

# Patient Kit Guidelines and Ideas

Patient kits are little bundles of comfort filled with simple, creative items that any kid or teen can use to have fun. Here are a few ideas and important things to remember to ensure our patients can enjoy your gifts. For more information or to start planning, visit us at [SupportLPCH.org/Champions](https://SupportLPCH.org/Champions) or contact Caitlin Burns at 650-498-7633 or [Caitlin.Burns@lpfch.org](mailto:Caitlin.Burns@lpfch.org).



## Care Kits

Travel-sized toiletries (shampoo, conditioner, soap, toothpaste, deodorant), toothbrush, small washcloth, notepad and pen



## Baby Bags

Socks, booties, teething toys, rattles, light-up/musical toys, and teethingers



## Art Kits

Adult coloring books, activity books, velvet art crafts, scratch-art projects, or paint-by-number sheets with all supplies



## Kid Crafts

Stained glass ornaments, door hangers, jewelry making supplies, wooden treasure boxes, or picture frames with glue and embellishments



## Memory Making

Scrapbook paper, glue stick, stickers, embellishments, glue dots, stamps, markers



## Teen Kits

Gift card (iTunes, Target, etc.), DVDs, headphones, nail polish, playing cards, journals, Rubik's Cubes

## Tips to remember:

- All items must be new.
- No items of a violent nature (including Nerf guns).
- No religious messages.
- No food or candy.
- No glitter.
- No notes or cards. You may include a "generously donated by..." sticker or label.
- Please include all items necessary to complete a craft or activity. Don't forget scissors and glue!
- Kits are inspected prior to distribution. Please package in clear bags that can be opened and closed, such as Ziploc bags.
- We do not have opportunities for donors to present kits directly to patients.
- There is no minimum or maximum number of kits.



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