



August 2018 MAGELLAN

Monday July 30th	Tuesday July 31st	Wednesday August 1 st	Thursday August 2 nd	Friday August 3 rd
August 6 th	August 7 th	August 8 th	August 9 th	August 10 th
August 13 th	August 14 th	August 15 th	August 16 th	August 17 th
August 20 th	August 21 st	August 22 nd	August 23 rd	August 24 th
		Natural Sliced Ham Cheesy Rice Honey Glazed Carrots Fresh Fruit MAGELLAN STARTS	Sloppy Joe on Whole Wheat Bun Oven-Fried Potatoes Seasonal Green Beans Fruit of the Day	Bean Burrito Spanish Rice Roasted Vegetable Medley Daily Fruit
August 27 th	August 28 th	August 29 th	August 30 th	August 31 st
Hamburger on Whole Wheat Bun Home Fries Optional: American Cheese Veggie Sticks	(A)Ham or Turkey Sub Sandwich on a Whole Wheat Bolio Bun Tortilla Chips Black Bean & Corn salad (CD & CC) Pork & Rice w/veggies Fresh Fruit <i>CD=Child's Day, CC=Chimney Corners, A=Anderson</i>	Natural Baked Chicken on Flour Tortilla w/ Pinto Beans Honey Glazed Carrots Daily Fruit	Pasta Bolognese with Roasted Vegetable Marinara Fresh Seasoned Green Beans Fruit of the Day	Pulled Pork Sliders w/ Cauliflower Mac N' Cheese Veggie Medley Fresh Fruit
Fruit selection for the day includes one of the following based on availability: <i>Organic: Grapes Apples Strawberries Pears Other: Banana Pineapple Mandarin Oranges</i> <i>Local: Honeydew Oranges Watermelon Cantaloupe Peaches</i>				