



Ladymount PE Kit



To ensure the Health and Safety of all taking part in PE we ask that you provide your child with the correct PE kit, without it they may be unable to take part in certain aspects of the curriculum.

PE kit should include:

- White Polo shirt or t-shirt
- Navy blue shorts
- Black pumps for indoor use
- Navy blue sweat shirt
- Navy blue jogging bottoms
- Trainers
- Socks



Children will be required to take part in PE lessons outside, therefore please ensure that your child is equipped with an outdoor PE kit throughout the year. Girls will be asked to remove tights from underneath shorts or pants as they can cause shoes to slip off easily, it would be beneficial for children to keep a spare pair of ordinary socks in their kit.

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- Long hair should be tied back and may be beneficial to keep a couple of spare bobbles in PE kits.
- Jewellery and watches should not be worn and children will be asked to remove it. In the case of newly pierced ears please provide your child with tape to prevent them getting caught on equipment.
- An official Ladymount PE kit with the school logo can be ordered from Forrester Sports (see link below) or you can place an order through the school office. However local highstreet stores or supermarkets usually have cost friendly alternatives.

<http://www.forrestersports.co.uk/acatalog/Ladymount-Catholic-Primary-School.html>

