Tanzanian family after receiving medical care through FAME Mobile Medical Service.
From Co-Founders Frank Artress & Susan Gustafson

Like anywhere else in the world, it is easy to slip into a frenzied state of being, consumed by all the work yet to be done and all the resources still needed to bring about lasting change in our corner of rural East Africa. Fortunately, when we find ourselves in this place, Tanzania manages to gently nudge us back to the present moment -- to remind us of those things that matter most in work and life. When we feel worried about the future or overwhelmed by the present, all we have to do is look around. And when we do, there is physical evidence everywhere of FAME’s vision unfolding. We feel the heart of FAME’s mission beating away as the sick and neglected are being compassionately cared for by our medical team. We feel the powerful presence of supporters and friends who have unfailingly met us in our exact time of need.

2010 has been an amazingly fulfilling year for FAME. Our small rural clinic in Karatu, Tanzania, has grown exponentially this year, with patients traveling great distances to receive the medical care they have heard is now possible and accessible in the District. Mothers and children, living in some of the most remote locations in Northern Tanzania are now receiving Mother Child Health Services, including vaccinations, through our partnership with the District Health Office, and their commitment to sending government nurses with us on our Mobile Medical Service. Tremendous progress has been made this year on our expansion project as well. We finished construction on the FAME Medical laboratory as well as two staff houses for FAME doctors. We also made huge strides on construction of the hospital. This progress is the direct result of our friends and supporters, our local staff, our volunteers, our community and local government bringing our resources and expertise together in a little place called Karatu, Tanzania, and making big things happen. Please enjoy the journey represented on these pages and thank you again for helping to make 2010 a truly remarkable year for FAME.
The Foundation for African Medicine & Education, working in partnership with FAME Limited, a registered non-profit organization in Tanzania, is in its third year of operating an Outpatient Clinic in the District of Karatu. In 2010 we treated nearly 8000 patients at FAME Medical. This represents a 38% increase in one year’s time. The number of Maasai being served increased tenfold over the last two years. Also in 2010, patient contributions (fee for service) financed 43% of Clinic operating expenses, with donor support subsidizing 57% of operating costs. FAME Medical now serves over 100 tribes in Tanzania. We are experiencing strong community support, with the local population increasingly vocal about their desire to see FAME Medical expand into a hospital.

2010 Highlights
fame medical outpatient clinic

Pictured (from top down): young patient from Rift Valley Children’s Village; Nurse Siana Nkya comforting a patient; patients from the Maasai community waiting to be attended at FAME Medical
FAME has been blessed with an amazing medical team. Adding one Clinical Officer this year, Dr. Boniface Ringo, we now have three Tanzanian clinicians, two nurses, two nurse assistants, and two lab techs. We also hired Jacob Duwe this year to help us with our outreach to underserved communities. Jacob is from the Karatu community and speaks KiIraaqw in addition to Kiswahili and English. This is an enormous help given the dominant tribe in the District is the Iraqw. Our senior team has also been working very closely this year, preparing for our transition to a 24 hour facility. Planning sessions have consisted of assessing staffing needs, providing continuing education in relevant areas like emergency response, and getting protocols and systems in place for a very busy labor and delivery department. Our medical team currently consists of the following individuals:

- Dr. Fredrick Mshana - Head Doctor
- Dr. Ivan Mwaluko - Clinical Officer
- Dr. Boniface Ringo - Clinical Officer
- Siana Nkya - Head Nurse
- Digna Kiwia - Nurse Midwife
- Halima Mwanga - Nurse Assistant
- Patricia Ancelimi - Nurse Assistant
- Julius Ombeni - Lab Staff
- Josephat Msoffe - Lab Staff
- Mary Msuya - Outreach Counselor/Translator
- Jacob Duwe - Outreach Counselor/Translator

2010 Highlights
the fame medical team

Pictured clockwise: FAME Medical Clinicians; Dr. Mshana giving infant check-up; FAME Medical Nursing Team; patient from Rift Valley Children's Village
It’s so strange to sit here writing to you - everything in Karatu still seems so close as though I’m going to wake up there tomorrow and walk to clinic. It’s hard to explain, but I’m sure you’ve had others describe some difficulty making the transition home, even after such a short visit. I think it’s obvious that my time at FAME Medical and in Karatu was an experience unlike any before it and it’s been difficult to put it into perspective with the world here - they are so different. Everyone here asks me how my trip went and I don’t really know what to say to the - I tell them “fantastic,” “wonderful,” or maybe “amazing,” but none of those can really capture or even come close to the true magnitude of the experience. I haven’t been able to really get my arms around it yet.

So I’ve found myself telling everyone now that it’s really impossible to describe because it’s so different, so foreign, so unlike our lives here. Perhaps because every moment is so meaningful there, I really can’t explain it. I’ll tell someone what it was like walking up to the clinic in the morning for a new day, but it doesn’t capture the real emotion of that moment on the other side of the world in such a different land.

To tell you that I’ve thought about the clinic, Karatu, red clay and dust, the smell, the sun, every single person there, those whose names I knew and those who I never really did, every day, if not every hour, since my return would be the truth, but it would still not express the full extent of the impact my visit had.
2010 Highlights
fame mobile medical service & community outreach

Through grant funding from Malaria No More Netherlands and Rift Valley Children’s Village, as well as strong partnerships with Mwangaza and local government, 2010 was an exciting year for the FAME Mobile Medical Service. Roughly 10 days per month our team took medical care to communities with little or no access to services. Our team consisting of clinicians, nurses, lab techs, translators, logistics and support personnel traveled to the villages of Laghangarer, Gidamilanda and Endesh, as well as Rift Valley Children’s Village and the surrounding Oldeani area. 4,800 patients were treated during the course of the year. Of these, 1,000 were treated for malaria, 571 were treated for respiratory infections, 204 were treated for diarrheal disease, and 500 were treated for intestinal worms. Additionally, 700 children under the age of five were given a monthly supply of multivitamins. Collaborating with the government Maternal Child Health Team, vaccinations were brought to children who had traditionally gone without due to almost impassable road conditions, poor infrastructure and an acute shortage of healthcare workers. FAME’s efforts did not stop with diagnosis and treatment, health education was provided through a local drama troupe, educational DVD’s and group dialogues. While our Mobile Medical Service was based out of four villages, people came from 18 village communities in the District.

Pictured top to bottom:
Children getting vaccinated by MCH nurses; arriving for mobile clinic in Laghangarer; Volunteer PA, Darlene Nastansky attending to child.
2010 Highlights
fame medical expansion project

We have made tremendous progress this year towards our goal of expanding FAME Medical into an inpatient facility and expanded diagnostic service. Construction on the main structure of the hospital is now complete. As we enter a new year, we look forward to finishing ceilings, plaster work and installing windows and doors. Likewise, the main structure of the new laboratory is finished, and we are in the process of installing cabinetry, work stations and lab equipment. These two major projects are coming to fruition thanks to incredibly generous grant funding from the McCormick Family Foundation and the Izumi Foundation. We were also able to complete construction of two staff doctor houses this year and have supporters Bob and Sarah Gould to thank for this. In a country with only 1 doctor for every 25,000 people, FAME’s doctors come from all over the country. Housing within the medical compound is an enormous help to our clinicians, as their home villages are located far away and housing options are very limited in rural locations like ours.
FAME endeavors to create an environment in which Tanzanian doctors and nurses can learn from, and exchange knowledge and expertise with medical professionals from overseas communities. In 2010 we hosted 32 volunteers, and it was incredibly gratifying to experience medical professionals from two distinct cultures and backgrounds learning and working together on behalf of patients. A heartfelt thanks to our wonderful Volunteer Coordinator, Caroline Epe, and all our volunteers this year:

PA, Darlene Nastansky; Family Practitioner & General Surgeon, Dr. Duane Koenig; ER Doctor & Skin Specialist, Jeannie Tsai; Pediatricians Sunena Chhabra & Cecilia Mendiondo; OB-GYN Dr. Katherine Reese; Psychiatrist, Dr. Justin Schechter; Internists, Dr. Wolfgang Schmidt & Dr. Dagmar Tilhmann-Schmidt; Neurologist, Dr. Michael Rubenstein; Family Practitioners, Dr. Marcia Szeawczyk & Dr. Kent Petrie; Professor of Microbiology, Dr. Joyce Cuff; Radiologist, Dr. Bill Stephenson; Board Members, Graham Pierce & Jeanne Artress; Nurses, Nicole Blanchet, Janice Pierce, Diane Schinella, Carolyn Wallin, Roshan Kaderali, Farrah Kashipour, Patricia Reason; pre-med students Elle Schultz, Katie Stephenson & Maddie Burkart; Health Educators and Logistics Support People, Genevieve Pierce, Jesse McKenna, Margret van Gaalen, Tim McKenna, and Jacki Marrinam; and, Photographer and IT support person, Jay Wright.
This was an exciting year for our students training to be medical professionals. **Safi Mwambo** is in her second year of Nursing School at Nkinga School of Nursing, where she placed number 4 in a class of 31 students. This is no surprise to us. Safi worked at FAME Medical as a Nurse Assistant for one year and it was obvious to our team that she had great potential and would make an exceptional Nursing Officer. She will complete her program in 2012 and return to FAME Medical as a staff nurse. **Catherine Duwe**, previously a Housekeeper at FAME Medical is also in her second year of Nursing School at Dareda School of Nursing. During her school break this year, she joined the FAME team, ready and willing to step in wherever she was needed. During her time with us, she repeatedly demonstrated not only her new nursing skills but her compassion and wonderful bedside manner with our patients. **Zachariah Maggas**, is in his third year of medical school at Kilimanjaro Christian Medical College. Previously a Clinical Officer, Zachariah, joins the FAME team on Mobile Clinics during his school breaks. He’s keen to keep his skills sharp and apply his knowledge, and Mobile Clinic (where we see 100 patients per day) is an ideal setting for this. He has a long road ahead of him but is very committed to becoming a physician and helping his home community of Karatu.

**2010 Highlights**

**fame scholarship program**

Pictured clockwise: Nursing Student, Safi Mwambo (front); Medical Student, Zachariah Maggas; Nursing Student, Catherine Duwe
2010 Highlights
fame fundraising

Despite the ongoing, world-wide economic crisis, FAME’s supporters rallied yet again, hosting fundraising events during our Spring trip to the U.S., introducing us to like-minded organizations eager to support projects like ours, setting up interviews on local radio and t.v. stations, telling their colleagues and clients about our work, writing stories about FAME Medical, and inviting us into their churches and faith communities to talk about our mission and the challenges that lie ahead. We would like to acknowledge and thank the following people for opening their homes and hosting fundraising events in 2010: Jim & Cindy Griggs, Jeanne Artress, Chris and Christina Madrigal, Peter & Katie Mondavi, Rudi & Rita Von Strasser, Michael Trujillo, Bruce & Erin Regalia, and Ray & Kelly Holmes, Bill & Polly Stephenson, Roshan & Shiraz Kaderali, Jill Storey and Richard Fisher, Dr. Jim Morse & Dr. Sue Meisfeldt.

We would also like to thank Cris Blyth and Tilo Ponder of Goodmakers Films [www.goodmakers.org] for shooting a short documentary about our work. The film they so graciously made for FAME beautifully captures the spirit of our work and helped us enormously in our fundraising efforts this year. Thanks to the generosity of our many supporters, we raised roughly $584,000 in donations and grants this year. Our sister organization and primary partner in Tanzania (also called FAME) was successful in raising $99,000 in donations and grants. This does not include all the wonderful “gift-in-kind” contributions that came our way as well -- much-needed medical equipment and supplies, hand carried all the way to Tanzania by volunteers and visitors. We deeply appreciate each and every one of you, who have allowed your hearts to be touched by the work we do in rural Tanzania and then used your talents and resources to help forward our mission in Tanzania. We could not do this work without you.
With 2011 just around the corner, we cannot acknowledge our friends and supporters enough for what FAME has been able to accomplish this year. Through our Outpatient Clinic and Mobile Medical Service combined, our team was able to care for 12,800 patients -- many for whom medical care would have previously been inaccessible. At our Outpatient Clinic alone, 100 ethnic groups/tribes have now been served, with our Maasai patient population increasing ten-fold over a two year period. Our patient demographics illustrate FAME’s success in reaching out to underserved populations in rural Tanzania. Through our Mobile Medical Service, our team treated over 1,000 cases of malaria this year, with 22% of these being children under the age of five. Through this same service, another 571 patients were treated for respiratory infections, 204 for diarrheal disease and 500 for intestinal worms. These are the women and children who are the farthest removed from medical care -- many who have gone entire life times without knowing what it feels like to be healthy. A strong partnership with the District Medical Officer and his Team has resulted in these same women and children receiving vaccinations and critical Mother Child Health Services on mobile clinics.

Our Volunteer Program continues to evolve into the “bridge” FAME has endeavored to build -- a bridge that ultimately brings Tanzanian Healthcare workers into professional relationships with doctors and nurses from overseas medical communities, resulting in a rich learning experience for all and ultimately benefiting patients. Our medical student will soon begin his third year of training and our two Nursing Students will begin Year 2 of their programs. Our medical and community outreach team has grown from 9 to 11, helping us keep pace with the needs our rapidly growing patient population. Construction on our much-needed laboratory was completed this year, which will take our diagnostic service to a whole new level. Two staff houses are now located on the FAME Medical campus, greatly reducing travel and logistical challenges for our Tanzanian doctors. Finally, construction of the hospital is moving into its final stages.

It’s truly been a full and exciting year for FAME. When we find ourselves becoming impatient with our progress, our Tanzanian friends, colleagues and patients gently remind us that rural communities have waited generations for the quality of medical care and breadth of services now available in the District of Karatu because of FAME’s hard work, amazing team, and incredibly generous and forward thinking supporters.
Going Forward
goals for 2011

2011 is shaping up to be another exciting year for FAME. With our new laboratory complete, we will now be offering diagnostic care unparalleled in rural Tanzania. Construction of the new hospital will continue into 2011, moving us that much closer to being able to offer 24 hour inpatient care and emergency surgery in crisis situations. Of course, with success comes challenges, and we do have our work cut out for us in the months ahead. As our patient population grows, so do our staffing needs. As our breadth of services increase, so do demands on infrastructure. In 2011, we will be recruiting and hiring additional nurses and clinicians. We will be creating the systems necessary for efficiently and cost effectively operating a hospital. We will be reaching out to medical volunteers keen to share their expertise with us in Tanzania. We will be exploring ways to increase our solar and rainwater harvesting capabilities. We will continue to use our Mobile Medical Service to bring medical care and health education to underserved communities in our District. 2011 will be a very full year indeed. We look forward to keeping our supporters well informed and providing concrete examples of how the generosity of FAME’s donors, the commitment of our long-term supporters, and the spirit of volunteerism is quite literally changing the face of medical care in a place called Karatu, Tanzania.
Financial Report & Summary
Statement of Operations

Support and Revenues

Revenues for the year ending December 31, 2010, totaled approximately $584,000. Of this, contributions of approximately $459,000 were received from 453 donors. Grant income totaled $125,000 and consisted of the 3rd installment of the hospital construction grant from the McCormick Foundation. Interest income for the year was $1,894.

Total expenditures for FAME USA for the year amounted to $728,000 of which $700,000 or 96.1% was applied to our primary partner in Tanzania, FAME Ltd. **FAME Ltd. in Tanzania** was also successful in fundraising, receiving roughly $44,000 in grant funding. This includes funds from Malaria No More Netherlands for the Mobile Medical Service. In addition, individual contributions in the amount of $55,000 were received. Patient fee income from the Outpatient Clinic increased from $45,000 in the prior year to $71,000 in 2010, an increase of 57%. The total amount that FAME Ltd. raised was $170,000.

The chart below shows the total support and revenues for the combined entities (Fame USA and Fame Tanzania) and reflects funds designated for the various areas.
Similar to the previous year, sixty one percent of the total expenditures during the year went towards capital expenditures, including continuing construction of the hospital, volunteer and staff housing, infrastructure development and investment in diagnostic equipment.

Operating expenditures during the year were approximately $304,000. Fundraising expenses were 2% of total expenditures, while staff costs, medications and supplies, vehicle operating costs and the mobile medical service accounted for 76% of expenses.

**2010 Operating Expenditures**
Financial Summary 2010

Statement of Activities for FAME USA

Support and Revenues | Expenditures
--- | ---
**Operations** | **Operations**
General Operations | Staff Costs | 104,623
Mobile Clinic | Medications | 26,801
Program Support | Volunteer Program | 9,664
Volunteer Program | Vehicle Operating | 21,956
**Total Operations Support** | **Scholarships** | 8,801
 | Support Services | 21,551
 | Other Operations | 33,152
**Capital Program** | **Mobile Medical Service** | 77,639
Infrastructure Development | 20,000
Hospital Construction | 125,000
Volunteer Housing Construction | 17,000
Dispensary Equipment | 12,125
**Total Capital Program** | 174,125
**Interest Income** | Laboratory Construction | 23,000
 | Hospital Construction | 335,000
**Total Income** | Volunteer Housing Construction | 30,000
 | Staff Housing Construction | 30,000
 | Equipment Purchases | 33,616
 | Furniture & Fixtures | 5,048
**Total Change in Net Assets** | Infrastructure Development | 19,470
 | 194,625 | 476,134
**Statement of Financial Position**

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<td><strong>Total Liabilities &amp; Net Assets</strong></td>
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2010 Board of Directors

Frank Artress, President
Karatu, Tanzania

Graham Pierce, Director
Hughson, California

Susan Gustafson, Vice President
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Credit card donations can also be made thru the Network for Good. For more information, go to our website at www.fameafrica.org

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