenges and Opportunities in Engaging Fathers**  
Justin Dyer, Brigham Young University

**Tiered Supports for Individual Learners**  
Susan R. Sandall, University of Washington

**Improving Head Start Children's Understanding of Numbers**  
Dr. Robert S. Siegler

**Building Executive Function Skills in Children and Adults**  
Dr. Juliet Morrison

**A Framework for Understanding Early Writing Development**  
Dr. Sonia Cabell, University of Virginia

**The Importance of Peer Interaction and Social Pretend Play**  
Dr. Carollee Howes, University of California at Los Angeles

**The Characteristics of Intentional, Mature, Make-Believe Play: How Play Influences Development**  
Dr. Deborah J. Leong, Metropolitan State University of Denver
Science for Preschoolers? Yes and No
Professor Rochel Gelman, Rutgers-New Brunswick University

Caregiver Interventions to Enrich Early Language Environments for Children in Poverty
Dr. Dana Suskind, University of Chicago Comer Children's Hospital

Assessment and Progress Monitoring in Early Childhood
Dr. Scott McConnell, University of Minnesota

Teaching New Words: Embedding Vocabulary Instruction in Storybooks
Dr. Elizabeth Spencer and Dr. Howard Goldstein, Ohio State University

Poverty and the Development of Effortful Control
Dr. Liliana Lengua, University of Washington

The Power of Partnerships: How to Create Meaningful Connections with Parents
Dr. Susan Sheridan, University of Nebraska


These podcasts are designed to offer you important tidbits of information that focus on topics relevant to your work with infants, toddlers, and their families.

Podcast 1: Let’s Talk About You
Podcast 2: Let’s Talk About Nourishment
Podcast 3: Let's Talk About Routines
Podcast 4: Let's Talk About Environments
Podcast 5: Let's Talk About Following the Baby
Podcast 6: Let's Talk About Movement
Podcast 7: Let's Talk About Music
Podcast 8: Let's Talk About Empathy
Family Support & Well-being Modules – Scroll down to bottom of first page; use the button there to go to full list of resources. Click on “Learning Module” at top of list of resources.

https://eclkc.ohs.acf.hhs.gov/browse/topic/family-support-well-being?type=All&audience=All&options=All&res-type=744

Module 1: Overview of Family Homelessness - In this overview, learn more about family homelessness.

Module 2: Understanding Family Homelessness - In this overview, understand more about family homelessness.

Module 3: Understanding the McKinney-Vento Homeless Assistance Act's Definition of "Homeless" - Learn why it is important for professionals to understand the definition of "homeless children and youth," in their work with families. The definition is included in Section 725(2) of the McKinney-Vento Homeless Assistance Act [42 U.S.C. § 11435a(2)].

Module 4: Determining a Family's Homeless Situation - Find out how to determine if a family's situation meets the federal definition of "homeless" for children and youth. Learn to use respectful, strengths-based strategies to learn more about a family's living situation.

Module 5: Identifying and Reaching Out to Families Experiencing Homelessness - Identifying and reaching families experiencing homelessness require planned and active efforts. They are also essential for children and families' access to early childhood and school-age child care programs. Learn how to identify and reach out to families experiencing homelessness. Discover local- and state-level partners you can connect with to enhance efforts in these areas.

Module 6: Enhancing Program Access and Participation for Children Experiencing Homelessness - Learn the seven strategies to expedite enrollment into early childhood and school-age care services. Also, explore how to enhance participation and continuity of care for children experiencing homelessness.

Module 7: Building Relationships with Families - Explore the concepts of family engagement and how to engage families experiencing homelessness. Learn to apply these strategies using real-life scenarios.

Module 8: Connecting with Community Partners - Discover the importance of connecting with community partners to provide supports and services for children and families experiencing homelessness. Explore strategies to build and broaden these connections.

Culture and Language https://eclkc.ohs.acf.hhs.gov/culture-language. Scroll down to bottom of first page; use the button there to go to full list of resources. Click on “Learning Module” at top of list of resources.
Home Language for Success in School and Life - It is important that all staff understand children’s home language is fundamental to their learning. This video explains why it is critical that dual language learners continue to learn their home language as they learn English for success in school and life.

Specific Strategies to Support Dual Language Learners (DLLs) When Adults Do Not Speak Their Language - Find tips classroom staff and home visitors can use when they do not speak the languages of the children in their care.

Code Switching: Why It Matters and How to Respond - Virtually all children who are learning English while also learning their home language will code switch. In other words, they mix two or more languages in the same sentence while speaking. It is important that teachers, home visitors, and other staff understand what code switching is, the role it plays in language development, and how to respond to it.

Families Support Their Children Who Are Dual Language Learners - Parents and families are key to holding high expectations and supporting home language development for their dual language learners (DLLs). Families can promote positive experiences for these young children by emphasizing their strengths, including cultural and linguistic strengths. They also provide learning supports necessary to succeed in school. These DLL Toolkit resources can assist families in supporting the learning and development of their young children.

Brilliantly Bilingual: Growing up with Two Languages - In this talk, learn about young children's amazing capacity to learn multiple languages. The presenter shares the basics of how children learn language, how learning multiple languages influences that process, and the cognitive benefits of bilingualism.

Dual Language Learners with Challenging Behaviors - Children communicate so much through their behavior. Teachers and caregivers will find this article useful in identifying strategies for working with dual language learners exhibiting challenging behaviors.

Nutrition https://eclkc.ohs.acf.hhs.gov/browse/topic/nutrition Scroll down to bottom of first page; use the button there to go to full list of resources. Click on “Learning Module” at top of list of resources.

Responsive Feeding: Developing Healthy Eating Habits from Birth Learn how to encourage and incorporate responsive feeding into families’ mealtime routines. Explore this suite of materials for home visitors and other program staff.

Healthy Home Visiting: Responsive Feeding Podcast Staff that work with families and young children are encouraged to explore this resource to learn how to make responsive feeding a part of families' mealtime routine.

Responsive Feeding Webinars Three short webinars on responsive feeding and how home visitors can help families make the most of mealtimes.

Parent Provides. Child Decides. Feeding your baby is an opportunity to bond and get to know each other. This short video explains two approaches that support healthy feeding with your baby.
Family Mealtime  Find out how family mealtime can be an important opportunity to support child development.

Building Healthy Mealtime Habits  Mealtime isn’t all about eating—it’s also a time for families to build healthy habits. Together.

Supporting Healthy Eating at Home  Find out how family mealtime can be an important opportunity to support child development.

Oral Health  [https://eclkc.ohs.acf.hhs.gov/oral-health](https://eclkc.ohs.acf.hhs.gov/oral-health)  Scroll down to bottom of first page; use the button there to go to full list of resources. Click on “Learning Module” at top of list of resources.

Applying Consultation Skills to Oral Health Promotion

School Readiness and Related Topics  Scroll down to bottom of first page; use the button there to go to full list of resources. Click on “Learning Module” at top of list of resources.

[https://eclkc.ohs.acf.hhs.gov/browse/topic/teaching-practices](https://eclkc.ohs.acf.hhs.gov/browse/topic/teaching-practices)


Supporting Children's Early Brain Development  - In this webinar, explore how children’s back-and-forth interactions during everyday experiences and routines build the brain. Also, find out how these interactions can set the stage for a lifetime of learning.

Let’s Talk About Following the Baby – A podcast that highlights the importance of communicating with infants and toddlers, and following their lead as they explore their environment.

More than Fun and Games: Digital Technologies and Children’s Learning

Early Essentials Webisode 8: Responsive Interactions – Listen as Janet Gonzalez Mena and other experts discuss using back-and-forth exchanges to meet children’s individual needs.

Let’s Talk about Routines – This podcast looks at the value of predictable routines to help young children build a sense of trust and security. Home visitors and child care providers will hear tips for creating meaningful routines.

Engaging Interactions: Scaffolding Children’s Learning  - Scaffolding is providing children with just the right level of support to help them successfully complete a task. This webinar shares three main scaffolding strategies. Learn to provide hints, offer a range of answers, and encourage children to use additional resources.

Help Me Calm Down! Teaching Children How to Deal with Their Big Emotions
Help Me Make a Strong Start! Strategies for Successful Kindergarten Transitions

**Language Modeling & Conversation: Novel Words** - Research tells us that children’s early oral language skills are critically important. They can predict later reading success. Rich, back-and-forth conversations help children develop more complex language, thinking skills, and social skills. Discover ideas and activities for introducing new or novel words into everyday conversations with children. Learn how to engage them in rich conversations.

**Expansions Birth to Five** - Expansions are ways to expand on what a child says or does during a conversation. This in-service suite describes how to use expansions to extend conversations with infants, toddlers, and preschoolers to promote their language development.

**Asking Questions, Birth to Five** - Learn strategies for using questions to extend conversations with infants, toddlers, and preschoolers.

**Redirecting Behavior** - Learn ways to redirect a child’s challenging behavior before it escalates.

**Strategies for Understanding and Managing Challenging Behavior in Young Children: What Is Developmentally Appropriate - and What Is a Concern?** - Explore this Technical Assistance Paper that assists in understanding how social and emotional development of infants and toddlers helps parents and staff to develop proactive strategies for supporting them.

**Early Essentials Webisode 2: Building Relationships** - Tammy Mann, president and CEO of the Campagna Center in Alexandria, VA, discusses ways to build relationships with expectant parents and the families of infants and toddlers.

**My Parents, My Teachers** is a video that highlights the importance of enriching the everyday experiences of children through reading, communication, and play music from birth. Appropriate to share with parents.

**Preschool Math Ideas: Hiding in Plain Sight** - Explore the many ways that math can be taught through children's daily learning activities and environments.

**It’s a Big Problem! Teaching Children Problem Solving Skills** - Find out how to teach problem-solving skills to children in the moment.
**ACHIEVE ON DEMAND:** Self-paced courses for home visitors & supervisors and webinars on a variety of topics important to home visitors.

**NOTE:** THERE IS A FEE FOR THESE RESOURCES.

[https://www.theounce.org/achieveondemand/the-offerings/](https://www.theounce.org/achieveondemand/the-offerings/)

**SELF-PACED COURSES FOR HOME VISITORS:** Self-paced trainings can be completed within 2-3 hours at your own convenience. Start and stop as you wish. You will have perpetual access so you can always refer back to the content at a later date.

- Home Visiting with Families during Pregnancy
- Building Engaging and Collaborative Relationships with Families
- Challenges in Home Visiting: Substance Abuse
- Basics of Home Visiting
- The Impact of Trauma in Home Visiting
- Foundations of Infant Mental Health in Home Visiting
- Domestic Violence in Home Visiting
- Ages and Stages Questionnaire-3 (ASQ-3™) Overview & Best Practices

**SELF-PACED COURSES FOR SUPERVISORS**

- Supervising Home Visitors
- The Impact of Trauma in Supervising Home Visiting

**WEBINARS**

Live, one-hour Achieve OnDemand webinars designed to complement the above self-paced courses. These webinars dive deeper into the specific, real-life issues home visitors and supervisors face in the field. Webinars are priced at $25 per session. Webinars include a presentation, case studies and a Q&A session. Enjoy an opportunity for reflection and discussion. All participants will have access to the recorded sessions following the live sessions.

- Being Present with Families - October 23, 2018
- Domestic Violence: Safety Planning - July 26, 2018
- Exploring Values and Beliefs around Parenting - August 28, 2018
- Home Visiting Boundaries – February 20, 2019
- Home Visiting Safety - January 9, 2019
- The Impact of Domestic Violence on Children - November 7, 2018
- Implementing Tools to Enhance Home Visiting - August 6, 2018
- Maintaining Boundaries in Home Visiting for Supervisors – August 16, 2018
- Matching Family Needs to Resources - February 13, 2019
- Partnering for Change: Having the Conversation - August 9, 2018
- Promoting Effective Parenting with Motivational Interviewing - October 10, 2018
- Reflective Supervision - August 21, 2018
- Trauma for Supervisors: Putting the Pieces Together - July 31, 2018
- Trauma in Families and Communities - October 16, 2018
- Understanding Substance Abuse Through the Family's Lens - October 4, 2018
DE INSTITUTE OF EXCELLENCE IN EARLY CHILDHOOD (DIEEC)

Check out these **FREE** stand-alone online courses at

https://dieecpd.org/online-opportunities

These courses are quality-assured by DIEEC which is housed at University of Delaware.

You need to register as a New User at https://dieecpd.org/ take a course.

- Active Bodies Build Active Minds – 2 hours
- Secrets of Infant Behavior: What are Your Babies Telling You? - 4 hours
- Inclusion: Best Practices – 5 hours
- Child Development – 6 hours
- Positive Behavior Management – 3 hours
- Prevent & Control of Infectious Diseases, Asthma, & Allergies – 2 hours
- Child Abuse & Neglect – 3 hours
- Connecting Children with Nature – 2 hours
- Supporting Children When They Are Homeless – 3 hours
- Sprouting Healthy Habits – 2 hours
- Observation and Assessment – 3 hours

**ZERO TO THREE WEBINARS**

**NOTE: YOU MUST PURCHASE A ZERO TO THREE MEMBERSHIP TO ACCESS THESE ITEMS.**

https://www.zerotothree.org/membership   Individual membership fees are currently listed at $120 per year [$100 for digital access only]

https://www.zerotothree.org/resources/services/webinar-professional-development-opportunities

- Brain Development
- Infants and Young Children with Special Needs
- Building Collaborative Relationships with Families
- Understanding Temperament
- Supporting Dual-Language Learners
• Foundations of Infant & Early Childhood Mental Health
• Trauma and toxic Stress
• Coming Together Around Military Families - Duty to Care: Supporting Young Children through Challenging Times
• Cultural Context for Parenting and Early Childhood
• Enrolling Families and Maintaining Parent Engagement in Home-Visiting Programs
• Factors that Affect Attachment
• Importance of Play
• Social and Emotional Development
• Understanding Temperament
• Early Language and Literacy Development
• Coaching and Engaging Families in Early Intervention Services